



## Newsletter – September 2011

*Volunteers make our association great, we thank you for your time.*

This off season The Detroit Lakes Youth hockey Association has embarked on many upgrades throughout the organization. Some renovations to the arena are already complete and many are set to be complete by the time we have ice in mid-October.

Recognizing the need to refurbish and replenish our existing uniforms, the Association has decided to purchase new jersey's for all levels of play from U10/ Squirts through the Bantams. The Jerseys will include both a home and away set that will update the aging and diminishing sets that were previously being used.

In order to protect this "new" investment a "REFUNDABLE" jersey deposit will be required this coming season. Prior to each levels first game, jersey's will be issued by the equipment managers. Each player will be required to submit a "REFUNDABLE JERSEY DEPOSIT" of \$50.00 that will be returned at the end of the season once the clean, laundered jersey is returned. If for any reason your issued jersey is lost or damaged during the season, contact one of the equipment managers ASAP.

Along with the purchase of the jerseys, matching team socks have been purchased for each player. The socks are in sets for home and away uniforms and will create a consistent uniform across the entire organization. The socks will be available for purchase prior to the teams first game at a price of \$15.00 for both pair, which the player can keep at the end of the season.

### **Team Manager Helps To Make the Season A Success**

*Please consider volunteering to be a team manager this year. A few things to keep in mind to be successful team manager*

#### **Organizational Skills Are Key**

By far the most important trait for any team manager is being organized, not only for yourself but for everyone involved with the team. Being organized will make for a successful, and sane, team manager.

#### **Have An Outgoing And Friendly Personality**

Team managers must be able to maintain personal relationships with not only the coaches and players, but the parents as well.

#### **Keep The Lines Of Communication Open:**

Avoid surprises by making sure that everyone is on the same page. No matter whether you use e-mail, cell phone or texting, getting the word out quickly and correctly to parents and players is vital.

#### **Stay Cool Under Pressure!**

**Remember – you are not alone.**

**The team manager coordinator will be there to help you along the way.**

**MARK YOUR CALENDAR!  
ANNUAL FUNDRAISER DINNER**

**FRIDAY, OCTOBER 28, 2011  
THE SPEAK EASY**

**Doors open at 5:30 pm  
Prime Rib Dinner starts 6:30 pm**

Full evening of raffles,  
Door prizes, and auction items !

All proceeds benefit the participants  
in the Detroit Lakes Youth Hockey Association

**GET YOUR TICKETS NOW!**

Check the website for contact information to  
purchase tickets.

This is our main fundraiser for the year,  
Come have a fun sendoff for the season!

### **DLYHA Concussion Screen**

The Detroit Lakes Youth Hockey Association in conjunction with Essentia Health – St. Mary's Sport Medicine Department will be sponsoring a pre-season concussion screening assessment. The Screening will be available to all youth ages 10 and up (U10 / Squirts thru Bantam's). Screening tests will be administered and scored by Athletic Trainers and Physical Therapists.

The Screening will involve several drills that assess the player's baseline balance, coordination and agility skills. The screening tests will serve as a baseline "healthy" score which, in the event of an incident involving head trauma, help determine if further medical intervention is indicated. The test also help track proper healing patterns after an incident and help determine appropriate time frames for return to sport clearance.

The tentative plan is to perform the screening for all competitive level skaters the first or second week of October. Depending on volumes and interest the plan is to perform one level (combined U10/U12 girls, squirts, pee wee, bantams) per night. Your child's participation is completely voluntary. No player is required to participate. The screening is being provided free of charge compliments of Essentia Health - St. Mary's Sports Medicine Department.

Any interested party should contact Chad Carlblom for further information and registration. Once final participation volumes are determined a final schedule will be distributed which will include times, dates and locations. Players must be registered by September 23<sup>rd</sup> with final scheduling information to be distributed by September 26<sup>th</sup>.

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