

LEADVILLE TRAIL 100 MTB RACE GUIDE

RACE ACROSS THE SKY

Levi Leipheimer
2010 Leadville Trail 100
Men's Champion

Presented by:

SRAM





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SCHEDULE OF EVENTS

Thursday, August 11

11:00 am-7:00 pm

Registration HQ, 316 Harrison

Early Packet Pick-up and Medical Check-In. See section titled Medical Check-in. Photo ID is required. Racer check-in and packet pickup. Packets must be picked up in person. They will not be mailed or given to others.

Friday, August 12

7:00-10:00 am

Registration HQ, 316 Harrison

Mandatory Medical Check-In. See section titled Medical Check-in. Photo ID is required. Racer check-in and packet pickup. Packets must be picked up in person. They will not be mailed or given to others. NO Late medical check-ins.

Friday, August 12

11:00 am

6th St. Gym, 124 E. 6th St.

Mandatory Final Briefing. Up-to-date conditions, any changes in race rules or procedures and last-minute instructions will be provided. All entrants are required to attend.

Friday, August 12

3:00-5:00 pm

Courthouse Lawn, 6th & Harrison

Supply bag drop. See section titled Drop Bags

Friday, August 12

5:00 pm

6th St. Gym, 124 E. 6th St.

Free Carbo-Loading Dinner. A great chance to socialize and meet other riders and crews.

Saturday, August 13

6:30 am

Corner of 6th & Harrison

Race Start. Mandatory Racer Check-In. You must check in by 6:15 am. Check-in will begin at 5:00 am



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Saturday, August 13

3:30 pm

9 hour cut-off time for the gold and silver trophy buckle

Saturday, August 13

6:30 pm

12-hour final cut-off time for completion of the race and the silver buckle.

Sunday, August 14

7:30 am

6th St. Gym, 124 E. 6th St.

Awards Ceremony. All awards will be presented at this time and must be picked up in person. They will not be given to others.

Sunday, August 14, LT100 10K Run

Noon

10K Run. An out & back race on the final 3.1 miles of the Leadville Trail 100 course. Starting line at the corner of 6th and Harrison.

Saturday & Sunday, August 20 & 21, Leadville Trail 100 Run. Consider staying over or coming back for this. We can always use your volunteer help for our other epic race.



For all media-related inquiries, including credentials, please contact KJ Leinberger at kjleinberger@lifetimefitness.com or 952-229-7162.



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DOWNTOWN LEADVILLE





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Tribute to Ken Chlouber and Merilee Maupin

How do you properly thank someone for rescuing a city teetering on the edge of extinction? Or for creating a race series that is now a “must do” for every serious endurance runner and cyclist? In 1982, when the Climax Mine closed, many predicted the demise of Leadville. After all, overnight, nearly the entire population was unemployed and the tax base had plummeted, rendering Leadville and Lake County one of the poorest regions in Colorado. When, a year later, 45 runners lined up at 6th and Harrison and launched themselves into the pre-dawn darkness to run 100 miles through Leadville’s dizzying heights, the same naysayers scoffed: it’s not possible to run 100 miles; they’ll die; and just how will this save Leadville? But even though only ten would finish that first year, those runners were part of something bigger. Over 29 years, they would multiply and become the leading edge of a phenomenon that now includes thousands of ultra endurance athletes from all over the world, and all part of the Leadville family.

Leadville is tough, always has been. But it was Ken’s vision, persistence, and herculean efforts that were responsible for the success of the Leadville Trail 100 and allowed Leadville to emerge vibrant and healthy from one of the darkest periods in its wild, exciting, boom-and-bust history. And for 28 years, it was Merilee Maupin’s unparalleled work ethic and skill as Race Director that made the ultra races the best organized anywhere, ever. Can’t be done? Don’t tell Ken and Merilee that. Impossible? Hardly.

