

Clinic Schedule

Squirt

10/3/11

Last Name	Date	Time	Rink	Session	Dryland
A-F	Saturday: 10/8/11	1:00 PM	East Rink	Flow	2:15 PM
	Monday: 10/10/11*	5:50 PM	West Rink	Contact	

G-La	Saturday: 10/8/11	2:10 PM	East Rink	Flow	3:25 PM
	Monday: 10/10/11*	4:40 PM	West Rink	Contact	

Li-P	Saturday: 10/8/11	3:20 PM	East Rink	Flow	4:35 PM
	Monday: 10/10/11*	8:10 PM	West Rink	Contact	

R-Z	Saturday: 10/8/11	4:30 PM	East Rink	Flow	5:45 PM
	Monday: 10/10/11*	7:00 PM	West Rink	Contact	

Goalies Only	Tuesday: 10/11/11	4:45 PM	West Rink
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* Only skaters participate in the contact sessions.

Goalies participate in the flow sessions according to the following group assignments:

goalies with a last name B-D attend the A-F flow session

goalies with a last name G-J attend the G-La flow session

goalies with a last name L-R attend the Li-P flow session

goalies with a last name S-W attend the R-Z flow session

All sessions are at Bielenberg.

The dryland session will last approximately 40-45 minutes.