

## “Getting Started Right” Beginners Youth Baseball Camp

The interest in baseball continues to soar which is evident by the growing numbers of “very young” players starting to learn and play the game. The number of youth players age 5-8 is growing every year. Coach John Jancuska and Advanced Baseball Development see this trend as a great opportunity for these youth players to “Get Started Right”.

Coach Jancuska believes that there is a “Right Way” to teach the game. There are certain fundamentals that must be mastered in the youth players’ early development that will allow him/her to have a distinct advantage in succeeding to the next level of play.

The “Getting Started Right Camp” will emphasize the foundational skills of throwing, catching, hitting, fielding ground balls, fielding fly-balls, and baserunning. Proper baseball mechanics are the same at age 5-8 as they are at age 15-18. The youth player will be receiving the same instruction that Coach Jancuska has used for 34 years as an NCAA Division I Baseball Coach and Youth Camp Director.

There will be an emphasis placed on skill development stations with hands-on instruction. Each day will conclude with a game, which will allow our coaches to instruct in “game situations.”

Though playing and practicing the game of baseball will be the focus of our staff, there will be an underlying theme of sportsmanship, positive attitude, hustle, and **HAVING FUN!**

Our hope is that the youth player will have one of the most enjoyable camp experiences he has ever had. Our goal is for your child to come home and say “I learned a lot today – And I had a Great Time!”

## Typical Daily Schedule

8:45 - 9am Sign-in at St. Tim’s Baseball Complex  
200 Ingleside Ave  
Catonsville, Maryland 21228

9:00am Announcements & Warm-ups

9:15 am Group Instruction

10 am Instructional Stations/Practice

10:45am Instructional Games

11:45 - Noon Closing Comments/Dismissal

### Baseball Instruction Will Include

Sportsmanship & Hustle  
Throwing Mechanics  
Throwing Accuracy  
Throwing Strength  
Proper Baserunning

Game Situation s  
Ground Ball Fielding  
Fly Ball Fielding  
Hitting  
Speed and Agility Drills

#### Coach John Jancuska

- \* 1978 - 2011 Head Baseball Coach at UMBC
- \* 682 Career Wins
- \* 5 NCAA Tournament Appearances  
1978, 1979, 1986, 1992, & 2011
- \* Honored as Coach of the Year in 4 Different  
NCAA Division 1 Conferences  
1992 - East Coast Conference  
1993 - Big South Conference  
2000 - Northeast Conference  
2008 - America East Conference
- \* 2000 Inducted into Maryland State Assoc. of  
Baseball Coaches Hall of Fame
- \* 2010 Inducted in UMBC Athletic Hall of Fame

### For Further Information Contact:

John Jancuska

jancuska2@comcast.net

443-821-4759

## General Information

Date: Mon. June 18 - Thur. June 21, 2012

\*Please Note: In the event of a “Rain Out” of a session, Friday will be a make-up day

Camp Hours: 9am - Noon

AGES: 5 - 8

FEES: \$150.00

Deposit of \$50.00 required with application. Balance due one week prior to camp.

EQUIPMENT: Players must provide glove, bat, helmet, and personal water bottle.

DRESS: Baseball Uniform or Suitable Long Pant Attire.

### PAYMENT:

Cost of Camp \_\_\_\_\_

Deposit \_\_\_\_\_

Amount Due \_\_\_\_\_

Return Registration With The Deposit Of \$50 to:

**Advanced Baseball Development**  
4110 Friar Tuck Way Sykesville, Md. 21784

Please make checks or money orders payable to: **Advanced Baseball Development**

### Staff Use Only

Deposit \_\_\_\_\_ Ck # \_\_\_\_\_ Balance \_\_\_\_\_

**Medical Information  
Authorization to Participate  
Required to Enroll in Camp**

Name \_\_\_\_\_,

is in good health and is able to participate in the camp activities. I (am/not) attaching a note explaining special and/or required medications, if any. I agree that in case of an accident involving my child while attending this camp and with full awareness that baseball is an activity that may involve risk or injury, I release Advanced Baseball Development Youth Baseball Camp, John Jancuska, and St. Timothy's Church from any and all liability for any injuries or illnesses occurred while at camp.

In case of any emergency, I authorize the appropriate camp personnel to request medical treatment as necessary to ensure the well-being of my child. I understand that the "Camp", Advanced Baseball Development, John Jancuska, and St. Timothy's Church do not provide medical insurance and that I will be responsible for all medical expenses occurred.

\_\_\_\_\_  
Parent/Guardian Signature



**Registration Form**

Name \_\_\_\_\_

Age \_\_\_\_\_ DOB \_\_\_\_\_

Street \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

E-Mail: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Name of Emergency Contact While at Camp:  
\_\_\_\_\_

Emergency Phone: \_\_\_\_\_

Summer Team \_\_\_\_\_

Fall Team \_\_\_\_\_

*John Jancuska's*



**"Getting Started Right"**

**Beginners  
Camp**

at

**St. Timothy's  
Baseball Complex  
Catonsville, Maryland**

**Ages: 5 - 8**

**June 18 - 21, 2012**

**\*Session Limited to 50 Spaces**