

UNIFORM GIRLS PLAYING RULES

Rules apply when more than one District is represented in a League

Game Format

10U, 12U

1 Hour of ice

3 13 Minute Stop Time Periods

5 Minute Warm Up

1 Minute rest between Periods

1 ½ minute minor penalties

No Time Outs

6 Goal Differential – Running Time 3rd Period

Ties allowed – No Overtime

14U, 19U

75 or 90 minutes of ice (based on District of home team)

3 15 Minute Stop Time Periods

5 Minute Warm Up

1 Minute rest between periods.

Resurface after two periods in 90 minute games.

Play to begin immediately after teams return after resurface.

No resurface for 75 minute games.

2 minute minor penalties

No Time Outs

6 Goal Differential – Running Time 3rd Period

Ties allowed – No Overtime

Officials and Head Coaches agree to end time. (Arena should have hour clock)

Game will be considered complete when:

- a. Third period is completed
- b. The ice hour has ended.
- c. Must have completed two periods. If not, game is to be rescheduled.

Game and Administrative Rules

Team with player box closed to exit will leave ice first.

Game may be played with one official

No DQ Rule.

Game Misconduct Suspension per rules of District team is registered in.

Game Misconduct and Match penalty reporting requirements per rules of District team is registered in.

Schedule changes per rules of District for team requesting change.

Game protests per rules of District administering the League.

Reporting scores per procedure of District administering the League.

Off-Ice Officials

Home Team – Timekeeper

Visiting Team – Score sheet

Each Team – Penalty Box Attendant

Weather cancellations per rules of District administering the League.