

# Clinic Schedule

**14U**

**10/6/11**

<b>Date</b>	<b>Time</b>	<b>Rink</b>	<b>Session</b>	<b>Dryland</b>
Monday: 10/17/11	6:15 PM	North Rink	Flow	
Sunday: 10/23/11*	6:00 PM	North Rink	Contact	
Tuesday: 10/25/11	7:30 PM	West Rink	3 on 3	6:30 PM

\* Only skaters participate in the contact session.  
Goalies participate in the flow and 3 on 3 sessions.  
All sessions are at Cottage Grove Ice Arena.  
The dryland session will last approximately 40-45 minutes.