

# D-Core Classes

| Program                   | Age Group            | Date                         | Time          | Rink |
|---------------------------|----------------------|------------------------------|---------------|------|
| D-Core (Defensive Skills) | Boys Ages 10-13      | Wednesday, November 30, 2011 | 6:30pm-7:30pm | 6    |
| D-Core (Defensive Skills) | Boys Ages 10-13      | Wednesday, December 07, 2011 | 6:30pm-7:30pm | 6    |
| D-Core (Defensive Skills) | Boys Ages 10-13      | Wednesday, December 14, 2011 | 6:30pm-7:30pm | 6    |
| D-Core (Defensive Skills) | Boys Ages 10-13      | Wednesday, January 04, 2012  | 6:30pm-7:30pm | 6    |
| D-Core (Defensive Skills) | Boys Ages 10-13      | Wednesday, January 11, 2012  | 6:30pm-7:30pm | 6    |
| D-Core (Defensive Skills) | Boys Ages 10-13      | Wednesday, January 18, 2012  | 6:30pm-7:30pm | 6    |
| D-Core (Defensive Skills) | Boys Ages 10-13      | Wednesday, January 25, 2012  | 6:30pm-7:30pm | 6    |
| D-Core (Defensive Skills) | Boys Ages 10-13      | Wednesday, February 01, 2012 | 6:30pm-7:30pm | 6    |
| D-Core (Defensive Skills) | Boys Ages 10-13      | Wednesday, February 08, 2012 | 6:30pm-7:30pm | 6    |
| D-Core (Defensive Skills) | Boys Ages 10-13      | Wednesday, February 15, 2012 | 6:30pm-7:30pm | 6    |
| D-Core (Defensive Skills) | Boys Ages 10-13      | Wednesday, February 22, 2012 | 6:30pm-7:30pm | 6    |
| D-Core (Defensive Skills) | Boys Ages 10-13      | Wednesday, February 29, 2012 | 6:30pm-7:30pm | 6    |
| D-Core (Defensive Skills) | Boys Ages 14 and Up  | Monday, November 28, 2011    | 8:50pm-9:50pm | 6    |
| D-Core (Defensive Skills) | Boys Ages 14 and Up  | Wednesday, November 30, 2011 | 7:40pm-8:40pm | 6    |
| D-Core (Defensive Skills) | Boys Ages 14 and Up  | Monday, December 05, 2011    | 8:50pm-9:50pm | 6    |
| D-Core (Defensive Skills) | Boys Ages 14 and Up  | Wednesday, December 07, 2011 | 7:40pm-8:40pm | 6    |
| D-Core (Defensive Skills) | Boys Ages 14 and Up  | Monday, December 12, 2011    | 8:50pm-9:50pm | 6    |
| D-Core (Defensive Skills) | Boys Ages 14 and Up  | Wednesday, December 14, 2011 | 7:40pm-8:40pm | 6    |
| D-Core (Defensive Skills) | Boys Ages 14 and Up  | Monday, January 02, 2012     | 8:50pm-9:50pm | 6    |
| D-Core (Defensive Skills) | Boys Ages 14 and Up  | Wednesday, January 04, 2012  | 7:40pm-8:40pm | 6    |
| D-Core (Defensive Skills) | Boys Ages 14 and Up  | Monday, January 09, 2012     | 8:50pm-9:50pm | 6    |
| D-Core (Defensive Skills) | Boys Ages 14 and Up  | Wednesday, January 11, 2012  | 7:40pm-8:40pm | 6    |
| D-Core (Defensive Skills) | Boys Ages 14 and Up  | Monday, January 16, 2012     | 8:50pm-9:50pm | 6    |
| D-Core (Defensive Skills) | Boys Ages 14 and Up  | Wednesday, January 18, 2012  | 7:40pm-8:40pm | 6    |
| D-Core (Defensive Skills) | Boys Ages 14 and Up  | Monday, January 23, 2012     | 8:50pm-9:50pm | 6    |
| D-Core (Defensive Skills) | Boys Ages 14 and Up  | Wednesday, January 25, 2012  | 7:40pm-8:40pm | 6    |
| D-Core (Defensive Skills) | Boys Ages 14 and Up  | Monday, January 30, 2012     | 8:50pm-9:50pm | 6    |
| D-Core (Defensive Skills) | Boys Ages 14 and Up  | Wednesday, February 01, 2012 | 7:40pm-8:40pm | 6    |
| D-Core (Defensive Skills) | Boys Ages 14 and Up  | Monday, February 06, 2012    | 8:50pm-9:50pm | 6    |
| D-Core (Defensive Skills) | Boys Ages 14 and Up  | Wednesday, February 08, 2012 | 7:40pm-8:40pm | 6    |
| D-Core (Defensive Skills) | Boys Ages 14 and Up  | Monday, February 13, 2012    | 8:50pm-9:50pm | 6    |
| D-Core (Defensive Skills) | Boys Ages 14 and Up  | Wednesday, February 15, 2012 | 7:40pm-8:40pm | 6    |
| D-Core (Defensive Skills) | Boys Ages 14 and Up  | Monday, February 20, 2012    | 8:50pm-9:50pm | 6    |
| D-Core (Defensive Skills) | Boys Ages 14 and Up  | Wednesday, February 22, 2012 | 7:40pm-8:40pm | 6    |
| D-Core (Defensive Skills) | Boys Ages 14 and Up  | Monday, February 27, 2012    | 8:50pm-9:50pm | 6    |
| D-Core (Defensive Skills) | Boys Ages 14 and Up  | Wednesday, February 29, 2012 | 7:40pm-8:40pm | 6    |
| D-Core (Defensive Skills) | Girls Ages 12 and Up | Sunday, November 27, 2011    | 6:40pm-7:40pm | 6    |
| D-Core (Defensive Skills) | Girls Ages 12 and Up | Sunday, December 04, 2011    | 6:40pm-7:40pm | 6    |
| D-Core (Defensive Skills) | Girls Ages 12 and Up | Sunday, December 11, 2011    | 6:40pm-7:40pm | 6    |
| D-Core (Defensive Skills) | Girls Ages 12 and Up | Sunday, December 18, 2011    | 6:40pm-7:40pm | 6    |
| D-Core (Defensive Skills) | Girls Ages 12 and Up | Sunday, January 08, 2012     | 6:40pm-7:40pm | 6    |
| D-Core (Defensive Skills) | Girls Ages 12 and Up | Sunday, January 15, 2012     | 6:40pm-7:40pm | 6    |
| D-Core (Defensive Skills) | Girls Ages 12 and Up | Sunday, January 22, 2012     | 6:40pm-7:40pm | 6    |
| D-Core (Defensive Skills) | Girls Ages 12 and Up | Sunday, January 29, 2012     | 6:40pm-7:40pm | 6    |
| D-Core (Defensive Skills) | Girls Ages 12 and Up | Sunday, February 05, 2012    | 6:40pm-7:40pm | 6    |
| D-Core (Defensive Skills) | Girls Ages 12 and Up | Sunday, February 12, 2012    | 6:40pm-7:40pm | 6    |
| D-Core (Defensive Skills) | Girls Ages 12 and Up | Sunday, February 19, 2012    | 6:40pm-7:40pm | 6    |
| D-Core (Defensive Skills) | Girls Ages 12 and Up | Sunday, February 26, 2012    | 6:40pm-7:40pm | 6    |





