

Clinic Schedule
10U
9/29/11

Date	Time	Rink	Session	Dryland
Sunday: 10/9/11	12:50 PM	East Rink	Flow	2:05 PM
Tuesday: 10/11/11*	6:50 PM	East Rink	Contact	

Goalies Only	Tuesday: 10/11/11	4:45 PM	West Rink
---------------------	-------------------	---------	-----------

* Only skaters participate in the contact session.
Goalies participate in the flow session.
All sessions are at Bielenberg .
The dryland session will last approximately 40-45 minutes.