



# Lakeland Hockey Association League Rules (updated August 2011)

## I. GENERAL RULES:

1. The League Rules may be amended, added to, or repealed by a majority vote of the Board of Governors at any meeting, provided there is a quorum present.
2. The rules of USA Hockey and M.A.H.A. concerning team officials, players, penalties, equipment, etc. shall apply to this organization unless specifically covered by the League rules.
3. The Association will pay No District, State, and National Tournament entry fees unless the Executive Board authorized prior approval for participation.
4. The registration form is a binding contract with the Association.

## II. TEAM AND PLAYER RULES:

1. Any player or parent who willfully gives false information in connection with their registration for a team shall be suspended for the current season. The same shall apply to any player who signs their parents name on the registration form.
2. There will be a player registration fee set by the Executive Board on a seasonal basis, and shall be non-refundable.
3. Any player desiring to play in a division above his/her appropriate age division must file a "Play Up" request by March 1<sup>st</sup> of the previous season.
4. Any player found playing without a valid player registration form, shall be declared ineligible until such form is properly filed. Any coach knowingly playing an in-eligible player shall face suspension.
5. A Head Coach may suspend any player from his team for one game, due to detrimental behavior on or off the ice. (In absence of Head Coach, Assistant Coach assumes power.) Suspension of a longer duration will be reviewed and approved by the Association Executive Board. All suspensions by team coaches must be reported to the Associations' Third Vice President - House, or the First Vice President – Travel designee within 72 hours for review and a record made thereof.
6. Lakeland travel coach does have the ability to cut a player for any reason up to December 1<sup>st</sup>. The said player does have the option to skate in the house program, if there is availability in the corresponding division. No coach can solicit or coerce an established player from an organized house team to make room for said player after December 1<sup>st</sup>.
7. Any player found defacing, destroying, or attempting to destroy any equipment; furniture or facilities in or around any arena will face suspension from the Association.
8. When ice is being resurfaced between skating sessions, no player shall step on the ice until after the resurfacing machine has left the ice surface and the rink attendant has signaled to take the ice.

- a. No player shall be allowed on the ice surface without direct adult supervision.
- b. Any person under the age of 18 (excluding game officials) **MUST** wear an HECC approved helmet with protective facemask.
- c. The ingress/egress door(s) from the locker room areas to the ice surface must remain closed while the ice is being resurfaced.

9. Equipment:

- a. It shall be mandatory that the following equipment be worn by players in league games, exhibition games, practices, and sanctioned tournaments or any time on the ice that pertains to hockey.
  - i. HECC approved helmet with protective face mask
  - ii. Hockey gloves
  - iii. Shoulder pads
  - iv. Shin guards
  - v. Athletic supporter (w/cup)
  - vi. Hockey pants
  - vii. Elbow pads
  - viii. Colored mouth guard (Squirt division and up)
  - ix. All goalies must wear protective throat guards
  - x. Any other equipment covered by MAHA rules
- b. All LHA in-house players must wear a protective foam neck collar (cervical type). It is hereby recommended that all players wear this equipment.

10. Travel

- a. A maximum of two (2) travel teams per age classification may be offered in the Squirt "A" through Midget "AA" divisions each year subject to the following stipulations:
  - i. The number one (1) travel team will be known as the Lakeland Hawks. The number two (2) travel team will be known as the Lakeland Falcons.
  - ii. A direct conflict of interest does not exist between the Hawks and Falcons.
  - iii. If there are not enough players to support a house or Falcons team, the Executive Board shall withdraw the Falcons team from that division.
  - iv. The Board of Directors may choose not to offer a team in any classification when it is in the best interest of the Association.
- b. All applications for Travel Coaching positions must be received no later than January 15th of each year for consideration.