When you are standing on top the mountain, it is often easy to overlook what it took to get there, to forget the once seemingly insurmountable obstacles, the doubts, the desire to quit. Leadville is on the pinnacle now, but let’s not forget it was never a sure thing. It was a long road with many ups and downs, like any journey worth taking. Ultimately, it was Ken’s and Merilee’s unwavering vision and indefatigable efforts that forged the path for Leadville and the race series to now thrive.

How do you thank Ken and Merilee? Well, you can shake Ken’s hand at the pre-race briefing. He’ll be there, urging you to be unyielding in your own journey. And you can give Merilee a big hug at the finish. She’ll be there to present you a well-deserved medal when you cross that line.

Ken and Merilee are still an important part of these races. They are committed to YOU and your success. As is Life Time and all of us in the local office. We will maintain the tradition of what has made Leadville special - a top notch racing experience with service to the local community.

During the race, when you are standing on top your mountain, enjoy the moment and remember what it took to get there. Be tough, like Leadville, and never forget Ken’s ardent reminder: “You’re better than you think you are and you can do more than you think you can!”

Good luck!

Scott Giffin
Race Director



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STARTING LINE - CLIP IN

This race information packet contains many suggestions and recommendations to help riders prepare for and complete the LT 100. Race Management and volunteers pledge to do everything possible to make your LT 100 challenge a successful event you will always remember. Our medical committee, along with riders, crews and volunteers, participated in developing many of the recommendations contained in this packet. Proper preparation is critical to a successful and enjoyable experience. All riders and crews should read this information carefully. You can always check our website at www.leadvillraceseries.com for updated information.

HISTORY OF LEADVILLE TRAIL 100

In autumn of 1859, several prospectors ventured into the Arkansas Valley and found the gold they were looking for, but were quickly ushered out of the mountains by the intensity of winter. They returned with more help the next spring and staked several mining claims. The Gold Rush to the area was on and would change the Arkansas Valley forever. During the next 40 years, Leadville grew to rival Denver as the main city of Colorado.

During the last quarter of the 19th century, Oro City, Oro City #2, Adelaide, Evansville, Stumpf Town and others boomed. Winfield flourished as a lawless town of 1,500 prospectors, three saloons, a smelter and a church that never held a service. Floyd P. Willis, a rancher and part-time prospector living near Winfield, made enough of a mark in history to have a gulch or two named after him. The Sugar Loaf and May Queen mines spewed forth their riches, and Twin Lakes was prized by mountain-loving tourists from around the world. Leadville grew to over 20,000 residents and became legendary as a town of ice castles, millionaires, heroes and villains, including Horace and Baby Doe Tabor, Molly Brown, Texas Jack, Frank and Jesse James, Wyatt Earp and Doc Holliday.

Even musical history was made in Leadville by C. O. Swartz, during the winter of 1884-1885 while staying at the Junk Lane Hotel on the outskirts of town. By taking a popular folk song of that era and changing the words to more better his experience, he penned the song called "Colorado Home." We now more commonly know this popular folk tune as "Home on the Range." His version went like this:

Oh, give me a home where the buffalo roam,
And the deer and the antelope play;
Where seldom is heard a discouraging word,
And the sky is not cloudy all day.





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Oh, give me the hill and the ring of the drill,
In the rich silver ore in the ground;
And give me the gulch where the miners can sluice and
the bright yellow gold can be found.
A home, a home, where the deer and the antelope play;
Where seldom is heard a discouraging word,
And the sky is not cloudy all day.

But in the rough and boom and bust that is Leadville, there was, and still is, an unyielding character. Leadville had a schoolteacher before a mayor, a school before a city hall, and an educational program with funds before a city code, budget or government. Throughout history, the residents of Leadville have endured the boom and busts of mining with pride and independence. The Leadville Trail 100 began in 1983, a time of severe depression in the local mining industry when Leadville had the highest unemployment in the nation. The exciting and dynamic Leadville Trail 100 Mountain Bike Race was added in 1994. These races have been supported with the help of volunteers in and around Leadville and from coast to coast. This year, as in all years, we dedicate these event to the residents of Leadville – past, present and future.

