

LIFE TIME FITNESS TRAIL RUN - SERIES RACE #3
3.1 MILES
FRENCH PARK, PLYMOUTH, MN AUGUST 25, 2011 6:30 P.M.

Place	No.	Name	Age	Sex	City	State	Time	Pace
1	67	Chase Higgins	26	M	Minneapolis	MN	19:10	6:11
2	262	Will Nielson	21	M	Richfield	MN	19:15	6:13
3	63	Cole Hendrickson	19	M	St. Louis Park	MN	19:51	6:25
4	48	Bryan Frye	41	M	Minneapolis	MN	20:07	6:30
5	210	Scott Bosch	35	M	Robbinsdale	MN	20:48	6:43
6	19	Mark Brose	43	M	Minneapolis	MN	20:56	6:46
7	114	John Molnar	28	M	Bloomington	MN	21:03	6:48
8	232	Jake Bauer	17	M	Richfield	MN	21:10	6:50
9	247	Erik Minge	43	M	Minneapolis	MN	21:11	6:50
10	163	Paul Serreyn	47	M	lakeville	MN	21:12	6:51
11	214	Donald Peterson	41	M	New Brighton	MN	21:14	6:51
12	254	Kara Peterson	41	F	St Paul	MN	21:19	6:53
13	84	Jon-Karl Klietsch	39	M	Saint Louis Park	MN	21:20	6:53
14	115	Quinn Montgomery	37	M	Maple Grove	MN	21:23	6:54
15	231	Robert Schuldt	37	M	Ramsey	MN	21:39	7:00
16	234	Jim Keegan	44	M	Plymouth	MN	21:42	7:00
17	253	Tom Peterson	45	M	St Paul	MN	21:44	7:01
18	110	Scott Miller	31	M	St Louis Park	MN	21:47	7:02
19	113	julie mocadlo	28	F	minneapolis	MN	21:48	7:02
20	44	Dan Frechette	41	M	Lakeville	MN	21:55	7:05
21	224	Bobby Stoffel	23	M	Minneapolis	MN	21:57	7:05
22	104	Dan Maurer	40	M	Rogers	MN	22:14	7:11
23	248	Doug Wiesner	53	M	Eden Prairie	MN	22:20	7:13
24	17	Chad Bjugan	38	M	Chaska	MN	22:28	7:15
25	52	Tony Gorman	37	M	Woodbury	MN	22:38	7:19
26	990	No NAME					22:55	7:24
27	85	William Knight	40	M	Apple Valley	MN	22:57	7:25
28	76	Doug Johnson	54	M	Minneapolis	MN	23:07	7:28
29	167	Daniel Simmer	33	M	Minneapolis	MN	23:09	7:29
30	165	Brian Shipe	27	M	Eden Prairie	MN	23:10	7:29
31	227	Eric Ealy	43	M	Crystal	MN	23:12	7:30
32	221	Dave Just	51	M	Chaska	MN	23:20	7:32
33	258	Chris Fryman	34	M	Minneapolis	MN	23:22	7:33
34	196	Emi Yasaka	34	F	Minneapolis	MN	23:22	7:33
35	260	Chris Scotch	34	M	Minneapolis	MN	23:23	7:33
36	209	Mark Bontrager	40	M	Robbinsdale	MN	23:35	7:37
37	158	Diane Sacksteder	46	F	Eden Prairie,	MN	24:07	7:47
38	111	Dan Mills	28	M	Minneapolis	MN	24:16	7:50
39	72	Scott Huston	47	M	Golden Valley	MN	24:31	7:55
40	53	Joe Grinnell	44	M	Eden Prairie	MN	24:39	7:58
41	172	Steve Smillie	38	M	St. Paul	MN	24:48	8:00
42	263	Drew Swanson	20	M	Richfield	MN	24:55	8:03
43	119	don nathan	53	M	new york	NY	24:55	8:03
44	211	Tracy Serreyn	47	F	Lakeville	MN	24:59	8:04