- i. The travel coach will be named for the upcoming season at the February Board of Governors meeting. It will be his/her decision as to whether they would like to compete for the spring season. If the spring season applies, tryouts ads will be selected and paid for by the individual team.
    - c. Tryouts preference will be given to the Hawks as the number one (1) travel team. The Hawks must complete their tryouts no later than July 24th. The Falcons must complete their tryouts after the Hawks and before the fall house draft. The following restrictions will apply:
      - i. Any dealings with the dismissal of a player see #6 in Team and Player rules.
      - ii. Each team must hold fall tryouts, before the LHA House draft. Tryout dates will be coordinated thru the VP of Travel by the Travel Coaches. To avoid conflict the Hawks must conduct their tryouts before the Falcons. The Falcons must conduct their tryouts before the house draft.
      - iii. Advertising of these tryout dates in the appropriate papers will be the joint responsibility of the LHA Executive Board and Travel coaches.
      - iv. After tryouts are completed no coach on the Hawks or the Falcons may recruit, solicit, encourage, or anyway influence a player to leave their current LHA Travel team to join their team.
      - v. According to MAHA, each team will compete and abide by A or AA policies and principles, whichever classification applies.
      - vi. Where discrepancies or conflicts may arise the Executive Board has the final authority in determining resolution.
    - d. All travel teams representing Lakeland Hockey Association will skate under the same colors and style of equipment regardless of sponsor. Teams not complying with this rule will be considered as an independent non-member team and shall not have any affiliation with the Lakeland Hockey Association.
      - i. Jersey style shall be determined annually by the Executive Board. Home jerseys shall be white trimmed with red and blue. Away jerseys shall be blue trimmed with white and red.
      - ii. The Lakeland Hawks and Falcons shall wear a white helmet..
      - iii. Pants shall be navy blue, and gloves shall be blue, red, white, or a combination of blue, red, or white.
    - e. Any of the remaining Lakeland Hockey Association rules and regulations not specifically stated as travel or house will apply to all teams.
11. The LHA Executive Board shall establish specifications/requirements for House Game Jerseys. These specifications/requirements shall be approved by a majority vote of the Board of Governors.
- a. All Lakeland Hockey Association House Teams shall skate under the same colors. Home Jerseys shall be White trimmed in Red and Navy. Away Jerseys shall be Navy trimmed in White and Red
  - b. The Front shall bear the Current Lakeland Hockey Association Crest. A small patch/silk screen bearing the team logo/name/sponsor may be placed on the front of the Jersey.
  - c. The player name may be placed on the back of the jersey centered above the player number

12. All rosters shall consist of the following

- a. House teams participating in the U8 and U6 program shall be limited to no more than 12 players per team.
- b. House teams participating in Squirts, Pee Wees, Bantams, and Midgets shall consist of a minimum of 12 players and a maximum of 16 players with the only exception being if there are two (2) goalies, then there would be 17.
- c. Prior to the league draft and with Executive Board approval the maximum player per team in all divisions may be increased by no more than 1 player over the listed maximum for that division.

13. All teams shall be precluded by Lakeland when registering teams, i.e., Lakeland Hawks, Lakeland Falcons, Lakeland ..., etc.

### **III. HOUSE LEAGUE (Non-LCAHL teams):**

1. To determine the Association Representative of the MAHA District Playoffs. Specific to Squirt, Pee Wee, Bantam, and Midget divisions who participate in non LCAHL league play.
2. Teams must satisfy the MAHA game play specifications in order to be eligible for District Playoffs. No more than two (2) teams, in each division will represent LHA in the District Playoffs. Number of teams entering to be submitted by the MAHA deadline for that season.
3. All costs and entry fees associated with Districts will be the responsibility of the team attending.
4. Any team qualifying for Districts and electing to not attend must do so in writing to the House-VP by December 15th. In the event that a team declines to attend the next qualified team will become eligible.
5. Selection of teams will be determined based solely on league play and after each team plays all other LHA teams in their division an equal number of times before Dec. 22nd. The points accumulated from these games (2 for win, 0 for loss, and 1 for tie) will determine the district participants. Any team playing more league games than any other team will only have their equal games counted. An example being if team "A" plays 3 league games while teams "B" – "E" all play 2 league games. Team "A" will only be allowed to count game 1 and game 2 for district determination.
6. In the event a game is cancelled due to weather, rink closure, or circumstances beyond LHA or Lakeland Arena's control, and cannot be rescheduled before Dec. 22nd district participants will be determined by using winning percentage (points earned divided by points possible) of eligible games.
7. Teams who do not show up for scheduled games will forfeit their district eligibility provided that the game cannot be rescheduled and played before Dec. 22nd. In the event teams cannot agree on a reschedule date, the House Director will assign the date no later than Dec 22nd, or rule the no-show team in-eligible. In all cases the no-show team will be responsible for all cost relating to rescheduled game including any additional ice and referee costs.
8. If a team is subject to a no-show by another team and the game cannot be rescheduled and played before Dec. 22nd then the process for determining district participants will defer to winning percentage, if this creates an uneven number of games played in the division. Note: In all cases, games rescheduled after the Dec. 22nd will be counted towards the normal LHA league standings.
9. If two or more teams have an equal number of points (or percentages), their position in the standings will be determined by the following formulas (the tie must be broken as to all teams tied at that level). The results of the game(s) played between the teams tied in the following order:

