

In Compliance with Minnesota law (Minn. Stat. § 121A.37),

**ALL COACHES, *MUST*:**

RECEIVE INITIAL ONLINE TRAINING, AND  
ONLINE TRAINING AT LEAST ONCE EVERY THREE  
CALENDAR YEARS RELATED TO CONCUSSIONS  
RESULTING FROM PARTICIPATION IN YOUTH  
ATHLETIC ACTIVITIES.

Online training is offered by the Centers for Disease  
Control and Prevention (CDC)

Go to: [www.cdc.gov/concussion/headsup/  
online\\_training.html](http://www.cdc.gov/concussion/headsup/online_training.html)

Click on “Take the Training”. It takes roughly 30-45  
minutes to complete.

Print out the certificate upon completion of the training,  
which will be good for three years.

E-mail a copy to: Mark Yira at [myira@yiralaw.com](mailto:myira@yiralaw.com)

Without completion of the training, YOU WILL NOT BE  
ABLE TO COACH