45	101	Michael Loop	32	M	Plymouth	MN	25:07	8:07
46	124	Jody Nelson	47	F	Coon Rapids	MN	25:10	8:08
47	230	Rob Miller	41	M	Savage	MN	25:12	8:08
48	137	Glenn Peterson	41	M	Minneapolis	MN	25:14	8:09
49	244	Paul Marzynski	50	M	Maple Grove	MN	25:16	8:10
50	144	Sean Pula	36	M	Chaska	MN	25:18	8:10

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51	68	Bob Hoad	36	M	Savage	MN	25:19	8:10
52	259	Matt Grzechowski	23	M	Ricfield	MN	25:20	8:11
53	153	Heidi Robb	44	F	Maple Grove	MN	25:24	8:12
54	245	Richard Gooley	44	M	Minneapolis	MN	25:27	8:13
55	177	Tony Steyermark	42	M	Minneapolis	MN	25:45	8:19
56	235	Sarah Berseth	30	F	Minneapolis	MN	25:46	8:19
57	21	Allen Caldwell	32	M	Shakopee	MN	25:48	8:20
58	222	Bryan See	51	M	Eden Prairie	MN	25:50	8:20
59	94	Jason LaPlant	32	M	Minneapolis	MN	25:53	8:21
60	89	Thomas Kunau	52	M	St. Paul	MN	26:03	8:25
61	22	Allison Carolan	27	F	Minnetonka	MN	26:06	8:26
62	116	Matthew Moore	34	M	Minneapolis	MN	26:07	8:26
63	189	Tracy Wallace	42	F	Minneapolis	MN	26:12	8:28
64	102	Carla Maas	30	F	Chanhassen	MN	26:14	8:28
65	228	Thomas O'Leary	54	M	Circle Pines	MN	26:17	8:29
66	176	Rick Stevens	49	M	Newport	MN	26:20	8:30
67	243	Lorena Byerly	47	F	St Paul	MN	26:22	8:31
68	90	Ryan Lakeman	33	M	Plymouth	MN	26:24	8:31
69	86	Wayne Komarek	52	M	Circle Pines	MN	26:27	8:32
70	38	John Eiden	47	M	Chanhassen	MN	26:30	8:33
71	183	Ben Swarts	26	M	Eden Prairie	MN	26:36	8:35
72	16	Steven Bishop	40	M	Rosemount	MN	26:37	8:36
73	32	Leighton Deer	32	M	Apple Valley	MN	26:40	8:37
74	65	Neil Hetherington	50	M	Eagan	MN	26:57	8:42
75	215	Annie Olson	40	F	Edina	MN	26:59	8:43
76	56	Ryan Hamilton	31	M	St Paul	MN	27:06	8:45
77	261	Mike Nixon	38	M			27:09	8:46
78	217	Denae Schuldt	31	F	Minneapolis	MN	27:10	8:46
79	15	Michael Bethke	42	M	Chanhassen	MN	27:15	8:48
80	100	Joshua Leventhal	29	M	Saint Louis Park	MN	27:34	8:54
81	216	Ben Severtson	32	M	Independence	MN	27:36	8:55
82	201	Ben Boucher	13	M	St Cloud	MN	27:38	8:55
83	206	Jon Knutson	35	M	Plymouth	MN	27:44	8:57
84	82	stan king	53	M	st paul	MN	27:49	8:59
85	142	Chris Poferl	51	M	Eden Prairie	MN	27:54	9:00
86	73	Mike Jarjoura	40	M	Plymouth	MN	27:54	9:00

87	79	Tobin Johnson	39	M	Plymouth	MN	27:54	9:00
88	238	Bill Parkert	43	M	Hastings	MN	27:54	9:00
89	112	Sol Mirelez	61	M	Prior Lake	MN	28:04	9:04
90	69	Robert Hoff	40	M	Brooklyn Park	MN	28:06	9:04
91	10	Todd Bauer	47	M	Richfield	MN	28:12	9:06
92	57	Jeff Harris	46	M	Bloomington	MN	28:13	9:07
93	81	Tom Kahlert	42	M	buffalo	MN	28:15	9:07
94	157	Chris Sacksteder	43	M	Eden Prairie	MN	28:22	9:10
95	185	Rob Thompson	52	M	Lake Elmo	MN	28:28	9:11
96	99	Matt Leis	39	M	Delano	MN	28:37	9:14
97	242	Krista Olsen	31	F	Shoreview	MN	28:42	9:16
98	59	Meaghan Harvey	32	F	Saint Paul	MN	28:46	9:17
99	170	Filip Sivertsson	13	M	Maple Grove	MN	28:54	9:20
100	171	Todd Sivertsson	42	M	Maple Grove	MN	28:56	9:20