- a. Points acquired in games played between tied teams - Head to Head. (Does not apply if 3 or more teams are tied).
  - b. Largest goal differential in these games. Subtract Goals Allowed from Goals Scored.
  - c. Lowest number of Goals Against in these games.
  - d. Least Amount of Penalty Minutes in these games.
  - e. Coin flip (if 2 teams) or draw from hat (if 3 or more teams)
10. Once a team(s) breaks the tie, the team(s) is selected and the process will restart with the remaining tied teams (if applicable).

### **III.5 HOUSE LEAGUE (LCAHL Teams):**

1. To determine the Association Representative of the MAHA District Playoffs. Specific to Squirt, Pee Wee, Bantam, and Midget divisions who participate in Little Caesars Amateur Hockey League (LCAHL) league play.
2. Teams must satisfy the MAHA game play specifications in order to be eligible for District Playoffs. No more than two (2) teams from each division will represent LHA in the District Playoffs. Number of teams entering to be submitted by the MAHA deadline for that season.
3. All costs and entry fees associated with Districts will be the responsibility of the team attending.
4. Any team qualifying for Districts and electing to not attend must do so in writing to the House-VP by December 15th. In the event that a team declines to attend the next qualified team will become eligible.
5. Selection of teams will be determined based on LCAHL divisional record as of Dec 22nd. The LHA team with the highest winning % in each LCAHL division will be eligible for districts. Eligible teams must have a .500 winning percentage or greater to advance. If all LHA teams within the same LCAHL division do not have a .500 winning percentage then all teams will be considered ineligible. In this case a second team within a division with the next highest winning percentage greater than .500 will be eligible to attend.
6. If there are three (3) or more LCAHL divisions with Lakeland teams eligible then only the top 2 overall LHA teams (based on Win % as of Dec 22nd) across all LCAHL Divisions will qualify.
7. If two or more teams have an equal winning percentages, their position in the standings will be determined by the following formulas (the tie must be broken as to all LHA teams tied at that level). The results of the game(s) played between the teams tied in the following order:
  - a. Points acquired in games played between tied teams. Head to Head. (Does not apply if 3 or more teams are tied).
  - b. Largest goal differential in these games. Subtract Goals Allowed from Goals Scored.
  - c. Lowest number of Goals Against in these games.
  - d. Least Amount of Penalty Minutes in these games.
  - e. Coin flip (if 2 teams) or draw from hat (if 3 or more teams)
8. Once a team(s) breaks the tie, the team(s) is selected and the process will restart with the remaining tied teams (if applicable).

#### IV. ASSOCIATION TRAVEL TEAMS

1. Each travel team from each division will represent the Association in District Play downs. In the event that there are two (2) travel teams in the same classification, and it is permitted by MAHA and District 4, each team will be allowed to represent Lakeland in the District Playoffs, with the maximum being two (2) teams.
2. In the event that there are two (2) teams in the same classification and MAHA / District 4 will only allow one (1) team to participate as the District Representative, then a playoff will determine the District Representative.
  - a. Each team shall supply ice and officials. If necessary, the third game shall be divided and paid for by the two teams evenly.
  - b. For tied games, the above procedure (see Internal and External House Leagues) will be followed.
  - c. The above mentioned playoffs shall be completed by January 10<sup>th</sup> of that said season.
3. The designated Head Coach in each travel division, of all travel teams, will have equal opportunities at the first choice of players.

