



HMBR Winter Gym and Dome

NEW AND IMPROVED FOR 2012!!!!!!!

Sign up and get great instruction from HMBR and Pine Tar Academy, including 2 sessions at the 10 Dome!!!!

Winter Gym Information:

- Open to all 13, 14, and 15 year olds (2012 league age, which is age as of 5/1/12).
- Sessions 1 & 2 will be led by HMBR Travel and Tournament Coaches. Sessions 3 & 4 will be led by Pine Tar Academy and Sessions 5 & 6 will be led by Pine Tar Academy @ the 10 Dome
- Cost: \$80 (a GREAT value!!!!)
- Registration due by January 22, 2012 or until the session is full – **First come, first served!!!** (Registrations limited to 55 participants)
- Questions? Call Tim: 612-965-0294 or email him at timhair@hotmail.com
- The Winter Gym time is a great way to work on baseball skills, keep in baseball shape, have fun, and **prepare for Babe Ruth tryouts in mid March**
- Registrations are online at www.hopkinsbaseball.com. Click on “Camps/Clinics”
- Clinic dates to calendar:
 - Sunday, January 29, 2012, 1:00 PM – 3:00 PM, WJH Activity Structure
 - Sunday, February 5, 2012, 1:00 PM – 3:00 PM, WJH Activity Structure
 - Sunday, February 12, 2012, 1:00 PM – 3:00 PM, WJH Activity Structure
 - Sunday, February 26, 2012, 1:00 PM – 3:00 PM, Lindbergh Center
 - Sunday, March 4, 2012, 3:00 PM – 5:00 PM, 10 Dome in Long Lake
 - Sunday, March 11, 2012, 3:00 PM – 5:00 PM, 10 Dome in Long Lake
- Wear baseball/practice apparel and gym floor friendly tennis, track or basketball shoes. Athletic support and cup should also be worn.
- Glove required. Water bottle, bat and helmet recommended.

REGISTRATION

***All Winter Gym Sessions require advance on-line registration and paid clinic fees of \$80.00.
www.hopkinsbaseball.com*