

Illinois FC

Winter Indoor Training Schedule

2011-2012

All sessions located at Soccer Planet

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Team	Session 1	Session 2	Session 3	Session 4	Session 5	Session 6	Session 7	Session 8	Session 9	Session 10	Session 11	Session 12
U8	Mon, 1/9 5:30-6:30pm	Mon, 1/16 5:30-6:30pm	Sun, 1/29 10:00-11:00am	Mon, 1/30 5:30-6:30pm	Sun, 2/12 10:00-11:00am	Mon, 2/13 5:30-6:30pm	Mon, 2/20 5:30-6:30pm	Mon, 2/27 5:30-6:30pm	Mon, 3/5 5:30-6:30pm	Sun, 3/18 10:00-11:00am		
U9 Boys- Baird	Tues, 1/3 4:45-5:45pm	Tues, 1/10 4:45-5:45pm	Sat, 1/21 7:30-8:30am	Tues, 1/24 4:45-5:45pm	Tues, 1/31 4:45-5:45pm	Tues, 2/7 4:45-5:45pm	Tues, 2/14 4:45-5:45pm	Tues, 2/21 4:45-5:45pm	Sun, 3/4 10:00-11:00am	Tues, 3/6 4:45-5:45pm	Sat, 3/17 7:30-8:30am	
U9 Boys- Foreman	Tues, 1/3 4:45-5:45pm	Thurs, 1/12 4:45-5:45pm	Sun, 1/22 10:00-11:00am	Fri, 1/27 4:45-5:45pm	Thurs, 2/2 4:45-5:45pm	Thurs, 2/9 4:45-5:45pm	Thurs, 2/16 4:45-5:45pm	Thurs, 2/23 4:45-5:45pm	Sun, 3/4 10:00-11:00am	Thurs, 3/8 4:45-5:45pm	Sat, 3/17 7:30-8:30am	
U10 Boys	Sat, 1/7 7:30-8:30am	Wed, 1/11 4:45-5:45pm	Wed, 1/18 4:45-5:45pm	Wed, 1/25 4:45-5:45pm	Sat, 2/4 7:30-8:30am	Wed, 2/8 4:45-5:45pm	Wed, 2/15 4:45-5:45pm	Wed, 2/22 4:45-5:45pm	Sat, 3/3 7:30-8:30am	Wed, 3/7 4:45-5:45pm	Wed, 3/14 4:45-5:45pm	
U11 Boys- Hinds	Tues, 1/3 5:45-6:45pm	Tues, 1/10 5:45-6:45pm	Sun, 1/22 11:00-12:00pm	Tues, 1/24 5:45-6:45pm	Tues, 1/31 5:45-6:45pm	Fri, 2/10 5:45-6:45pm	Tues, 2/14 5:45-6:45pm	Thurs, 2/23 5:45-6:45pm	Sun, 3/4 11:00-12:00pm	Tues, 3/6 5:45-6:45pm	Tues, 3/13 5:45-6:45pm	
U11 Boys- Wingo	Mon, 1/2 5:30-6:30pm	Sun, 1/15 11:00-12:00pm	Fri, 1/20 4:45-5:45pm	Mon, 1/23 6:30-7:30pm	Mon, 1/30 5:30-6:30pm	Mon, 2/6 6:30-7:30pm	Mon, 2/13 6:30-7:30pm	Sun, 2/26 11:00-12:00pm	Mon, 2/27 6:30-7:30pm	Sun, 3/11 10:00-11:00am	Wed, 3/14 5:45-6:45pm	
U12 Boys- Bragg	Thurs, 1/5 4:45-5:45pm	Sun, 1/15 11:00-12:00pm	Mon, 1/16 6:30-7:30pm	Sun, 1/29 11:00-12:00pm	Mon, 1/30 6:30-7:30pm	Mon, 2/6 5:30-6:30pm	Mon, 2/13 5:30-6:30pm	Mon, 2/20 6:30-7:30pm	Tues, 2/28 5:45-6:45pm	Mon, 3/5 6:30-7:30pm	Mon, 3/11 11:00-12:00pm	Thurs, 3/15 5:45-6:45pm
U12 Boys- Reilly	Mon, 1/2 6:30-7:30pm	Fri, 1/13 5:45-6:45pm	Fri, 1/20 5:45-6:45pm	Mon, 1/23 5:30-6:30pm	Wed, 2/1 5:45-6:45pm	Sun, 2/12 11:00-12:00pm	Wed, 2/15 5:45-6:45pm	Fri, 2/24 5:45-6:45pm	Sun, 3/4 11:00-12:00pm	Fri, 3/9 5:45-6:45pm	Mon, 3/12 6:30-7:30pm	Sun, 3/18 10:00-11:00am
