



On November 13<sup>th</sup>, the Virginia Elite Leadership team attended a highly interactive leadership event focused on (a) Building a High Performance Team and (b) strengthening leadership skills. Two well know experts were brought in to facilitate this exciting event. Each coach also received a personal skills assessment and is working towards building their own personal development program for the year.



Virginia Elite believes on-going professional skills development is critical to continue to strengthen our coaches' impact on both their performance as a coach and their engagement with their players.

Additionally, each coach will have a personal executive coach to partner with them throughout the season to ensure they continue to focus on their own personal development.

Check out the pictures below!



### Coming soon in early December – Virginia Elite Day.

A full day focused on core values, leadership skills development and mental preparation for playing in the season and in College. Something for everyone in the VA Elite family (players, coaches and parents)!