For an enjoyable history of Leadville, read *Leadville: Colorado's Magic City* by Edward Blair, Pruett Publishing Company, Boulder, Colorado.

OUR SALUTE TO YOU - THE COURAGEOUS

"You're better than you think you are and you can do more than you think you can!"

As entrants in the Leadville Trail 100 Mountain Bike Race, your name will forever be held in highest respect. You have stepped forward, accepting a monumental challenge. You are truly the brave and as such, already a winner.

Ken Chlouber and Merilee Maupin started the "Race Across the Sky" to make a difference – a contribution to our beloved community, Leadville. Because of your enthusiastic and passionate support, they achieved that goal early on. You came to be a part of a race and quickly became part of a family.

The second goal was to make a difference – a contribution to the athletic community. Here we continue to add to that contribution with each event. We've eliminated many limits on human capacity and endurance. We've improved equipment and advanced technology. In many ways, we've redefined the aging process. We've found that life is ongoing training, and that our events are simply an extreme, spectacular and flamboyant annual measurement.





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Our present and future goal is to make a difference – a contribution to the most important part of the “Race Across the Sky” – YOU. We know for certain that once you leave the starting line you will be tested, forged, ground, splattered, ripped, tempered, and then refined and regenerated as you, 100 miles later, cross the finish line. We know you’ll never be the same person that started the race. Now YOU are different – tougher, stronger, better.

That’s our difference and our contribution – a better YOU. A you without limits; a you that has been stripped to raw nerve and never quits; a you that now is aware of an inner inexhaustible well of resolve, determination and courage. And we hope if we can provide the trail that makes a better you, you’ll share that with others along your separate and individual lives. Then we’ll have made it a better Leadville, a better athletic community, a better you and a better world.

RACE OVERVIEW

The 2011 Leadville Trail 100 Race across the Sky will be bigger, better, faster and more exciting than ever before. Our target is to offer the mountain bike athlete a challenge unlike anything and unequalled anywhere on earth. Whether your “Race Across the Sky” is against other riders or simply you against yourself, the course will test your talent, your training, your equipment and, most of all, your resolve.

The out & back course mirrors the Leadville Trail 100 run. This has proven to be the best configuration to maintain contact between all ability levels, and it better binds entrants and crews as one athletic family. The riders are advised to be prepared to meet and defeat every conceivable obstacle. Race management will try to keep vehicles off the course, but this will not be entirely possible. **ALWAYS, ALWAYS BE PREPARED FOR AUTOMOBILES ON THE COURSE.**

The course includes mile after mile of those things you and your bike do very well. But, it also has short stretches of those things you hope never to encounter on a bike that will seem to go on for mile after mile.

From Twin Lakes to the halfway point is a spectacular and extremely demanding grind up to the heavens. Columbine Mine Aid Station, located at 12,600 feet, is a spectacular panorama in every direction. Then begins the return trip. Here safety is the top priority with riders traveling in both directions. The downhill riders must stay in control and on the right side of the road. Uphill riders must also stay to the right, never cutting corners, and yield to the downhill riders. Remember, there are 50 miles to go. Extra caution here will cost little time, but inattention could end your race. Be aware, stay alert. The course is for the most part dirt and gravel roads, with some pavement. Mile 48 through 52 are above timberline – way above!

The mountain weather can be anything and everything. But generally the early mornings are clear and crisp with temperatures in the low 40s. In the high country, as the day warms, clouds tend to build and the possibility of cold rain, sleet, snow, wind or lightning is strong. So hope for the best, but prepare for the worst.



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RACE GOALS

Race management will do everything possible to keep unregistered riders off the course. We consider this theft of service and will pursue any violators to the maximum extent of the law. Our primary goal is that each entrant successfully and safely conquers the world's highest and toughest mountain bike challenge. Race management and hundreds of Leadville Trail 100 volunteers will do everything possible to ensure the riders, families and crews a quality race experience, and that the rider crosses the finish line before the 12 hours expire.