U13 Boys	Sat, 1/7 7:30-8:30am	Fri, 1/13 4:45-5:45pm	Fri, 1/20 4:45-5:45pm	Fri, 1/27 5:45-6:45pm	Sat, 2/4 7:30-8:30am	Fri, 2/10 4:45-5:45pm	Fri, 2/17 5:45-6:45pm	Fri, 2/24 4:45-5:45pm	Mon, 2/27 4:30-5:30pm	Sat, 3/3 7:30-8:30am	Fri, 3/9 4:45-5:45pm	Fri, 3/16 4:45-5:45pm
U14 Boys Classic	Mon, 1/2 5:30-6:30pm	Fri, 1/13 5:45-6:45pm	Sat, 1/21 7:30-8:30am	Fri, 1/27 5:45-6:45pm	Fri, 2/3 5:45-6:45pm	Fri, 2/10 5:45-6:45pm	Fri, 2/17 5:45-6:45pm	Sun, 2/26 10:00-11:00am	Fri, 3/2 5:45-6:45pm	Fri, 3/9 4:45-5:45pm	Sun, 3/11 11:00-12:00pm	Fri, 3/16 5:45-6:45pm
U14 Boys Premier	Sun, 1/8 9:15-10:15am	Mon, 1/9 5:30-6:30pm	Mon, 1/16 5:30-6:30pm	Mon, 1/23 5:30-6:30pm	Sun, 2/5 11:00-12:00pm	Mon, 2/6 5:30-6:30pm	Mon, 2/19 11:00-12:00pm	Mon, 2/20 5:30-6:30pm	Mon, 2/27 5:30-6:30pm	Mon, 3/5 4:45-5:45pm	Mon, 3/12 5:30-6:30pm	Mon, 3/19 5:30-6:30pm
U15 Boys Classic	Wed, 1/4 5:45-6:45pm	Sun, 1/15 7:30-8:30pm	Sun, 1/22 7:30-8:30pm	Sat, 1/28 7:30-8:30am	Sun, 1/29 7:30-8:30pm	Fri, 2/3 4:45-5:45pm	Sun, 2/5 7:30-8:30pm	Sun, 2/12 7:30-8:30pm	Sun, 2/19 7:30-8:30pm	Sat, 2/25 7:30-8:30am	Sun, 2/26 7:30-8:30pm	Fri, 3/2 4:45-5:45pm
U15 Boys Premier	Wed, 1/4 4:45-5:45pm	Sun, 1/15 8:30-9:30pm	Sun, 1/22 8:30-9:30pm	Sat, 1/28 7:30-8:30am	Sun, 1/29 8:30-9:30pm	Fri, 2/3 5:45-6:45pm	Sun, 2/5 8:30-9:30pm	Sun, 2/12 8:30-9:30pm	Sun, 2/19 8:30-9:30pm	Sat, 2/25 7:30-8:30am	Sun, 2/26 8:30-9:30pm	Fri, 3/2 4:45-5:45pm
U16 Boys Premier	Mon, 1/2 4:30-5:30pm	Sat, 1/14 7:30-8:30am	Sun, 1/15 8:30-9:30pm	Sun, 1/22 8:30-9:30pm	Sun, 1/29 8:30-9:30pm	Wed, 2/1 4:45-5:45pm	Sun, 2/5 8:30-9:30pm	Sat, 2/11 7:30-8:30am	Sun, 2/12 8:30-9:30pm	Sun, 2/19 8:30-9:30pm	Sun, 2/26 8:30-9:30pm	Mon, 2/27 6:30-7:30pm
U17 Boys Classic	Sun, 1/8 8:45-9:45pm	Fri, 1/13 4:45-5:45pm	Sun, 1/15 9:30-10:30pm	Tues, 1/17 4:45-5:45pm	Sun, 1/22 9:30-10:30pm	Sun, 1/29 9:30-10:30pm	Sun, 2/5 9:30-10:30pm	Sun, 2/12 9:30-10:30pm	Sat, 2/18 7:30-8:30am	Sun, 2/19 9:30-10:30pm	Fri, 2/24 5:45-6:45pm	Sun, 2/26 9:30-10:30pm
U17 Boys Premier	Sun, 1/8 8:45-9:45pm	Mon, 1/9 6:30-7:30pm	Sun, 1/15 9:30-10:30pm	Tues, 1/17 5:45-6:45pm	Sun, 1/22 9:30-10:30pm	Sun, 1/29 9:30-10:30pm	Sun, 2/5 9:30-10:30pm	Tues, 2/7 5:45-6:45pm	Sun, 2/12 9:30-10:30pm	Sat, 2/18 7:30-8:30am	Sun, 2/19 9:30-10:30pm	Sun, 2/26 9:30-10:30pm
