

KV NEWS

*The Newsletter of
Kensington Valley Hockey*

Volume 1, Issue 2

July 2011

FROM THE FRONT OFFICE

New Board in Full Swing

Tim Gilbert - KVHA President

Now that the association board members have been slated into their new positions, everyone has been hard at work getting ready for the fall season. Last June's board meeting included a full agenda with topics ranging from jersey selection, developing a mission statement for the association, and the growth of the girls hockey program with the possibility of forming a new girls only league. Jason Valente provided an extensive report on coach and player development, which is being revamped to address how to maximize the total experience for all of our kids to benefit from additional and varied training.

Some of our Board Members are preparing for the important MAHA (Michigan Amateur Hockey Association) meeting in mid-July to participate in the vote on the state of the implementation of the ADM model within our association. Based on the upcoming decision, Len Pietila has prepared a very detailed plan of how the new changes will be implemented at the Mini-Mite and Mite levels. We

VIEW FROM CENTER ICE

RAVEN NATION - Raven Fun Fest 2011

by Mike Wainwright - Director, Girls Program



The Ravens Girls Hockey Program had an impressive turnout for their June Fun Fest. Our latest count shows over 100+ girls attending this free event, which included current Ravens along with many new faces at all different levels. 51 NEW girls came out to skate and provided follow up information to the Ravens. We hope all of them sign up for fall hockey. All participants were able to dance, enjoy pizza, free skate, participate in many skilled activity stations, and watch a very exciting exhibition match between the current 10U-14U travel programs that ended in a 2-2 tie. Since sponsoring this event we have received numerous inquiries for the upcoming fall season. The girls program is really starting to pick up momentum and is always looking for more young ladies who might be interested in playing. The program is also looking for any women with hockey experience who might be interested in coaching. Remember, it's all about the girls! The



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CALENDAR OF EVENTS

MAHA Summer Meeting

July 7-10
Grand Traverse Resort
100 Grand Traverse Resort Village Blvd.
Acme, MI 49690

KVHA Board Meeting

July 18
6:00 to 8:00 PM
Kensington Valley Ice House
Open to Members

Lift Off Hockey 2011 Youth Development Camp

July 18-21
Ages 4-8: 4:00 to 6:00 PM
Ages 9-12: 6:00 to 8:00 PM
Kensington Valley Ice House
Cost: \$150 per player
For registration see www.liftoffhockey.com

Perani's Warehouse Clearance Sale

July 21-31
Farmington Hills Ice Area
35500 W. 8 Mile Rd
Farmington Hills, MI
see page 4 for details

Perfect Edge Hockey Summer Sale

July 30-31
3637 E Grand River
Howell, MI 48843
Phone:(517) 546-1897
see page 4 for details

Fall Early Registration Deadline

July 31
Registration Fee: \$150
Prices go up to \$250 after this date

will ensure you are kept informed of the decisions made and the changes that result as we learn more ourselves. We hope that our members are enjoying their summer and that everyone returns safe and rested for an exciting fall season.

Early Registration Deadline Approaching

Reminder, deadline for early registration is approaching. The early registration fee is \$150, but after July 31, the registration fee increases to \$250. Get your [registration](#) in early and save!

Membership fee structure for the 2011/2012 Fall Season is shown below.

Division	Total 2011/2012	Monthly (Sept~Feb)
Little Rebels	\$252	\$42
Mini-Mite/U8	\$780	\$130
Mite/U10	\$900	\$150
Squirt	\$1038	\$173
Peewee	\$1290	\$215
Bantam	\$1692	\$282
Midget	\$1692	\$282

New Office Hours this Fall

Based on feedback from the membership, the KVHA Board is please to announce extended office hours starting this fall. The KVHA office will be open in the evening one weeknight each week and on the first Saturday of each month. Exact days and times have still not been firmed up, so stayed tuned for further details.

Center Ice, continued from page 1

point of the program is to teach girls how to play hockey, and most importantly, to have fun.



On behalf of the KV Ravens, I would like to express my sincerest thanks to the following people who made the Raven Fest such a great success: Tom Hall, Michelle Wilson, Craig England, Nelson and Donna Turnage,

Gerri Danules, Regina Locklear, Mike Garner, Carol Fons, and Wendy Miller. And of course a special thank you to all of the parents that helped out both on and off the ice.



Photo credits: Kitty McLaren

Raven's Girls Hockey succeeds because of:

Our Coaches: Committed to player development and team development. They motivate, teach and encourage!

Our Philosophy: Teamwork, conditioning, improvement, and fun!

Our Organization: KVHA is committed to providing the same great opportunities for girls as it does for boys.

Our Girls: They play with fire, they play with skill, and they play as a team!