LEADVILLE TRAIL 100 LEGACY

Giving Back to the Community

In 2002, the Leadville Trail 100 created the Legacy as its nonprofit foundation to formalize a pathway to meet ever-increasing community needs. The Legacy fund continues to grow through generous contributions from individuals and corporations, as well as a portion of race entry fees. Since the foundation's inception, hundreds of thousands of dollars have been contributed with every dollar going directly to meet the needs of the Leadville/Lake County community.

On behalf of the Leadville Trail 100 Legacy, Thank You! Your contributions make it possible for us to support such efforts as the Community Park, the Sno-Cat Groomer for Leadville's Mineral Belt Trail, Youth Baseball and Youth Basketball in Lake County. Of course, no recipients are more gratefully excited than the Leadville children who receive gifts from Santa during the Legacy's Annual Children's Christmas Party. We wish all of the Legacy donors could be there to experience the joy these children express when opening that special present from Santa.

Your thoughtful contributions allow the Legacy's giving to continue to grow. In May 2009, the Leadville Trail 100 Legacy Scholarship Program was created and twenty-six \$1,000 scholarships were distributed to graduating Lake County High School seniors who were continuing forward with some form of higher education. Since then, over 100 additional scholarships have been awarded.

Our belief is that the greatest opportunity for Leadville can be found in today's graduating seniors. The Legacy Scholarship Program is making that dream a reality for many Lake County students – you're better than you think you are and can do more than you think you can! This is only possible because of thoughtful contributions from people like you. We hope for your continued support in the future.





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Help Make a Difference

If you are interested in making a contribution to the Leadville Trail 100 Legacy or to the Legacy Scholarship Program, please send your tax deductible donation to:

Leadville Trail 100 Legacy
P.O. Box 234
Leadville, CO 80461

You can reach us at (719) 486-1133 or leadvilletrail100legacy@gmail.com

TRAINING

We heartily encourage you to come to Leadville to train on the course. The entire course is open for training (as soon as the snow melts) with the exception of the private property from just past the Twin Lakes Dam to the Lost Canyon Road. You can access the Lost Canyon Road and the Columbine Mine by taking Road #398 from Granite or #398B from Hwy 82. Check our Facebook page for current course conditions.

MEDICAL CHECK-IN

You will have your personal medical information noted on a medical wristband, which is to be worn for the entire race. At the medical check-in, you are required to inform our staff of any medications being taken or special medical conditions. Any medical expenses incurred by riders during the race will be at their own individual expense. All entrants must complete their medical check by 10:00 a.m. on Friday, August 12, or you will not be permitted to race. There will be no late medical check-ins. This policy is firm.

Dr. Doug Yeakel is the Leadville Trail 100 Medical Director. Medical support for our event is provided by 10K Sports Medicine, Saint Vincent General Hospital volunteers, and University of Colorado Health Science Center sports medicine doctors and healthcare professionals.





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RACE NUMBERS

Riders will be supplied a number for their helmet, their jersey and for their bike, as well as a timing chip. Numbers must be visible at all times. Riders are required to check in and check-out of each aid station. It is the responsibility of the rider to make sure each aid station has their number. **PLEASE DO NOT CUT OR FOLD YOUR RACE NUMBER.** All timing chips must be returned. Failure to do so will result in an automatic credit card charge of \$100.

WEATHER AND CLOTHING

The temperature can vary from the high 70s in the daytime to the high 20s at night. Typically, an August day starts with sunshine and ends with afternoon showers. Colorado high-country weather is notorious for its rapid and violent changes. During the race, it could rain, hail and even snow! Lightning is hazardous, especially above the timberline. Hypothermia can occur easily with a combination of decreasing temperatures, wind and precipitation. The confusion that occurs with hypothermia can be deadly. The following items are strongly suggested:

Rain gear

Windbreaker (with hood)

Polypro or wool socks, hat and gloves

Changes of socks, shoes and dry clothing

No matter what the weather, **DO NOT** attempt the round trip to Columbine Mine without adequate warm and protective clothing. Remember, the Columbine Mine is at 12,600 feet.