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101	213	Matt Schumacher	47	M	Minneapolis	MN	28:57	9:21
102	229	Jeff Alger	40	M	St Paul	MN	29:00	9:22
103	77	Gerald Johnson	54	M	BLOOMINGTON	MN	29:01	9:22
104	18	Leigh Borton	30	F	Savage	MN	29:02	9:22
105	146	Joe Pyrz	44	M	Plymouth	MN	29:04	9:23
106	41	Mary Beth Fandel	57	F	Shorewood	MN	29:14	9:26
107	75	Jennifer Jesse	37	F	St. Louis Park	MN	29:25	9:30
108	257	Timothy Wittman	38	M	Maple Grove	MN	29:33	9:32
109	34	Jay Dellis	44	M	Richfield	MN	29:40	9:35
110	2	Isaac Allen	5	M	Bloomington	MN	29:41	9:35
111	256	Danielle CoffieldNess	32	F	Eden Prairie	MN	29:42	9:35
112	26	TERRY CHENG	54	M	PLYMOUTH	MN	29:44	9:36
113	233	Andy Hart	32	M	Minneapolis	MN	29:49	9:38
114	182	joel Swanson	51	M	Richfield	MN	29:52	9:39
115	159	Clare Schmid	47	F	North Hudson	WI	30:00	9:41
116	14	Jennifer Beske	35	F	Golden Valley	MN	30:03	9:42
117	175	Juli Stensland	41	F	Minneapolis	MN	30:06	9:43
118	25	Ben Chastek	31	M	Minneapolis	MN	30:27	9:50
119	218	Tim Schneeweis	61	M	Plymouth	MN	30:31	9:51
120	198	Brian Mitchell	37	M	Dryenouter	MN	30:34	9:52
121	252	Beth Maus	34	F	Maple Grove	MN	30:35	9:52
122	98	Kate Leis	34	F	Delano	MN	30:38	9:53
123	61	Jason Hastings	38	M	Minneapolis	MN	30:40	9:54
124	236	Michael Olsen	47	M	Savage	MN	30:55	9:59
125	47	Matt Freund	35	M	Minneapolis	MN	30:58	10:00
126	122	Danielle Nelson	17	F	Circle Pines	MN	31:00	10:00
127	255	Kelly Ness	33	M	Eden Prairie	MN	31:04	10:02
128	30	Pamela Cutshall	57	F	Richfield	MN	31:13	10:05

129	223	Tom Schmidt	35	M	Bloomington	MN	31:16	10:06
130	225	Michelle Cherne	42	F	Medina	MN	31:17	10:06
131	4	Emily Anleu	31	F	Saint Paul	MN	31:19	10:07
132	138	Suzanne Pfeifer	43	F	Minneapolis	MN	31:20	10:07
133	40	Linda Evert	42	F	Circle Pines	MN	31:21	10:07
134	226	Amy Liberkouski	42	F	Little Canada	MN	31:27	10:09
135	239	Laura Lee	40	F	Hopkins	MN	31:33	10:11
136	134	Jessy Perzel	35	F	Lakeville	MN	31:34	10:11
137	35	Wendy Dellis	43	F	Richfield	MN	31:37	10:12
138	66	John Heywood	56	M	Buffalo	MN	31:39	10:13
139	161	Amy Schwartz-Lowe	46	F	Minneapolis	MN	31:51	10:17
140	249	Alysa Wiesner	27	F	Eden Prairie	MN	31:52	10:17
141	204	Josh Dingmon	35	M	Minneapolis	MN	31:53	10:18
142	13	Jamie Bergum	29	F	Minnetonka	MN	31:53	10:18
143	42	Michelle Fingerholz	28	F	Minneapolis	MN	31:54	10:18
144	250	Marcy Wiesner	51	F	Eden Prairie	MN	31:55	10:18
145	29	Joyce Conley	57	F	Eden Prairie	MN	31:57	10:19
146	130	Robyn Ommen	40	F	St. Paul	MN	31:59	10:20
147	31	Cristy De La Cruz	37	F	New Brighton	MN	32:00	10:20
148	190	Jill Weldin	52	F	St. Louis Park	MN	32:03	10:21
149	145	Laura Pyne	52	F	Robbinsdale	MN	32:18	10:26
150	127	Alison Neumann	36	F	Minneapolis	MN	32:28	10:29

