



FLBA Tryout Evaluation Criteria

Infield	Outfield	Hitting	Pitching
Drill *	Drill *	Drill *	Drill *
Warmup - line-up in pairs, roll ball then throw back & alternate (5 mins)	Warmup - long toss in pairs to look at arm strength, then 1 fly ball	Warm-up - Hole hitters warmup at sock(s); 1 Bunt, 3 swings in cage	Warmup period (same for all)
Graded - 6 ground balls	Graded - 6 fly balls	Graded Hitting T- 10 Swings	Graded - 6 pitches(3 Windup 3 Stretch)
2 left, 2 Center, 2 Right	2 left, 2 Center, 2 Right	Graded Live Hitting- 3 Bunts, 10 Swings	Grading
Grading	Grading	Grading	Mechanics
Footwork	Range/Footwork	Mechanics	(Good balance, arm back, elbow high, good grip, extension toward target, follow through)
(Attacking the ball, knees bent, good plant & aligned toward target)	(Position, reaction, & aligned toward target)	Stance, grip, hands ready, knees slightly bent, weight balanced, head on ball, timing	1-2 poor, 3-4 below average, 5-6 average
1- poor 2- below average 3-average	1- poor 2- below average	balanced swing, good stride, hip rotation, extension, no roll of hands	7-8 above average, 9-10 excellent
4- above average 5- excellent	3-average 4- above average	1,2- poor 3,4-below average 5,6-average	Arm Strength
	5- excellent	7,8-above average 9,10-excellent	1,2- poor 3,4-below average 5,6-average
Range	Ability to Judge Flyballs	Bat Speed (Quick hands, fluid swing)	7,8-above average 9,10-excellent
1- poor 2- below average 3-average	1- poor 2- below average 3-average	1-poor 2-below average 3-average	
4- above average 5- excellent	4- above average 5- excellent	4-above average 5-excellent	Accuracy
Glove Work	Glove Work	Bunting (good form, contact)	1,2- poor 3,4-below average 5,6-average
(2 handed catch)	(2 handed catch, shoulder high)	1-poor 2-below average 3-average	7,8-above average 9,10-excellent
1-glove error or miss, poor positioning	1-glove error or miss/poor positioning	4-above average 5-excellent	Catching (optional)
2- glove error, fair positioning	2- glove error, fair positioning		Mechanics
3 - average catch, fair positioning	3 - average catch, fair positioning	Contact	1,2- poor 3,4-below average 5,6-average
4- above average catch/positioning	4- above average catch, positioning	1-3 No/Marginal contact (tick, pop foul)	7,8-above average 9,10-excellent
5- excellent catch/positioning	5- excellent catch, positioning	4-6 below average (weak grounder/pop-up)	
Arm Strength	Arm Strength	7-9 average contact 10-12 above average (solid hit)	Agility
1,2- poor 3,4-below average 5,6-average	1,2- poor 3,4-below average 5,6-average	13-15-excellent contact (solid hit w/ power)	1,2- poor 3,4-below average 5,6-average
7,8-above average 9,10-excellent	7,8-above average 9,10-excellent		7,8-above average 9,10-excellent
Accuracy	Accuracy	Power	Arm Strength
1 - poor 2-below average 3-average	1- poor 2- below average 3 - average	1-poor 2-below average 3-average	1,2- poor 3,4-below average 5,6-average
4-above average 5-excellent	4 - above average 5 - excellent	4-above average 5-excellent	7,8-above average 9,10-excellent

*** Drills will be consistent for all players, but may be modified based on judgement of Tryout coordinators and evaluators.**