CUT-OFF TIMES

Riders must check out of each aid station prior to the following cut-off times:

Twin Lakes Outbound (40 miles)

Elapsed time, 4 hours

Actual Time 10:30 am

Twin Lakes Return (60 miles)

Elapsed time, 8 hours

Actual Time 2:30 pm

Pipeline Return (74 miles)

Elapsed time, 9 hours

Actual Time 3:30 pm





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AID STATIONS

Full aid stations will be located at the Pipeline, outbound at about 26 miles, the base of Twin Lakes Dam outbound at about 40 miles, the Columbine Mine at 50 miles, the Twin Lakes Dam return at about 60 miles, and the Pipeline return at about 74 miles. There will also be an express aid station located at Carter Summit on Turquoise Lake (at about mile 11 and mile 89). This location will not be a drop bag point. Aid station supplies include, but are not limited to: Herbalife Prolong, GU (including gel, Roctane, GuBrew, chomps), Coca-Cola products, fruit (such as bananas, oranges and watermelon), cookies from Cookies with Altitude, potato chips, mini candy bars, pretzels, crackers and peanut butter & jelly sandwiches.

THANK YOU TO OUR VOLUNTEERS!

Please take time along the way to thank the numerous volunteers – we couldn't put this race on without them! We have well over 450 volunteers working the race.

To volunteer for any of our events, please visit the Volunteer page on our website:

www.leadvillerraceseries.com/page/show/310571-volunteer

CREWS

As with the Leadville Trail 100 run, crews are treated and appreciated equally with the entrants and are included in the Leadville Trail 100 family. The race packet includes a crew vehicle hang tag with the race number on it. This must be displayed and readily visible on the crew vehicle at all times. Crew pets must be leashed and under control at all times. Crews are welcome at all aid stations except the turnaround. No crew bikes, please.

Crews should allow adequate time to park and walk to aid stations. Crew vehicles are not allowed on any dirt road sections of the course. Please be courteous and yield to Race Management and Emergency vehicles. In addition, please respect no parking areas near aid stations. These areas are reserved for aid station re-supply and emergency vehicle access. **Riders are responsible for the actions of their crew; consequences may include disqualification from the race.**

Crews will certainly want to be at the 6:30 am start to assist the rider with any last-second needs, and then to cheer them on at the sound of the starting gun. There may be some riders without a crew who would appreciate your help. Remember, you may help a rider with any need, but the riders must carry their own tools and personally perform all repairs or adjustments to their mountain bike. Crews may furnish the replacement parts.

At the Twin Lakes Dam, volunteers will direct the parking. This area gets very congested, so we ask your help and patience, and that you follow the instructions of the traffic control volunteers without question. A second crew access and parking area is the Mountain View Overlook parking area. Take the first left turn past the road up to the dam. There is a parking area at the end of this road. We have another crew access point that may prove even better for some riders and crews. This crew area is located on Chaffee County Road 398A at the start of the climb to Columbine Mine Aid Station. Crews drive south on Hwy. 24 to Granite.



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Turn right (west) just past the Granite store. Follow this dirt road to the marked crew area. This will give riders last-second help before their big climb and again at the end of their descent. Using this crew point, you will avoid the huge crowds at the Twin Lakes Dam.

Riders will be crossing the dam, and then checking in at the Twin Lakes Aid Station. **Crews may not cross the dam, per the Bureau of Reclamation.** You will have to carry anything needed for your rider to the crewing area. This same area will also be the next crew stop, as riders will return to this aid station after an incredible climb to and descent from the 12,600 foot Columbine Mine Aid Station. No crewing is allowed on that section of the course. Volunteers will attempt to meet their every need at this top-of-the-world turnaround checkpoint.