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151	45	Rachel Frechette	41	F	Lakeville	MN	32:29	10:29
152	49	Erica Gardner	38	F	Edina	MN	32:43	10:34
153	241	Deb Ukura	59	F	Golden Valley	MN	32:53	10:37
154	168	Jeffrey Simpkins	47	M	Minneapolis	MN	33:01	10:40
155	133	John Pecchia	29	M	Woodbury	MN	33:22	10:46
156	237	Theresa Lien	44	F	Minneapolis	MN	33:24	10:47
157	91	Doris Lancaster	50	F	Bayport	MN	33:28	10:48
158	205	Kim Gorman	45	F	Plymouth	MN	33:36	10:51
159	131	Alicia Osthus	30	F	Olivia	MN	33:38	10:51
160	55	Leslie Hacking	49	F	Golden Valley	MN	33:50	10:55
161	251	Brennan Quinn	39	M	Minneapolis	MN	33:55	10:57
162	12	Kate Benson	31	F	Minneapolis	MN	35:01	11:18
163	83	Rebecca Kirk	40	F	Watertown	MN	35:02	11:19
164	207	Jamie Mavec	42	F	St Louis Pk	MN	35:21	11:25
165	169	Heidi Sipe	38	F	Rogers	MN	35:48	11:33
166	143	Jaime Pula	33	F	Chaska	MN	36:04	11:39
167	200	Dorinda Lambrecht	46	F	New Richmond	MN	36:29	11:47
168	220	Judy Rangel	53	F	Stillwater	MN	36:46	11:52
169	8	Greta Bakken-Miller	42	F	Plymouth	MN	36:54	11:55
170	246	Katie Larson	22	F	Minneapolis	MN	37:02	11:57

171	199	Jayne Larson	35	F	Lakeville	MN	37:03	11:58
172	97	Leann Lehmann	48	F	Ramsey	MN	37:20	12:03
173	125	Linda Nelson	52	F	Belle Plaine	MN	37:25	12:05
174	191	Melissa Wieczorek	39	F	Minnetonka	MN	37:40	12:10
175	151	Ann Rhea	63	F	Plymouth	MN	37:48	12:12
176	152	Charles Rhea	64	M	Plymouth	MN	37:48	12:12
177	202	Bethany Boucher	11	F	St Cloud	MN	37:56	12:15
178	212	Molly Carlson	53	F	Minneapolis	MN	37:57	12:15
179	117	Jen Moritz	38	F	Minneapolis	MN	37:58	12:15
180	203	Meredith Boucher	41	F	St Cloud	MN	38:02	12:17
181	33	Jenelle Dehmlow	37	F	Hudson	WI	38:04	12:17
182	240	Katie Lee	55	F	Hopkins	MN	39:02	12:36
183	120	Brooke Nelson	33	F	Saint Paul	MN	42:22	13:40
184	219	Ann Kemble	50	F	Victoria	MN	42:56	13:51
185	264	Marcia Hokensen	58	F	Minneapolis	MN	43:05	13:54
186	1	Erik Allen	3	M	Bloomington	MN	43:18	13:59
187	193	Shanequa Williams	28	F	Plymouth	MN	43:50	14:09