#### V. ASSOCIATION COACHES AND MANAGERS RULES

1. All head Coaches are recommended for appointment by the Coaches Selection Committee. The Head Coach appoints assistant coaches and managers. All appointments must be in good standing with LHA, MAHA, and USA Hockey.
2. Any member desiring to be a Head Coach must submit their application to the Coaches Selection Committee by the designated date.
3. The staff of a team will consist of three (3) team officials: one Head Coach, one Assistant Coach, and one Manager. The spouse of the Head Coach shall not be the team Manager. The Head Coach may appoint additional Assistant Coaches for game situations and practices (subject to Executive Board approval). No more than four (4) team officials are to be in the bench area at game time.
4. All Head Coaches are responsible for all team jerseys and other Association equipment. They shall be responsible for collecting all issued equipment at the end of the season. It is **MANDATORY** that all LHA jerseys and equipment be returned to the designated Association Equipment Manager by March 31<sup>st</sup> of each year, unless arrangements are made with the LHA 2<sup>nd</sup> Vice President.
5. Team finances:
  - a. All Head Coaches are responsible for team finances.
    - i. All team finance accounts must be with Genisys Credit Union with the LHA treasurer being a signer on said accounts. If a treasurer has not been appointed, then the signer will default to the President.
    - ii. Teams shall submit by the 20th of each month an accounting of revenue received and a reconciled bank statement showing expenditures made by the team during the past calendar month and provide an account balance to each team or parent/guardian of each team member.
    - iii. All house accounts must be reconciled at the end of the season with a \$15.00 balance remaining in the account (\$10 in checking, \$5.00 in Savings). Any monies over the \$15.00 balance at the end of season shall be disbursed equally among all

team members or donated to the Lakeland Scholarship and/or Hardship fund by a majority vote of the team. Any monies over the \$15.00 balance that remain in the account after April 15th will automatically be forfeited to the Association's Scholarship and/or Hardship fund.

- iv. House teams may collect extra funds from parents to pay for extra tournaments etc. The maximum teams may collect without Executive Board approval is \$250 per player per year. Teams who wish to collect above \$250 per year may submit a request in writing to the Board at least 48 hours prior to the next scheduled Executive Board meeting for approval. The request should specify the amount, reason and team parent voting results (number of votes For and number of votes Against the extra amount).
6. All Head Coaches will be required to attend Lakeland Hockey Association coaches meetings and/or schools. Participation in the USA C.E.P. program is mandatory.
  7. All teams are to participate in all Association fundraising activities.
  8. There is to be NO smoking or other use of tobacco in the locker rooms or in the bench area by anyone.
  9. Profane language shall be grounds for suspension.
  10. Complaints from or about team officials shall be submitted in writing to the Rules and Conduct Committee as designated by the Executive Board.
  11. Each coach shall report any game misconduct penalties received by himself or any other official of his team or player of his team to the appropriate Vice President (Travel Division is 1st VP and House Division is 3rd VP). This must be done within 48 hours of the incident.
  12. The Rules and Conduct Committee will review all game misconducts received by any team official. That official may be called to appear at the next regular Executive Board meeting for further consideration relative to the ejection.
  13. Any team official may be suspended for conduct on or off the ice by the following procedure.
    - a. Complaints should be submitted in writing to the Rules and Conduct Committee.
    - b. The Rules and Conduct Committee will investigate the complaint and based on their findings may take recommendations for suspension to the Executive Board.
    - c. The team official will be notified of the recommendation for suspension and a hearing date will be set between the official, the Rules and Conduct Committee, and the Executive Board.
    - d. After hearing from both parties, the Executive Board shall render a decision.
  14. A Travel Head Coach can recruit any house player, if and only if circumstances outlined in II,6 (page 2) are applied, by using the procedure below:
    - a. The travel team Head Coach must contact the Association's Registrar, the division's Vice-President of that player and team, and express his/her interest in the house player moving up.
    - b. The Vice-President will arrange a special meeting between the house player/parent, the Travel Head Coach, House Coach, and the Association's Registrar to discuss the details of the move.