VIEW FROM THE BLEACHERS

USA Hockey Introduces New Body Checking Rule

On June 11, during the USA Hockey Annual Congress, the Board of Directors overwhelmingly voted to pass the new body checking rule by a margin of 88% to 22%. Beginning this season, legal body checking in games will change from Pee Wee to Bantam age level (ages 13 to 14). It is important to understand that this ruling is not just about delaying the age at which players can legally body check, but rather it is a comprehensive training program to properly train body checking before introducing it to competitive play.

The core of the program is the Progressive Body Checking plan which introduces checking skill gradually from Mite through Pee Wee levels consistent with the American Development Model (ADM) and its long term athlete development principals. During the first years in hockey at the Mite and Squirt levels, players will develop the skills of Positioning and Angling, Stick Checking, and Body Contact. Body checking will be phased in at the Pee Wee level, with legal body checking introduced at the game level for Bantam and Midget.

USA Hockey officials have stated that this ruling was based on some of the most comprehensive preparation and research they have ever conducted with respect to long term elite player development, and injury cause and prevention. Extensive training will be provided to both Coaches and Referees to encourage more legal and age appropriate body contact in the pre-body checking age levels. All coaches will be required to take age specific on-line training, which will include body contact training from Mite to Bantam. This ruling also introduces more strict enforcement of rules against both intentional and unintentional hits to the head and neck.

One of the problems with the old body checking rules resulted from the big discrepancy in physical size among children at the Pee Wee level. Smaller players were more intimidated by the physical play, which hampered skill development and placed them at greater risk for injury. The unintended consequence has been a large attrition of players

when they reach the Pee Wee level due to lack of preparation for the increased physical demands of the game.

This ruling is supported by the NHL and is endorsed by an overwhelming majority of local hockey associations, including KVHA. According to Ron DeGregorio, President of USA Hockey, "Parents should know that this program will better prepare their children for the physical part of the game. It should produce less risk, since we will be training players in body contact at an earlier age and in a progressive manner. We'll also be tightening up the standard of play for intimidation hits in the youth checking divisions."

USA Hockey will also conduct research on the effect of the Progressive Checking Skill development program on risk reductions and skill development. The results of the research will be published when completed. If you wish to learn more about the new ruling and the details of the new program, please visit USA Hockey website [here](http://www.usahockey.com).

Summer Equipment Sales

We all know how fast our kids grow out of their hockey gear, so saving money on new equipment is always a top priority for every hockey parent. If you are in the market for new gear for your kid (or maybe you need a new pair of skates yourself), we have good news for you as two area shops are having big sales this month.

First up is Perani's Annual Warehouse Clearance sale that is being held Thursday, July 21st through Sunday, July 31st 2011 at the Farmington Hills Ice Arena (35500 W. 8 Mile Rd, Farmington Hills). This is the largest single collection of hockey equipment for sale under one roof in the world. If you want to get a flavor for how big this event is, you can see a video documentary of the 2010 event [here](http://www.peranis.com).

Next up is Perfect Edge Hockey in Howell, right in our own backyard. Perfect Edge will be having their 6th anniversary sale the last weekend in July with everything in the store on sale from 10%-75% off. Sales reps will be at the store from the major companies to assist and also give out free swag. Perfect Edge will also be holding a raffle giving away sticks, helmets, and even a pair of skates. Sale runs from Saturday, July 30 from 10 to 7 PM

through Sunday, July 31st from 10 to 6 PM. For more information you can contact the store directly.

[Perfect Edge Hockey](http://www.perfectedgehockey.com)
3637 E Grand River
Howell, MI 48843
(517) 546-1897
email: admin@perfectedgehockey.com

Parent Photo Corner Mite Spring League Championship

Congratulations to the Mite Wild (No. 1) Team for winning the KVIH Spring League Mite Championship against the Green Warriors (No. 3) on June 19 by a score of 5-1.

Mite Wild - Spring League Champions (Photo K. McLaren)



Mite Green Warriors - Runner Up (Photo B. Gray)



Got some great team or player pictures you want to share in KV News? Email them along with a description of the photo(s) to [Bruce Gray](mailto:Bruce.Gray@kvhockey.org), and we'll try to work them in for future issues of the newsletter (if there is room).

OFF THE BENCH

New MAHA Coaching Education Requirements for 2011/2012 Season

Coaches are truly the lifeblood of our organization and without their participation we could not offer the excellent hockey programs and experience for which KVH is known. Coaches are a prime influence in the lives of our children, and therefore coaching education is one of the best ways to to enrich every participants hockey experience. USA Hockey and MAHA (Michigan Amateur Hockey Association) requires coaches to attain certain education levels (Coaching Education Program or CEP) depending on the age and level in which they coaching. There have been significant changes to the education and renewal requirements for the 2011/2012 season that all current and prospective coaches need to be aware.