U18 Boys Premier	Mon, 1/2 4:30-5:30pm	Mon, 1/9 4:30-5:30pm	Mon, 1/16 4:30-5:30pm	Thurs, 1/19 5:45-6:45pm	Mon, 1/23 4:30-5:30pm	Sun, 1/29 11:00-12:00pm	Mon, 1/30 4:30-5:30pm	Mon, 2/6 4:30-5:30pm	Sun, 2/12 11:00-12:00pm	Mon, 2/13 4:30-5:30pm	Fri, 2/17 4:45-5:45pm	Mon, 2/20 4:30-5:30pm
U11 Girls- Brewer	Wed, 1/4 4:45-5:45pm	Sun, 1/15 10:00-11:00am	Fri, 1/20 5:45-6:45pm	Thurs, 1/26 4:45-5:45pm	Wed, 2/1 4:45-5:45pm	Fri, 2/10 4:45-5:45pm	Wed, 2/15 4:45-5:45pm	Tues, 2/21 5:45-6:45pm	Tues, 2/28 4:45-5:45pm	Sun, 3/11 10:00-11:00am	Fri, 3/16 5:45-6:45pm	
U11 Girls- Fischman	Thurs, 1/5 5:45-6:45pm	Thurs, 1/12 5:45-6:45pm	Sun, 1/22 11:00-12:00pm	Thurs, 1/26 5:45-6:45pm	Thurs, 2/2 5:45-6:45pm	Thurs, 2/9 5:45-6:45pm	Thurs, 2/16 5:45-6:45pm	Sun, 2/26 11:00-12:00pm	Thurs, 3/1 5:45-6:45pm	Wed, 3/7 5:45-6:45pm	Sun, 3/18 11:00-12:00pm	
U12 Girls	Sun, 1/8 10:15-11:15am	Wed, 1/11 4:45-5:45pm	Wed, 1/18 4:45-5:45pm	Wed, 1/25 4:45-5:45pm	Sun, 2/5 10:00-11:00am	Wed, 2/8 4:45-5:45pm	Sun, 2/19 10:00-11:00am	Wed, 2/22 4:45-5:45pm	Wed, 2/29 4:45-5:45pm	Sun, 3/4 4:45-5:45pm	Wed, 3/7 7:30-8:30pm	Wed, 3/14 4:45-5:45pm
U14 Girls	Sun, 1/8 9:15-10:15am	Wed, 1/11 5:45-6:45pm	Wed, 1/18 5:45-6:45pm	Wed, 1/25 5:45-6:45pm	Sun, 2/5 11:00-12:00pm	Wed, 2/8 5:45-6:45pm	Sun, 2/19 11:00-12:00pm	Wed, 2/22 5:45-6:45pm	Wed, 2/29 5:45-6:45pm	Sun, 3/4 7:30-8:30pm	Wed, 3/7 5:45-6:45pm	Wed, 3/14 5:45-6:45pm
U16 Girls	Mon, 1/2 6:30-7:30pm	Mon, 1/9 6:30-7:30pm	Sat, 1/14 7:30-8:30am	Mon, 1/16 6:30-7:30pm	Thurs, 1/19 4:45-5:45pm	Mon, 1/23 6:30-7:30pm	Fri, 1/27 4:45-5:45pm	Mon, 1/30 6:30-7:30pm	Fri, 2/3 4:45-5:45pm	Mon, 2/6 6:30-7:30pm	Sat, 2/11 7:30-8:30am	Mon, 2/13 6:30-7:30pm
U17 Girls	Wed, 1/4 5:45-6:45pm	Wed, 1/11 5:45-6:45pm	Sun, 1/15 7:30-8:30pm	Wed, 1/18 5:45-6:45pm	Sun, 1/22 7:30-8:30pm	Wed, 1/25 5:45-6:45pm	Sun, 1/29 7:30-8:30pm	Wed, 2/1 5:45-6:45pm	Sun, 2/5 7:30-8:30pm	Wed, 2/8 5:45-6:45pm	Sun, 2/12 7:30-8:30pm	Wed, 2/15 5:45-6:45pm
U18 Girls	Sun, 1/8 10:15-11:15am	Mon, 1/9 4:30-5:30pm	Sun, 1/15 7:30-8:30pm	Mon, 1/16 4:30-5:30pm	Sun, 1/22 7:30-8:30pm	Mon, 1/23 4:30-5:30pm	Sun, 1/29 7:30-8:30pm	Mon, 1/30 4:30-5:30pm	Sun, 2/5 7:30-8:30pm	Mon, 2/6 4:30-5:30pm	Sun, 2/12 7:30-8:30pm	Mon, 2/13 4:30-5:30pm