## VI. DRAFT COMMITTEE

1. The Draft Committee will be comprised of the Association Registrar and two (2) Executive Board members. Their primary function will be to ensure that all house teams are drafted equally and will be competitive with one another. Once teams are set there will be no adjustments or realignment of players by either coaches or parents' requests.

## VII. HOUSE EVALUATION AND DRAFT

1. Existing House Players
  - a. Each head coach is required to complete a "Skill Report Card" for each player on their team by the end of February. This score ranked from 0 (low skills) to 5 (high skills) will make up 50% of the player's final evaluation ranking for the following season. The use of decimals is acceptable. The skill ratings are used for player evaluations only and will not be shared with players and/or parents.
  - b. During the month of March an impartial board member will schedule and mediate a round table discussion between divisional coaches to review the Skill Report Card rating. The coaches' score will be final if there are no protests. A majority agreement between coaches is required on any disputed player's final rating. In the event a majority agreement can not be reached the board member will have tie breaking authority. The board member will collect all final rating sheets from each coach. These will be placed into a sealed envelope and given to the league Registrar. Evaluation scores are now considered final and can't be changed.
  - c. Existing LHA house players planning to play in the upcoming season will be required to attend (2) structured evaluation skates lasting 60 minutes each. These will take place within the final 45 days of the existing season. Standardized evaluation forms will be provided to coaches.
  - d. Players wishing to play goalie must declare their intent on the registration form and must attend the goalie evaluation skate. This will be a single evaluation skate that will allow their skills as a goalie to be evaluated.
  - e. With the exception of Midgets and Mini Mites, coaches will be called upon to rate divisions other than the one they will coach the following season. A coach will not be able to rate players they could potentially coach the following season. A sample format may follow
    - v. Mini Mite players will be evaluated by Mini Mite coaches.
    - vi. Mite players will be evaluated by Squirt coaches
    - vii. Squirt players will be evaluated by Pee Wee coaches.
    - viii. Pee-wee players will be evaluated by Bantam coaches.
    - ix. Bantam players will be evaluated by Midgets coaches and if needed coach volunteers.
    - x. Midget players will be evaluated by coach volunteers.
  - f. Players will be evaluated and compared against other players from their birth year only. Coaches will not compare a first year player with the skills of a second year player.
  - g. Evaluation scorecards will be completed by each coach and turned into the Registrar after the final evaluation skate. Players will be rated on a scale of 0 (low skills) to 5 (high

skill level). Decimal scores are acceptable. The final ratings are used for player evaluations only and will not be shared with players and/or parents.

- h. The Registrar will combine the evaluation scores from all the coaches for each player and average them together. The average of the evaluation score and the skill report card will be used to obtain the players final rating that will be used in the upcoming season draft. Each player's final score will be calculated to the tenth decimal place (i.e. 4.0 or 3.2).

## 2. New House Players

- a. House evaluations for new house players wishing to play in the upcoming season will take place during the month of August.
- b. Coaches will be called upon to evaluate their own division. Coaches will be scheduled to execute on-ice drills for divisions other than their own.
- c. Standard evaluation forms will be provided by the Association to be used by all coaches. Players will be evaluated from 0 (low skills) to 5 (high skill)
- d. Evaluations will consist of a maximum (2) sessions for Mites through Midgets. These sessions will be determined based on the number of new players who have registered for the upcoming season.
- e. New players wishing to play goalie must declare their intent on the registration form and must attend the goalie evaluation skate. This will be a single evaluation skate that will allow their skills as a goalie to be evaluated.
- f. All Head Coaches must meet immediately following the final evaluation to arrive at a final rating for each player. These final ratings will be submitted to the LHA Registrar prior to the draft.