DROP BAGS

The day prior to the race, we will transport your personal supplies to aid stations by way of drop bags. All full-aid stations are supply bag drops. Drop bags should be, at a minimum, equal to the strength of double-thick plastic bags. No paper bags, please. Your name, race number, and the name of the aid station must be clearly marked on the outside of the bag in large letters. We prefer that you use wide white tape on the bag, and then write on the tape with a black felt-tip marker. If you place any liquids in your bags, make sure they are in leakproof nonbreakable containers. The bags **MUST** be taken to the Courthouse lawn on Friday afternoon between 3 and 5 pm for delivery to the aid stations. All drop bags can be picked up on the Courthouse lawn following the race. Any drop bags not picked up by 8:30 pm will be donated to local charities.

DROPPING FROM THE RACE

While we don't like to consider it, some of you may not complete the course. If you drop out at an aid station, you must surrender your timing chip to the aid-station captain and tell them you are dropping out. If you decide to drop out between aid stations, you must report to the nearest aid station or the finish line and inform that aid-station captain that you have dropped out. Under no circumstances should you leave the race without first surrendering your timing chip. If you are unable to continue for any reason, stay on the marked course and inform other riders that you are in need of aid.





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AWARDS

The Sunday Awards Ceremony

All awards will be presented at this time. There will be male/female 1st, 2nd and 3rd place awards in each age category: Under 19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over (please note: there will be no separate USAC categories). Handmade trophies will be given to the male and female champions. Finishers under nine hours will receive a large gold and silver trophy belt buckle. Finishers under 12 hours will receive a silver belt buckle. All finishers under 12 hours will receive a finishing medal and a finisher's shirt. In addition, female finishers under 12 hours will receive a gold and silver pendant. There will also be awards for 1st, 2nd, 3rd tandems and 1st, 2nd, 3rd male and female single speed. Awards will not be given to others. Awards can be mailed after the event for a \$25 fee; they will likely be shipped out 3 to 4 weeks after the event.

This is a 12-hour mountain bike race. Official finishers must complete the course in less than 12 hours. Riders who make the last aid station cut-off time, but fail to achieve the 12 hour finish will be allowed to continue for one additional hour only. Finishing in less than 13 hours is a compliment to the rider's tenacity, but does not earn official finish placing. All riders must be off the course in 13 hours. Please allow our sweep to pick up late riders.

RULES

USA Cycling competition rules apply. Because of the extreme challenges and demands of this race, we have asked for special consideration. Basic rules require that the rider start and finish with the same bike. Helmets must be worn at all times. When riders are heading the same direction, racers riding the bike have right-of-way over racers pushing their bikes. Riders may accept food, water or clothing from crews at aid stations **ONLY!** Riders may accept needed bike parts, wheels, tires or tubes at aid stations. However, riders must carry their own tools and do their own repairs unassisted.

IN ADDITION:

Riders are responsible for the actions of their crew.

Crews will be provided with a vehicle chang tag with the rider's number. This must be visible in or on the crew vehicle at all times.

Crews are allowed to park in areas designated by Race Management. Do not park in areas where "No Parking" signs are posted.

CREW VEHICLES MUST YIELD TO RACE MANAGEMENT AND EMERGENCY VEHICLES.

Race numbers and timing chips must be in the proper places at check-in.

NO LITTERING! - in any place, at any time. Littering is grounds for disqualification, and this rule will be enforced.

You may not stash supplies along the course.



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Crews - if your rider must drop out of the race, double check to make sure that they have surrendered the timing chip to an aid-station captain.

Any rider accepting a ride in a vehicle for any reason is deemed out of the race.

Pets must be leashed and under control at all times.

Crew vehicles are not allowed on the dirt road to Columbine Mine, the St. Kevin Road, the Hagerman Pass Road or the "Boulevard."

Violation of any rule may be grounds for disqualification. Race Management reserves the right to bar any rider from competing in this and any future Leadville Race Series events. Decisions of the Race Director, Race Management and USAC officials are final.

Aid station cut-off times are non-negotiable.

Race numbers may not be altered.

Single-speed entrants must complete the race with the gear they started in.

Flip-flop hubs must have only one gear.

