

# 2<sup>nd</sup> Grade Boys Basketball Program

- Philosophy
  - Low-key introduction to Basketball
  - Focus on fun and basic skills
  - Establish a long-term love for team sports
  - Stress teamwork
  - Celebrate small successes (individually and as a team)
- Practice Session (45 Minutes)
  - Keep every player busy at all times
  - Run multiple drills or multiple squads at same time
  - Utilize parents to maintain control
  - Keep drills simple, and fun!
  - Set drill goals (easily achievable), or make them into a game
- Scrimmage (45 Minutes)
  - 1 or 2 coaches from each team on the floor
  - Keep a coach or parent on the bench to maintain control
  - Consider starting out the season with each team running 5 offensive plays and then switching possession.
  - Build up to normal game situation near season end
  - Correct mistakes gently
    - Point out what they should have done instead of what they did wrong
  - Increase correction as season progresses
  - Never allow score to be kept on the scoreboard
  - Rotate players through positions
  - Make sure everyone gets a chance to touch the ball and take a shot

