|  |
| --- |
| 9/U10  |
| Small-sided Games |
| Modified Playing Rules - Effective Fall 2016 |
| For complete rules www.nebraskastatesoccer.org |
| Number of Players | 7V7 Maximum, 6 field players + 1 GK |
|  **5 players must be present to start a game** |
| Roster Size | 14 Maximum |
| Field Dimensions | Rectangular: Between 55-65 yards by 35-45 yards recommended |
| Markings | The field of play is divided into two halves by a halfway line. The center mark is indicated at the midpoint of the halfway line. A circle with a radius of 7 yards is marked around it. |
| **Build Out Line (New Fall 2016)** | ** The build out line is used to promote playing the ball out of the back in an unpressured setting.** |
| ** When the goalkeeper has the ball, either during play or from a goal kick, the opposing team should move behind the build out line.** |
| ** Once the opposing team is behind the build out line, the goalkeeper can pass or throw/roll the ballot a teammate (no punting).** |
| ** After the ball has been put into play by the goalkeeper, the opposing team can cross the build out line and play resumes as normal.** |
| Goals | 6.5X18.5 are recommended. 6X18 and 7X21 are acceptable. Goals must be anchored securely to the ground. |
| Goal Area | None |
| Penalty Area | The Penalty Area: A penalty area is defined at each end of the field as follows: Two lines are drawn at right angles to the goal line, ten (10) yards from the center of the goal. These lines extend into the field of play for a distance of ten (10) yards and are joined by a line drawn parallel with the goal line. The area bounded by these lines and the goal line is the penalty area. Within each penalty area a penalty mark is made seven (7) yards from the midpoint between the goalposts and equidistant to them. An arc of a circle with a radius of eight (8) yards from each penalty mark is drawn outside the penalty area.  |
| Flag Posts | Conform to FIFA. |
| Corner Arc | Conform to FIFA. |
| Ball  | Size 4 |
| Duration of play | 25 minute halves - 10 minute half time |
| Offside | APPLIES. Conform to FIFA |
| Free Kicks & Corner Kicks | Conform to FIFA with the exception that all opponents are at least 8 yards from the ball. |
| Start & Restart of Play | Conform to FIFA with the exception that all opponents are at least 8 yards from the ball. |
| **Headers (New Fall 16)** | **Not permitted. A purposeful header shall result in an indirect free kick awarded to the opponent at the spot of the infraction.** |
| Fouls & Misconduct | Conform to FIFA. |
| Substitutions | UNLIMITED and at any stoppage. No substitutions on penalty kicks. |
| Penalty Kicks | Conform to FIFA. |
| Throw-In | Conform to FIFA. |
| Goal Kick | Conform to FIFA. |
| Ball In & Out of Play | Conform to FIFA. |
| Method of Scoring | Conform to FIFA. **UPDATED FALL 2016** |
|  |