## 3. All House Players

- a. A tune-up skate will be provided after the completion of the August ratings for new house players. This will be an on-ice organized session that has no weighted score toward a players final evaluation score. Its only intent is to allow coaches a final opportunity to review and identify players they would consider in a draft
- b. Any player not able to participate in the scheduled evaluation skates in March or August must inform the Registrar of their intent to play. A reasonable effort will be made to evaluate and place all players.
- c. Any member or coach, who has special requests, must submit them in writing to the LHA Registrar before the final evaluation for that division takes place. A reason for such a request must be stated. Only requests that conform to equality and fairness for the members of the Association will be considered. Absolutely NO REQUEST will be taken after the draft procedure commences.
- d. Any rules that pertain to a certain draft will be contained and stated in our Association's sub-rules which are set seasonally, by the Registrar.
- e. The draft procedure is voted on annually by the house coaches at the Coach's meeting in August. The procedure will be explained before entering the draft room.

## **VIII. DRAFT COMMITTEE PROCEDURE**

1. A member of the Draft Committee will sort the evaluation cards into two (2) separate piles.

- Each pile would then be arranged numerically from high to low. The cards would then be dealt out in the following manner:

Example: Five teams in the division and 50 players in each year. Player 50 is the highest ranked player in their division/year. Player 1 is the lowest.

Second Year Players:

Team 1	Team 2	Team 3	Team 4	Team 5	
50	49	48	47	46	(rd 1)
41	42	43	44	45	(rd 2)
40	39	38	37	36	(rd 3)

....and so on until all cards have been dealt.

First Year Players

Team 1	Team 2	Team 3	Team 4	Team 5	
50	49	48	47	46	(rd 1)
41	42	43	44	45	(rd 2)
40	39	38	37	36	(rd 3)

....and so on until all cards have been dealt.

- A member of the Draft Committee will make sure every team has at least one (1) goalie. Provided there are enough goalies in that division.
- The Association's Registrar will then total each teams pile to make sure all teams have as close an average as possible to each other, so as to have equally balanced teams.
- The Association's sub-rules will be addressed if the need arises.

## **IX. COACHES DRAFT PROCEDURE**

- Only Head Coaches are allowed to draft. In the event of an emergency, special consideration will be given by the LHA Registrar for a replacement.
- Head Coaches will then pull numbers to see who will go first, second, etc.
- The cards will be dealt out in the following manner:
  - A window of two (2) times the number of teams in that division will be displayed on the table. Starting with the 2<sup>nd</sup> year players, the highest to the lowest cards will be chosen in a left to right "S" pattern until all the cards are picked.
  - The same procedure will be done with the 1<sup>st</sup> year players.
- A member of the Draft Committee will make sure every team has at least one (1) goalie. Provided there are enough goalies in that division.
- The Association's Registrar will then total the coach's piles to make sure all teams have as close an average as possible to each other, so as to have equally balanced teams.

## X. PLAYERS REGISTERING LATE

1. Players registering after the House Draft must be evaluated and rated by a majority of the coaches in that division. The Registrar, upon receiving the rating, will then place the player(s) on the appropriate team(s).
2. Players registering after the house draft and have a valid evaluation score (see Section X rule #1) will be added to teams, by the league registrar, on or near the 15th and 30th of each month.

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 Mike Calcaterra, President	<u>August 8, 2011</u> Date
 Brad Martin, Executive President	<u>August 8, 2011</u> Date
 Heather Tarpenting, League Secretary	<u>August 8, 2011</u> Date



# Lakeland Hockey Association Mini Mite and Mite Division Rules

## I. PHILOSOPHY

The LHA Mite and Mini Mite division is instructional in nature. The emphasis is to be placed on skill development and fun. The importance of winning and losing hockey games is to be de-emphasized. Positive reinforcement should be used at all times. Sportsmanship should be taught. Officials are to be respected. Coaches must make every effort for games to be as even as possible in regards to line matching, although this cannot always occur (due to absenteeism, etc.). Coaches MUST make every effort to educate players and parents of this philosophy.

