

## **Buffalo Girls Basketball Philosophy**

### **8th Grade**

Zone defense allowed only for special situations such as foul trouble or extreme match-up issues. Should be less than 10% of the game. Can split into A and B teams if the talent is there. The players will be evaluated by the varsity coaching staff. Upon completion of evaluations, the varsity coach will confer with the traveling coaches in determining the teams. Practice twice a week and consist of 70% fundamentals and 30% plays/scrimmage. All players will play 10+ meaningful minutes, but not necessarily equal at the A level. Playing time should be even at the B level until the final minutes of the game.

Play 9 Tournaments

### **7th Grade**

Zone defense allowed only for special situations such as foul trouble or extreme match-up issues. Should be less than 10% of the game. Can split into A and B teams if the talent is there. The players will be evaluated by the varsity coaching staff. Upon completion of evaluations, the varsity coach will confer with the traveling coaches in determining the teams. Practice twice a week and consist of 80% fundamentals and 20% plays/scrimmage. All players will play 10+ meaningful minutes, but not necessarily equal at the A level. Playing time should be even at the B level until the final minutes of the game.

Play 8 Tournaments

### **6th Grade**

No zone defense

No "A" Teams

Practice twice a week and consist of 80% fundamentals and 20% plays/scrimmage

Equal playing time for all kids with exception to final minutes of a close game. If there's a chance to win towards the end of the game, put our best players in and go for it. Will not interfere with Jr. Bison

Play 7 Tournaments

### **5th Grade**

No zone defense

No "A" Teams

Practice twice a week and consist of 90% fundamentals and 10% plays/scrimmage

Equal playing time for all kids with exception to final minutes of a close game. If there's a chance to win towards the end of the game, put our best players in and go for it. Play 6 Tournaments

### **4th Grade**

No zone defense

No "A" Teams

Practice once a week and consist of 90% fundamentals and 10% plays/scrimmage

Equal playing time for all kids with exception to final minutes of a close game. If there's a chance to win towards the end of the game, put our best players in and go for it. Will not interfere with Jr. Bison

Play 5 Tournaments