

# Champlin Park Youth Hockey Association

## Coach Incident Report

The following incident report is to be completed as part of the association's action plan for a suspected concussion.

Players Name \_\_\_\_\_

Current team \_\_\_\_\_

Head Coach \_\_\_\_\_

Phone Number/Email \_\_\_\_\_

Parents Name \_\_\_\_\_

Phone number/Email \_\_\_\_\_

**Brief description of Incident :**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Signs observed by coaching staff: Circle all that apply**

Appears dazed or stunned	Is unsure of game, score, or opponent	Shows behavior or personality change
Is confused about assignment or position	Moves clumsily	Can't recall events prior to head injury
Forgets sports plays	Answers questions slowly	Can't recall events after hit or fall
	Loses consciousness	Other-

**Symptoms reported by athlete: Circle all that apply**

Headache or "pressure" in head	Sensitive to light	Confusion
Nausea or vomiting	Sensitive to noise	Does not "feel right"
Balance problems or dizziness	Feeling sluggish, hazy, foggy or groggy	Other-
Double or blurry vision	Concentration or memory problems	

\_\_\_\_\_**Associations Four Step Action Plan for Suspected Concussion followed**

\_\_\_\_\_**Provide Copy to Parent**

\_\_\_\_\_**Provide Copy to CPYHA Concussion Manager**

*Athlete is not allowed to return to play until they have been evaluated by a physician. Coaches Incident Report and Physicians Return to Play form needs to be completed and returned to coach/concussion manager prior to return to play.*

Coaches Signature \_\_\_\_\_

Date \_\_\_\_\_

**10/2011**

## Action Plan for Suspected Concussion

- 1. Remove the athlete from play.**  
When you suspect a player has a concussion, remove athlete from play, assess for signs and symptoms of a concussion. Keep him or her supervised if symptoms present. When in doubt, keep the athlete out of play.
- 2. Inform the athlete's parents or guardians about the possible concussion and give them the fact sheet on concussion.** Inform them of signs and symptoms the player is experiencing.
- 3. Ensure that the athlete is evaluated by a health care professional experienced in evaluating for concussion.**  
Do not try to judge the severity of the injury yourself.
- 4. Keep the athlete out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says they are symptom-free and it's OK to return to play.**  
Physician Return to Play Permission is available on website. Forms needs to be completed and returned to coach and concussion manger prior to returning to play.