

LIFE TIME FITNESS TRAIL RUN - SERIES RACE #4
4.9 MILES
CARVER PARK, VICTORIA, MN SEPTEMBER 8, 2011 6:30 P.M.

Place	No.	Name	Age	Sex	City	State	Time	Pace
1	19	Kenneth Cooper	39	M	Eden Prairie	MN	28:52	5:54
2	26	Paul Donnelly	28	M	Minneapolis	MN	30:02	6:08
3	80	Pete Miller	42	M	Shorewood	MN	31:54	6:31
4	68	margaret Landberg	26	F	Minneapolis	MN	32:38	6:40
5	12	Mark Brose	43	M	Minneapolis	MN	32:44	6:41
6	114	Nate Schraan	27	M	Minneapolis	MN	32:50	6:43
7	175	Donald Peterson	41	M	New Brighton	MN	32:54	6:43
8	182	Erik Minge	43	M	Minneapolis	MN	33:15	6:48
9	115	Paul Serreyn	48	M	lakeville	MN	33:51	6:55
10	154	Austin Budlong	31	M	Hopkins	MN	33:59	6:57
11	150	Cole Chlouber	37	M	Minnetonka	MN	34:06	6:58
12	183	Robert Schuldt	38	M	Ramsey	MN	34:14	7:00
13	10	Chad Bjugan	38	M	Chaska	MN	34:21	7:01
14	81	Scott Miller	31	M	St Louis Park	MN	34:35	7:04
15	145	Emi Yasaka	34	F	Minneapolis	MN	34:53	7:08
16	181	Sharon Stubler	46	F	Minnetonka	MN	35:02	7:09
17	169	Madeline Harms	25	F	Minneapolis	MN	35:05	7:10
18	66	Kelcey Knott	37	M	chanhassen	MN	35:11	7:11
19	171	Dave Just	51	M	Chaska	MN	35:31	7:15
20	65	William Knight	40	M	Apple Valley	MN	35:40	7:17
21	78	Dan Maurer	40	M	Rogers	MN	35:45	7:18
22	167	Rick Trueman	45	M	Plymouth	MN	35:55	7:20
23	110	Diane Sacksteder	46	F	Eden Prairie,	MN	36:07	7:23
24	188	Daniel Summer	33	M	Minneapolis	MN	36:19	7:25
25	160	Eric Judycki	34	M	Minneapolis	MN	36:57	7:33
26	116	Brian Shipe	27	M	Eden Prairie	MN	37:46	7:43
27	170	Marty Kaye	50	M	Chaska	MN	37:59	7:46
28	189	Carl Kauppila	25	M	Cottage Grove	MN	38:24	7:51
29	106	Kevin Raasch	49	M	Edina	MN	38:36	7:53
30	55	Wade Jensen	37	M	Corcoran	MN	38:44	7:55
31	159	Tracy Serreyn	47	F	Lakeville	MN	38:58	7:58
32	192	Eyleen Braater	29	F	Prior Lake	MN	39:17	8:02
33	173	Anthony Steyermark	42	M	Minneapolis	MN	39:20	8:02
34	122	Steve Smillie	38	M	St. Paul	MN	39:24	8:03
35	161	George Vanderweit	43	M	Prior Lake	MN	39:25	8:03
36	143	Jake Wyant	40	M	Edina	MN	39:36	8:05
37	76	Carla Maas	30	F	Chanhassen	MN	39:58	8:10
38	73	Joshua Leventhal	29	M	Saint Louis Park	MN	40:00	8:10
39	165	Nate Pitner	32	M	Minnetonka	MN	40:04	8:11
40	172	Jeff Lerdino	40	M	Chaska	MN	40:09	8:12
41	119	Todd Sivertsson	42	M	Maple Grove	MN	40:14	8:13
42	148	Rick Stevens	49	M	Newport	MN	40:23	8:15
43	13	Allen Caldwell	32	M	Shakopee	MN	40:25	8:15
44	179	Mike Nixon	38	M			40:32	8:17

