

Eden Prairie Hockey Association

The mission of Eden Prairie Hockey Association (EPHA) is to organize and promote youth hockey for girls and boys age 4-18 who are residents of Eden Prairie. Our goal is to encourage the development of good sportsmanship, teamwork and individual achievement.

Founded in 1965, the EPHA is currently the third largest program in Minnesota and serves over 800 players. A girls only program is available for girls ages 14 and under. EPHA has the following levels:

- Termite (age 4-5)
- Mite (unisex) age 4-8
- Girls U6, U8 (age 6-8)
- Squirt (age 9-10)
- Girls U10 (age 9-10)
- Girls U12 (age 11-12)
- Pee Wee (age 11-12))
- Bantam (age 13-14)
- Girls U14 (13-14)
- Junior Gold (ages 15-18)

It's more than a just a game... Hockey develops skills on the ice that build a foundation for a lifetime. Hockey promotes confidence, pride, focus and responsibility.

It creates life-long friendships.... Starting with the bonds created in the locker room to the relationships formed on ice, hockey creates life-long friendships. This camaraderie shared on and off the ice encourages teamwork and the natural development of leadership skills.

Set Up for Success... From learning to balance school, responsibilities at home, time at the rink and playing with friends, hockey encourages kids to learn time management skills that will later serve them in all facets of life. Hockey's unique source of physical fitness promotes healthy living.

Hockey is Fun... The thrill of carrying the puck up the ice on a breakaway, the exhilaration of scoring your first goal or making that amazing save is possible due to the encouraging environment hockey provides to try new things and grow as a hockey player and person.

Join us in the fun of hockey.

Julie Maruska, Recruiter
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2011-2012



Eden Prairie Youth Hockey

TRY HOCKEY FOR FREE!

Register for
EPHA
Rookie Camp

www.ephockey.com

Eligibility

All youth, boys and girls, ages 4-8 that live in Eden Prairie are invited to participate free in Rookie Camp, a tot hockey program. Cost is \$75 for non-residents payable on the first day of rookie camp.

Location

Eden Prairie Community Center

16700 Valley View Road

Phone: 952-949-8470

Located just north of Highway 5 and the intersection of Eden Prairie Road and Valley View Road.

Equipment

Players will need a helmet, stick, skates, mouth guard and if possible breezers.

EPHA Rookie Camp is sponsored by Westwood Sports. Westwood offers the following Rookie Camp equipment packages:

\$79.99: Shoulder pads, elbow pads, breezers, shin pads, gloves

\$119.99 Level 1 plus bag and stick

\$159.99 Level 2 plus helmet

\$209.99 Level 3 plus skates

Spring and Fall Sessions

Rookie camp is 6 sessions and is on Sunday afternoons between 12:30-4:00 p.m. The hour long session will be determined based on age of the player.

2011 Fall Rookie Camp

September 25

October 2

October 9

October 16

October 30

November 6

2012 Spring Rookie Camp

January 29

February 12

February 19

February 26

March 4

March 11

Instructor

Mike Terwilliger "Coach T"

- On ice Rookie Camp Coach for 11 years
- 1st/2nd grade teacher in EP for 12 years
- EP Boys Head JV Coach for 6 years
- EP Boys Varsity Assistant Coach for 3 years
- Director of Little Twigs Hockey School for Mites for 11 years
- Former EPHA Mite Development Co-ordinator
- Current EPHA Mite Coach

Registration

To register for Rookie Camp, go to the EPHA website and click on registration. Registration is free!

WWW.EPHOCKEY.COM

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