## II. OVERVIEW:

Lakeland Hockey Association has fully implemented the ADM (American Development Model) practice model and the USA Hockey Red, White, and Blue game format for our 2011 - 2012 Mini Mite and Mite Divisions.

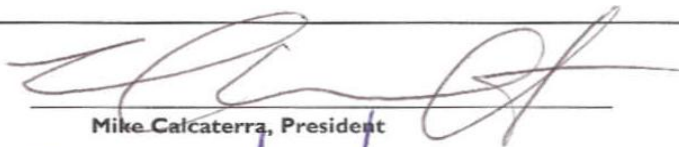
Mini Mites and Mite games are entirely restricted space game format (no exception). Any visiting team who is playing within Lakeland arena must adhere to these rules and follow the cross/half ice format as defined within these rules. Any Lakeland team classified as an ADM team and travels outside of Lakeland arena must adhere to cross ice/ half ice game format. At no time may a Lakeland team classified as an ADM team play full ice games.

This document is intended to provide the guidelines and rules for Red White and Blue restricted space hockey played at Lakeland. These rules are not optional and coaches should not deviate from this format without prior written approval from the Executive Board of Directors. Any team visiting are expected to follow this format and the rules outlined by Lakeland Hockey Association. Referees have been informed to run games in this way.

## II. PLAYING RULES AND PROCEDURES

- There will be a maximum of two games running at the same time on opposite ends of the ice. The same game clock will be used for both games. No scores will be posted on the electronic scoreboard, only time.
- Where available scores may be kept manually by the teams through the use of other media.
- Both games will have one Ref / Official on the ice for a specific game.
- During cross ice games the center ice area (between the two blue lines) is a transition and warm up area. This area will allow the players to rest if needed, setup puck handling drills for those who don't. The idea is to have no players standing idle for the entire hour.
- When the zamboni exits the ice surface and the doors are closed a 5 minute warm-up period will begin. This will be used to for coaches to setup the playing area and get their team ready to start the game.

- Games will consist of two (2) eighteen minute running time periods with a 1 minute break in between periods.
- Individual shifts are 90 seconds in duration. The buzzer will sound after each 90 second shift and the clock will stop for 15 seconds allowing players to change. During the 15 second change the official will retrieve the puck and proceed to "center half ice". The timekeeper will start the clock at the 15 second mark to start each shift regardless if players are lined up or not.
- In the event of an injury the clock will stop when the official blows the whistle. This does not extend the curfew clock.
- Home team coach has line change responsibilities, i.e., he informs the opposing coach of his/her lines prior to the game, and indicates such on the score sheet.
- Players will be divided into multiple lines depending on team size. Both head coaches must agree to the number of players per line at the start of the game. Options are 5 on 5, 4 on 4, or in extremely rare cases 3 on 3
- Team lines will compete against the opposing team based on comparable skill level. The top skilled players will be on the RED LINE. The third line will be the BLUE LINE consisting of the teams WEAKEST players. The second, or middle, line will be the WHITE LINE consisting of the players that fall into the MIDDLE category in ability. The WHITE LINE is also the "fill" line in case of absenteeism.
- In the event that the head coaches cannot agree on the placement of the five weakest players on each team, then each head coach will designate the opposing teams' five weakest players.
- Where team size only allows for 2 lines we will utilize a RED and Blue line format.
- Every effort must be made to rotate players through the fill line to insure fairness for all players. Coaches who fill down into the White line must fill up into the White line the following shift.
- Players can switch between lines from week to week based on the coach's discretion.
- When a goal is scored, the referee will retrieve the puck and drop it at center ice as quickly as possible.
- There are no coaches allowed on the playing surface. Only Referee and players.
- Teams will only dress one goalie per game. Each player should be given the opportunity to play goalie rotating through all players.
- There are no penalties but infractions will be pointed out by the Referee and coaches are expected to manage accordingly to teach players the proper conduct of play.
- There will be no standings or statistics kept, recorded, or published.

  
 Mike Calcaterra, President


August 8, 2011

Date

  
 Brad Martin, Executive President

August 8, 2011

Date

  
 Heather Tarpenny, League Secretary

August 8, 2011

Date