45	137	Tracy Wallace	42	F	Minneapolis	MN	40:40	8:18
46	112	Paul Scholder	39	M	Eden Prairie	MN	40:47	8:20
47	191	Lorena Byerly	47	F	St Paul	MN	40:55	8:22
48	166	Wayne Komarek	52	M	Circle Pines	MN	41:01	8:23
49	147	Michael Ludick	28	M	St Paul	MN	41:03	8:23
50	29	John Eiden	47	M	Chanhassen	MN	41:11	8:25

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Place	No.	Name	Age	Sex	City	State	Time	Pace
51	1	ryan abrahamson	34	M	eagan	MN	41:18	8:26
52	153	Bryan See	51	M	Eden Prairie	MN	41:27	8:28
53	82	Dan Mills	28	M	Minneapolis	MN	41:37	8:30
54	187	Jon Vick	30	M	St Anthony	MN	41:39	8:30
55	130	Ben Swarts	26	M	Eden Prairie	MN	41:58	8:34
56	174	Nathan Cormak	29	M	Shakopee	MN	42:17	8:38
57	101	Chris Pofert	51	M	Eden Prairie	MN	42:19	8:39
58	83	Sol Mirelez	61	M	Prior Lake	MN	43:30	8:53
59	109	Chris Sacksteder	43	M	Eden Prairie	MN	43:32	8:54
60	9	Michael Bethke	42	M	Chanhassen	MN	43:35	8:54
61	190	Bridget Kauppila	25	F	Cottage Grove	MN	43:38	8:55
62	15	Mark Chapman	43	M	Victoria	MN	43:40	8:55
63	48	David Herwig	39	M	Champlin	MN	43:41	8:55
64	6	Todd Bauer	47	M	Richfield	MN	43:52	8:58
65	44	Jeff Harris	46	M	Bloomington	MN	43:54	8:58
66	176	Tammy Kringo	38	F	Savage	MN	43:56	8:58
67	51	Robert Hoff	40	M	Brooklyn Park	MN	43:57	8:59
68	69	KRAE LAUSCH	45	M	victoria	MN	44:03	9:00
69	79	Marlee Meshbesh	52	F	Eden Prairie	MN	44:08	9:01
70	58	Gerald Johnson	54	M	BLOOMINGTON	MN	44:29	9:05
71	85	John Molnar	28	M	Bloomington	MN	44:31	9:06
72	92	Lynne Nelson	50	F	Eagan	MN	44:34	9:06
73	23	Jay Dellis	44	M	Richfield	MN	44:47	9:09
74	152	Cortney Minger	25	F	Victoria	MN	44:49	9:09
75	47	Paul Henninger	46	M	Waconia	MN	45:02	9:12
76	168	Jim Porath	58	M	Shoreview	MN	45:06	9:13
77	158	Chad Hiller	41	M	Minnetonka	MN	45:22	9:16
78	141	Melissa Wiczorek	39	F	Minnetonka	MN	45:32	9:18
79	164	Rick Kimmel	43	M	Waconia	MN	45:44	9:20
80	124	Karla Solum	27	F	Rothsay	MN	45:51	9:22
81	185	Suzanne Pfeifer	43	F	Minneapolis	MN	45:56	9:23
82	194	Danielle Coffield Ness		F	St Paul	MN	45:58	9:23
83	193	Kelly Ness	34	M	St Paul	MN	46:01	9:24
84	180	Alan Arlt	40	M	Minneapolis	MN	46:38	9:32
85	128	Dave Sullivan	42	M	Minneapolis	MN	47:07	9:37
86	45	Meaghan Harvey	32	F	Saint Paul	MN	47:16	9:39

