

Problem: Too long, too slow, too much goofing around. Some coaches and parents have the idea that kids need to be entertained or be enabled to do what they want to have fun.

Fix: *Length of practice may vary between 1.5 to 2 hrs. It is however critical that the time is productive and energized. Use of stations and repetition will teach new skill habits in an energized setting. There are a wide variety of multi-station skill bldg exercises or competitions that combine skills with fun. Players of all ages take pride and satisfaction of learning something new and seeing the implementation of that skill produce beneficial results.*

****Opinion**** *skill instruction = player development*
Player development = increased success
Increased success = FUN

Problem: The baseball season is short which makes coaches feel the urge to cover a lot of material in a short period of time. Most practices at the development ages contain too many differing skills or game strategies during individual practices.

Fix: *Prepare your first 10, than continue to prepare during the season with focus always on fundamentals this will allow a coach not to feel rushed or unprepared. If you want to develop infield skills, than center your practice around infield skills. Create controlled practice stations that encompass **ALL INFIELD** skills. Skills or habits need to taught by **instruction, demonstration, performance repetition**. When players demonstrate a good understanding of individual skills than you may create multi-skill stations.*