

# FLHA/GDI PRE-TRYOUT GOALIE TRAINING



Hello to All of you; I hope that you have had a great summer and have continued to develop your athleticism. I and the entire Goalie Committee are excited to welcome you back for the beginning of the 2011 FLHA hockey season.

This year (as many of you are all ready aware of) there will be professional level training (provided by GDI) coming to Forest Lake. GDI is a leader in the development of goalies and we are very happy and excited to have them as a partner throughout the 2011-2012 season.

There will be Pre-Tryout training for ALL goalies that will be going through tryouts for FLHA. The training dates and times are listed below.

Saturday- 9/24 12:30 - 2:45 p.m. \* please note that this is a 2 hour session. (FL arena)

Wednesday- 9/28 5:00-6:00 p.m. \* Note that this is a 1 hour session. (FL arena)

All goalies that are going through tryouts are strongly encouraged to attend both sessions. These sessions will be conducted by the professional staff of Goalie Development Institute (GDI Minnkota) and are \*\*\*\*\*FREE\*\*\*\*\*.

**These pre-tryout training sessions were graciously donated by GDI and the ice time is graciously provided by the FLHA.**

I would strongly encourage all parents and anyone who knows they will be a goalie coach this year for the FLHA to attend and watch these sessions. I would also encourage that you take a moment to thank the great staff at GDI and the FLHA board for their generous donation of time and energy towards the development of our kids/association.

See you on the ice!

Respectfully,

Clint Letch and your entire FLHA Goalie Committee.