87	125	Juli Stensland	41	F	Minneapolis	MN	47:19	9:40
88	20	Pamela Cutshall	57	F	Richfield	MN	47:22	9:40
89	129	joel Swanson	51	M	Richfield	MN	47:23	9:41
90	33	Nicole Flohr	27	F	Shakopee	MN	47:34	9:43
91	111	Clare Schmid	47	F	North Hudson	WI	47:41	9:44
92	155	Renda Capher	43	F	St Anthony	MN	47:45	9:45
93	18	Joyce Conley	57	F	Eden Prairie	MN	47:46	9:45
94	25	Lauren DeZellar	25	F	Eden Prairie	MN	47:56	9:47
95	151	Lisa Black	39	F	Eagan	MN	48:00	9:48
96	84	Brian Mitchell	37	M	Plymouth	MN	48:08	9:50
97	178	Andy Hart	32	M	Minneapolis	MN	48:34	9:55
98	4	Andy Anderson	50	M	Mound	MN	48:44	9:57
99	36	Matt Freund	35	M	Minneapolis	MN	48:52	9:59
100	157	Dina Carpenter	34	F	Minneapolis	MN	49:14	10:03

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101	24	Wendy Dellis	43	F	Richfield	MN	49:28	10:06
102	94	Michael Olsen	47	M	Savage	MN	49:29	10:06
103	131	Lutfi Tardia	34	M	CHASKA	MN	49:29	10:06
104	77	jason matz	39	M	Deephaven	MN	49:47	10:10
105	54	Daphne Immele	49	F	Minneapolis	MN	49:50	10:11
106	186	Marceleen Mosher	31	F	Minneapolis	MN	49:51	10:11
107	163	Michele Michelsen	25	F	Chaska	MN	50:16	10:16
108	98	Jessy Perzel	35	F	Lakeville	MN	50:25	10:18
109	89	Christopher Nelson	47	M	Eagan	MN	50:46	10:22
110	21	Ayesha Dawley	40	F	Eden Prairie	MN	51:25	10:30
111	113	sarah scholder	36	F	Eden Prairie	MN	51:27	10:30
112	38	Erica Gardner	38	F	Edina	MN	51:36	10:32
113	59	Rebecca Johnson	35	F	Edina	MN	52:29	10:43
114	177	Sheri Briggs	40	F	Savage	MN	52:52	10:48
115	62	Sharise King	35	F	Apple Valley	MN	53:07	10:51
116	156	Ben Chastek	31	M	Minneapolis	MN	53:46	10:59
117	63	Rebecca Kirk	40	F	Watertown	MN	53:54	11:00
118	118	Heidi Sipe	38	F	Rogers	MN	54:17	11:05
119	102	Lawrence Prine	42	M	Howard Lake	MN	54:22	11:06
120	8	Kate Benson	31	F	Minneapolis	MN	55:37	11:22
121	107	Judy Rangel	54	F	Stillwater	MN	55:48	11:24
122	184	Sue Scheemar	56	F	Lakeville	MN	56:06	11:27
123	42	Cindy Grindahl	47	F	St. Bonifacius	MN	56:41	11:35
124	70	Sheri Lechner	46	F	Savage	MN	57:18	11:42
125	91	Linda Nelson	52	F	Belle Plaine	MN	57:19	11:42
126	162	Stephanie Colehour	32	F	Waconia	MN	57:59	11:50
127	127	Jonathan Stone	38	M	Delano	MN	58:37	11:58
128	71	Leann Lehmann	48	F	Ramsey	MN	59:19	12:07

129	5	Dana Arvidson	40	F	Lakeville	MN	59:59	12:15
130	35	Jon Fredkove	36	M	Minnetonka	MN	1:02:50	12:50
131	149	Brooke Nelson	33	F	St Paul	MN	1:03:44	13:01
132	40	Jim Gladen	38	M	Victoria	MN	1:05:35	13:24
133	32	Mary Beth Fandel	57	F	Shorewood	MN	1:09:58	14:17