# ESP Classes

| Program             | Age Group               | Date                      | Time          | Rink |
|---------------------|-------------------------|---------------------------|---------------|------|
| ESP (Power Skating) | Boys & Girls Ages 10-13 | Monday, November 28, 2011 | 6:30pm-7:30pm | 6    |
| ESP (Power Skating) | Boys & Girls Ages 10-13 | Monday, December 05, 2011 | 6:30pm-7:30pm | 6    |
| ESP (Power Skating) | Boys & Girls Ages 10-13 | Monday, December 12, 2011 | 6:30pm-7:30pm | 6    |
| ESP (Power Skating) | Boys & Girls Ages 10-13 | Monday, January 02, 2012  | 6:30pm-7:30pm | 6    |
| ESP (Power Skating) | Boys & Girls Ages 10-13 | Monday, January 09, 2012  | 6:30pm-7:30pm | 6    |
| ESP (Power Skating) | Boys & Girls Ages 10-13 | Monday, January 16, 2012  | 6:30pm-7:30pm | 6    |
| ESP (Power Skating) | Boys & Girls Ages 10-13 | Monday, January 23, 2012  | 6:30pm-7:30pm | 6    |
| ESP (Power Skating) | Boys & Girls Ages 10-13 | Monday, January 30, 2012  | 6:30pm-7:30pm | 6    |
| ESP (Power Skating) | Boys & Girls Ages 10-13 | Monday, February 06, 2012 | 6:30pm-7:30pm | 6    |
| ESP (Power Skating) | Boys & Girls Ages 10-13 | Monday, February 13, 2012 | 6:30pm-7:30pm | 6    |
| ESP (Power Skating) | Boys & Girls Ages 10-13 | Monday, February 20, 2012 | 6:30pm-7:30pm | 6    |
| ESP (Power Skating) | Boys & Girls Ages 10-13 | Monday, February 27, 2012 | 6:30pm-7:30pm | 6    |
|                     |                         |                           |               |      |
| ESP (Power Skating) | Boys & Girls Ages 14+   | Monday, November 28, 2011 | 7:40pm-8:40pm | 6    |
| ESP (Power Skating) | Boys & Girls Ages 14+   | Monday, December 05, 2011 | 7:40pm-8:40pm | 6    |
| ESP (Power Skating) | Boys & Girls Ages 14+   | Monday, December 12, 2011 | 7:40pm-8:40pm | 6    |
| ESP (Power Skating) | Boys & Girls Ages 14+   | Monday, January 02, 2012  | 7:40pm-8:40pm | 6    |
| ESP (Power Skating) | Boys & Girls Ages 14+   | Monday, January 09, 2012  | 7:40pm-8:40pm | 6    |
| ESP (Power Skating) | Boys & Girls Ages 14+   | Monday, January 16, 2012  | 7:40pm-8:40pm | 6    |
| ESP (Power Skating) | Boys & Girls Ages 14+   | Monday, January 23, 2012  | 7:40pm-8:40pm | 6    |
| ESP (Power Skating) | Boys & Girls Ages 14+   | Monday, January 30, 2012  | 7:40pm-8:40pm | 6    |
| ESP (Power Skating) | Boys & Girls Ages 14+   | Monday, February 06, 2012 | 7:40pm-8:40pm | 6    |
| ESP (Power Skating) | Boys & Girls Ages 14+   | Monday, February 13, 2012 | 7:40pm-8:40pm | 6    |
| ESP (Power Skating) | Boys & Girls Ages 14+   | Monday, February 20, 2012 | 7:40pm-8:40pm | 6    |
| ESP (Power Skating) | Boys & Girls Ages 14+   | Monday, February 27, 2012 | 7:40pm-8:40pm | 6    |