New CEP Requirements

Effective 9/1/2011, all coaches must enter USA Hockey's CEP at level 1 and must continue their education each year until, at a minimum, they achieve Level 3. A coach may attend only 1 certification clinic per year. Coaches who do not coach in continuous years must re-enter the program at the next level when they resume coaching responsibilities.

Once Level 3 is achieved, coaches must re-certify at that level every 2 years or move up to Level 4. Re-certification is not required at Level 4 or above (other than age specific training components). A coach whose Level 3 is due to expire must take the online Level 3 Recertification Track 1 curriculum (or they may move up to Level 4). Subsequent Level 3 re-certifications must certify at the Track 2 curriculum and then followed by Track 3. Coaches whose Track 3 Level 3 re-certification is due to expire must attend a Level 4 clinic prior to the expiration of their Level 3 certification. Coaches must complete the online re-certification program in order to re-certify their Level 3 CEP certification. Attending a clinic or workshop is no longer valid for re-certification.

In addition to the CEP training, coaches must also complete age-specific training components specific to the level of play they are coaching, if they have

not already taken that component. This requirement applies to all coaches at all levels. Coaches may complete more than one age-specific component in any given season.

Coaches that enrolled in CEP prior to May1, 2011, their entry into the new program will be at their current certification level. Level 1 and 2 must adhere to the new rules effective May 1, 2011. Coaches that obtained a Level 1 or Level 2 certification in the 2010/2011 season will have their certification expire on 12/31/11, in order to implement the new coaching requirements. Coaches at Level 3 must adhere to the new rules in the season their certification expires, with the exception of coaches that obtained a Level 3 certification in 2010/2011 season, in which case their certification will expire on 12/31/2012.

Below is the chart of the coaching requirements enacted by MAHA for all Michigan districts. These requirements must be met by all coaches by December 31 of the regular season.

For more information visit the [MAHA website](#).

Division	Class	CEP Level			
		1	2	3	4
Boys 8U	All	X			
Boys 10U	C,B,A, Tier II	X	X		
Boys 10U	Tier I	X	X	X	
Boys 12U	C,B,A, Tier II	X	X	X	
Boys 12U	Tier I	X	X	X	X
Boys 14U	C,B,A, Tier II	X	X	X	
Boys 14U	Tier I	X	X	X	X
Boys 16U	C,B	X	X	X	
Boys 16U	Tier I & II (A)	X	X	X	X
Girls 8U	ALL	X			
Girls 10U	ALL	X	X		
Girls 12U	ALL	X	X	X	
Girls 14U	ALL	X	X	X	
Girls 16U	Non-Nat'l	X	X	X	
Girls 16U	Tier I & II	X	X	X	X

2011/2012 KVHA Board of Directors

- [Tim Gilbert](#) - President
- [Jason Valente](#) - Vice President Hockey
- [Scott Staby](#) - Vice President Administration
- [Barry Paxton](#) - Treasurer
- [Alicia Urbain](#) - Secretary
- [John Maley](#) - Director, Travel Program
- [Brad Dedrick](#) - Director, House Program
- [Bob Kittridge](#) - Trustee
- [Len Pietila](#) - Trustee
- [Scott McLaren](#) - Trustee

Special Appointees (1 year term - non voting)

- [Mike Wainwright](#) - Director, Girls Program
- [Keith Schulz](#) - Equipment
- [Bruce Gray](#) - Communication & Membership Services

Other KVHA Staff

- Joann Palaian - KVHA Office Manager
- Norm Kawaelde - Referee Scheduler
- Matt Ronan - Bookkeeper

Kensington Valley Hockey Association

9864 E. Grand River Ave.
 Suite 110, #312
 Brighton, MI 48116
 (810) 229-6087
 email: kvha_hockey@scbglobal.net



Arena Information

Kensington Valley Ice House
 10540 Citation Dr.
 Brighton, MI 48116
 (810) 494-5555
www.kensingtonvalleyicehouse.com



TRIVIA CORNER

What is difference between Olympic & NHL Rinks?

The Olympic Hockey rink size is specified by International Hockey Federation rules, not NHL rules. The Olympic rink is 3000 sq ft larger than a NHL rink, with an 8 ft longer neutral zone and 6 ft smaller offensive zone. The overall length is the same (200 ft) but it is 15 ft wider (100 ft vs. 85 ft). Olympic size rinks are used in all countries except the U.S. and Canada. Proponents of the Olympic size rink say it emphasizes skating, positioning, and passing, whereas the proponents of NHL size rinks say it emphasizes quickness, stick handling, and more physical play. In the 2010 Winter Olympics held in Vancouver, BC, hockey was played on NHL size rinks, in order for the city to avoid having to build new ice facilities. Advantage U.S. & Canada? (Silver & Gold medalists, respectively)

