



Minnesota USA Wrestling

(March 3, 2012)



ATTENTION COACHES

To coach mat-side at any Minnesota USA Wrestling Kids/Cadet State tournament you will need to do the following:

READ ALL SIX ITEMS

#1) Have a current USA Coaches Membership (Exception: Any high school or college wrestler that has a Current USA Athlete Membership does not need to also obtain a Coaches Membership). If you did not purchase your coaches membership prior to this event, you can purchase one onsite, HOWEVER, the membership does not get activated unless you have an active background check. If you do not log in after the tournament to complete your background check or it does not come back cleared, you will NOT be refunded the fee for the membership card.

#2) If you are not BRONZE certified, you need to attend one of the Coaches Meetings in its entirety. You cannot show up at the end of the meeting or leave during the meeting. The meeting is not anticipated to be more than 20 minutes. See the schedule for times. If you are BRONZE certified, you do not need to stay for the coaches meeting, but Floor Passes will be given out only during those meeting times.

#3) To be in compliance with MN State Law, **ALL MNUSAW** coaches are required to show proof of online concussion training **by printing out the certification document at the end of the training. No handwritten certificates or certificates with handwritten names will be accepted. Coaches should keep the concussion certification with their coaching papers and cards.** **ANY ONE OF THE FOLLOWING PRINTED DOCUMENTS** satisfy this requirement:

- A. Printed [Heads Up! Concussion in Youth Sports Training](#) completion certificate via the Centers for Disease Control and Prevention website:
 - <http://www.cdc.gov/concussion/HeadsUp/Training/HeadsUpConcussion.html>
- B. Print out of the database showing your name from the MSHSL online training for lower level officials available on the General Information page under Judges/Officials of MSHSL website:
 - Training web site <http://www.mshsl.org/mshsl/showConcussion.asp>
 - Database list <http://www.mshsl.org/mshsl/lowerlevelreport.asp>
- C. Print out of your MSHSL Continuing Education Requirement Certificate showing completion of NFSH Concussion Management (available from your MSHSL Coach's Clipboard home page). [Click here](#), login, and print the checklist showing your information indicating completion of the concussion training:
 - <http://www.mshsl.org/mshsl/sofficials/login.asp?pg=/mshsl/sofficials/officialscorner.asp?>
- D. Print out showing completion of Concussion Training from your MSHSL Official's Corner page. [Click here](#), login, and print the checklist showing your information indicating completion of the concussion training.
 - <http://www.mshsl.org/mshsl/coachedes/login.asp>



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#4) Purchase a Floor Pass. **Your Floor Pass must be VISIBLE** and is also good for your admission into the tournament all weekend:

- BRONZE (or higher) certified = \$5
- Non BRONZE certified = \$10 (or \$5 if you have your prior State tournament pass to trade in)

Floor Passes will be available for purchase at the end of the Coaches Meeting for those that are not Bronze certified. There will be at least two tables set up. Those with printed USA Card and concussion testing documentation will go to one table - which will be quicker. Those that need to have their membership or testing verified, or whose who need to purchase a membership will be at another table - you will need some patience because this table will take a little longer. If you are Bronze certified, stop at the table anytime shortly before, during, or after the meeting to purchase your Floor Pass.

#5) Obtain a Wristband at the Coaches Meeting. You will need to put this on before the first session you are attending and keep it on throughout the tournament, this is your pass to get in the event. **The Wristband and the Coaches Floor Pass must both be visible when you are in the mat-side coaching chair.**

#6) Provide Table Workers. Prior to receiving your Coaches passes the Club will need to be assigned a table to work at State. This list will be given to the Mat Official Director. **Everyclub will need to work a minimum of 1 table each session.** Depending on how many wrestlers your club brings, you may need to take 2 tables. If your Club is sending more than 15 wrestlers plan on working all sessions. We need all tables filled by **March 5th**. You will need 4 workers signed up to work a table (3 to work and 1 to float to give you a break). You will receive your admission fee back at the end of the tournament for every session you work. We will also supply you with food, drinks, and a shirt. Please email [Laurie Kirpach](#) with your Club name, Contact Name, Phone Number, and what sessions you will be working to reserve your table(s).