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Digger Hawkins:

Creighton Women's Assistant Coach

Missouri Valley Conference Tournament Champions 2010

Missouri Valley Conference Regular Season Champions 2010

Member of the Missouri Valley Conference Coaching Staff of the Year 2010

Region II ODP Staff

Nebraska ODP Staff

"2008 Girls Competitive Coach of the Year" for the State of Nebraska

First Ever Nebraskan Coach to Win the ODP Region II Championship

Former Professional Soccer Player (Portsmouth FC, EPL in England)

English UEFA 'B' License, USSF National 'C' License, USSF National 'D' License, USSF National Youth License, NSCAA Advanced National Diploma (Pending – will be attending January 2-8, 2012), NSCAA National Diploma, NSCAA Advanced Regional Diploma, NSCAA Professional Development Certificate, NSCAA Goalkeeping Level II.

Objective: The main objective of this Winter Academy is to give players extra touches of the ball during the winter months. The Winter Academy will focus on the technical aspects of the game, the ability to pass the ball over distance, having a good first touch are essential elements of the game. There will be a lot of ball work involved helping players to feel more comfortable on the ball. Tactical aspects of the game will also be touched upon including Defending, Attacking and Possession. All players will be given the opportunity to participate in the Speed, Agility, Quickness (SAQ) part of the Winter Academy.

Curriculum:

Technical (ball work)

Passing

Improving 1st touch

1v1 Defending

1v1 Attacking

1v1's (Fakes and Feints)

Fast Footwork Exercises

Speed, Agility, Quickness (SAQ)

College Super '6's (prizes for the winning teams)

Juggling

Possession

Receiving Balls (including out of the air)

Defending

Attacking

Coerver Moves

Small Sided Games

Ages:

Micro-High School players - Girls & Boys

Venue in Gretna:

Gretna Sports Complex

10550 S 222nd St

Gretna, NE 68028

Dates in Gretna: Sunday January 15th, 2012
Sunday January 22nd, 2012
Sunday January 29th, 2012
Sunday February 12th, 2012
Sunday February 19th, 2012
Sunday February 26th, 2012 - College Super '6's

DIGGER HAWKINS' WINTER ACADEMY IS OPEN TO ANY PLAYER FROM ANY CLUB

What to bring: Come to Digger Hawkins' Winter Academy dressed to play Soccer. Shinguards, Cleats and a Soccer Ball are all required. Make sure you bring plenty of Water.

Hours in Gretna:

Sunday January 15th, 2012-Sunday February 19th, 2012 – Soccer Field Time

1pm-2pm Micro, U7, U8,
4pm-5pm U12, U13, U14, High School (GK U9-U11)
5pm-6pm U9, U10, U11 (GK U12-High School)

The breakdown of age groups are subject to change depending on the number of players signing up per age bracket.

Sunday January 15th, 2012-Sunday February 19th, 2012 – SAQ's (Speed, Agility, Quickness)

1pm-2pm U9-U11, U12-U14, High School

The breakdown of age groups are subject to change depending on the number of players signing up per age bracket.

Sunday February 26th, 2012

1pm-2pm College Super 6's (Micro, U7, U8)
4pm-6pm College Super 6's (U9-High School)

With the 2pm-4pm gap in between sessions there will be different talks from week to week. This will include a College Talk, What it takes to be a College Player?, What it takes to play in High School?, Soccer Nutrition, Sports Psychology, Game Analysis etc. There will be supervision for the players during this two hour period. This is available to all players, but recommended for U9's and above.

COACHING STAFF INCLUDES:

Travis Dyson:

Assistant Director of Coaching Gretna Soccer Club, Former College Soccer Player with Luther Men's College, Former Iowa ODP Player, USSF "National" C License, USSF National Youth License.

Ivonne Valentin:

Creighton Women's Assistant Coach. Puerto Rico National Team Player, USSF "National" D License,

Greg Vuagniaux:

Nebraska ODP Coach, Gretna Soccer Club Professional Club Trainer, Former Hastings College, Men's Assistant Coach, Former Hastings College, Men's Player, USSF "National" C License, 4th All-Time Leading Goalscorer in Hastings College History

Eric Hayes:

Former Iowa Western CC Goalkeeper and Men's Assistant Coach, USSF "National" C License, Lewis Central High School Assistant and JV Head Coach

Jo Price:

Ex Professional Goalkeeper for Arsenal Women's Team, Former Wales International Goalkeeper, Gretna Soccer Club Professional Club Trainer, Former Bellevue University Player

*****EACH SESSION WILL HAVE LIMITED NUMBERS PER GROUP*****

Please sign up early to avoid disappointment.

- All participants will receive a Digger Hawkins Winter Academy T-shirt
- **Registrations must be received by Tuesday January 10th, 2012** to be guaranteed a T-shirt

Any questions please call David "Digger" Hawkins @ (402) 890-3599 (please make sure you dial the area code 402).

To register please fill the form in below with registration fee and return to the displayed address.

Return to: **Checks payable to Digger Hawkins Premier Soccer**
David Hawkins
18626 Holmes Circle
Omaha, NE 68135

Players Name: _____

Players Age: _____

Players Age Bracket: Micro _____ U9 _____ U12 _____ High School _____
 U7 _____ U10 _____ U13 _____
 U8 _____ U11 _____ U14 _____

Package you are signing up for:

- \$160 for 6 field sessions, 5 Goalkeeping sessions + 5 SAQ sessions _____
- \$130 for 6 field sessions + 5 SAQ sessions _____
- \$130 for 6 field sessions, 5 Goalkeeping sessions _____
- \$110 for 5 Goalkeeping sessions + 5 SAQ sessions _____
- \$75 for 6 field sessions _____
- \$60 for 5 Goalkeeping sessions _____
- \$60 for 5 SAQ sessions _____

Address: _____

E-mail: _____

Contact person: _____

Home Phone #: _____ Cell Phone #: _____

T-Shirt Size: Youth S _____ Med _____ L _____ XL _____ Adult S _____ Med _____ L _____ XL _____

Medical Waiver Form

I/We the Parents or Guardians understand that our child, children will be taking part in all physical activities during the dates and times of the Digger Hawkins' Winter Academy. We the parents and or guardians acknowledge that the registered child for the Camp is in good health and is mentally capable of taking part in all activities. We the Parents and or Guardians are confident that the names attendant to the Camp is able to engage in all activities.

Liability Waiver

I/We the Parents and or Guardians of the above named attendant to the Digger Hawkins' Winter Academy give permission for the above participant to take part in all activities during the above camp. We understand that as with any sport, injuries can occur and that we the parents and or guardian do not hold David Hawkins, Digger Hawkins Premier Soccer, Digger Hawkins Winter Academy, Gretna Sports Complex, Lincoln Rd LLC, and or any guest clinician liable for any accident or injuries occurring during the above Academy. The Academy Director and clinicians will not be held responsible for any loss or damage to any participants' equipment during the camp.

Signature of Parent or guardian for both waivers