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Winter Indoor Training Schedule

2011-2012

All sessions located at Soccer Planet

Team	Session 13	Session 14	Session 15	Session 16	Session 17	Session 18
U8						
U9 Boys- Baird						
U9 Boys- Foreman						
U10 Boys						
U11 Boys- Hinds						
U11 Boys- Wingo						
U12 Boys- Bragg						
U12 Boys- Reilly						
U13 Boys						
U14 Boys Classic						
U14 Boys Premier	Thurs, 3/15 4:45-5:45pm					
U15 Boys Classic	Sun, 3/4 7:30-8:30pm	Mon, 3/5 6:30-7:30pm	Sun, 3/11 7:30-8:30pm	Tues, 3/13 4:45-5:45pm	Sun, 3/18 7:30-8:30pm	
U15 Boys Premier	Sun, 3/4 8:30-9:30pm	Fri, 3/9 5:45-6:45pm	Sun, 3/11 8:30-9:30pm	Mon, 3/12 6:30-7:30pm	Sun, 3/18 8:30-9:30pm	
U16 Boys Premier	Sun, 3/4 8:30-9:30pm	Mon, 3/5 4:30-5:30pm	Sun, 3/11 8:30-9:30pm	Mon, 3/12 4:30-5:30pm	Sun, 3/18 8:30-9:30pm	
U17 Boys Classic	Wed, 2/29 5:45-6:45pm	Sun, 3/4 9:30-10:30pm	Sat, 3/10 7:30-8:30am	Sun, 3/11 9:30-10:30pm	Fri, 3/16 4:45-5:45pm	Sun, 3/18 9:30-10:30pm
U17 Boys Premier	Fri, 3/2 5:45-6:45pm	Sun, 3/4 9:30-10:30pm	Sat, 3/10 7:30-8:30am	Sun, 3/11 9:30-10:30pm	Mon, 3/12 5:30-6:30pm	Sun, 3/18 9:30-10:30pm
U18 Boys Premier	Mon, 2/27 4:30-5:30pm	Wed, 2/29 4:45-5:45pm	Mon, 3/5 4:30-5:30pm	Thurs, 3/8 5:45-6:45pm	Mon, 3/12 4:30-5:30pm	Sun, 3/18 11:00-12:00pm
U11 Girls- Brewer						
U11 Girls- Fischman						
U12 Girls						
U14 Girls						
U16 Girls	Fri, 2/17 4:45-5:45pm	Mon, 2/20 6:30-7:30pm	Fri, 2/24 4:45-5:45pm			
U17 Girls	Sun, 2/19 7:30-8:30pm	Wed, 2/22 5:45-6:45pm	Sun, 2/26 7:30-8:30pm			
U18 Girls	Sun, 2/19 7:30-8:30pm	Mon, 2/20 4:30-5:30pm	Sun, 2/26 7:30-8:30pm			