

MAHTOMEDI BASKETBALL ASSOCIATION

10,000 DRIBBLE, PASS & SHOT CLUB



In an effort to keep players focused on improving their basketball skills during the summer, the Mahtomedi Basketball Association is offering a special program that focuses on dribbling, passing and shooting for participants going in to grades K - 8. Participants will have an opportunity to earn a t-shirt and be entered into a drawing for one of five special prizes.

DETAILS

To earn a t-shirt, a participant must complete a combined 10,000 or more dribbles, passes or shots in July and August.

To be eligible for one of five special prizes, participants must complete 10,000 or more in each of the three categories.

Participants can do this at home, a park or wherever you can find a hoop to shoot.

Tracking actual numbers is not necessary. We suggest that parents time the player for each category. Count the number of shots completed within a five minute period and use this timed number to estimate future shots. The same applies for dribbling and passing.

Passing can be completed by laying on the ground and tossing the ball up and catching it, passing to another person, passing off a wall, or other effective means that would simulate a passing motion.

Participants must submit the attached tracking chart by September 1, 2011 in order to be eligible for the t-shirt or drawing.

T-shirts and special prizes will be awarded on September 17, 2011. Details to follow at a later date.

This is a self reporting program based on the honor system. All forms must be signed by both a parent and player.