TV AND FILM CREWS

We may be filmed again this year. Film crews may be on foot, in vehicles, and in helicopters for the entire race. The lead riders can expect to be "shot" extensively from a moving vehicle for the first few and final miles. Please be tolerant and as accommodating as possible. Their coverage will help our race and community greatly. DVDs also make great thank you gifts for crews, pacers, and family and friends who tolerate your extreme behavior.

RETAIL SHOP - WE'VE MOVED!!!

Come one, come all! We are so excited to announce the move of our retail shop to the NEW Leadville Race Series Racer Headquarters at 316 Harrison Avenue here in Leadville! You'll find us closer to the pulse of the Avenue with a fresh new look and amazing race gear for the whole family. And you can only find it here at 10,152 feet above sea level. We look forward to seeing you soon!

Race Management Headquarters remains at 213 Harrison Avenue.





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COURSE MARKING AND DIRECTION

Major road intersections and the highway crossing will have local law enforcement officers present. At various course turns, volunteers will provide direction. Course markings will be chalk arrows on the ground and pink/black pin flags and flagging tape.

TIMING

We will incorporate dual timing this year. As always, the shotgun starts the race and starts the clock. Your finish position will be the place you are in when you cross the finish line. As in 2010, we will use chip or electronic timing. Your actual time will begin when you cross the start line. This will give each racer exact split times at every aid station. Also, this will solve the dilemma for those who, in the past, may have lost a few minutes getting across the start line. The buckle limit time of 12 hours will now be exact from start line to finish line. This should eliminate any rush from the sound of the gun to the start line.

THE START

Riders must check in by 6:15 am. Check-in will be at the entry to your starting area. Timing chips on riders, numbers on handle bars, top tubes and helmets are required at that check-in. Race numbers may not be altered! Unregistered bikes are not allowed in starting area.

NEW FOR 2011: Riders will be seeded in corrals. Colored pace number placards will indicate in which corral a rider is seeded. You must start the race in the corral corresponding to the color of your race number. Beginning the race in a corral not assigned to you will lead to disqualification. This rule will be strictly enforced. Seeding will be based on a rider's best time at Leadville in the past three years. For example, if a rider finished in 9:58 in 2008, did not compete in 2009, and finished in 10:30 in 2010, seeding will be based on the 9:58 finish time. Finishing times prior to 2008 will not be considered.

Corrals will be assigned as follows:

Pros, sub 9-hour finishers

9:00 to 9:59 finishers

10:00 to 10:29 finishers

10:30 to 10:59 finishers

11:00 to 11:29 finishers

11:30 to 12:00 finishers

First timers

At the sound of the starting gun, riders will follow the police escort. Please, no passing, and maintain your starting position until Forest Service Road 103. Here, the all-out race begins!



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THE COURSE

Start is at 6th and Harrison. Riders will have a police escort via 6th St. to Turquoise Lake Road to County Road 9 to Leadville Junction, then across the railroad tracks, and across the river to Forest Service Rd. 103. Here the police escort ends and the race begins. (Note—the return route from this point back to the finish is entirely different, as explained later). Ride Forest Service Rd. 103 about 5.1 miles up and over the St. Kevin Mining District.

The first climb, St. Kevin, is extremely difficult and narrow. St. Kevin's Road has been graded recently and is in far better condition than in previous years. Passing will be easier than it has been in the past. Racers who must push their bikes are required to stay to one side to allow passing riders the best line. Please allow the faster riders to clear St. Kevin first. Patience here will benefit all riders. This road ends



at Bear Lake Road (FS Rd 107). Be extremely careful here. The road is a steep downhill with a hard, quick right and left turn on loose dirt and gravel. Across this road and to the right is a Forest Service green gate. Go through the gate (open on race day), then approximately 2 miles to the Turquoise Lake Rd. This is the location of the Carter Summit Aid Station. Right turn following the paved road about 4.5 miles around the west end of the lake to the Hagerman Pass Rd. (FS 105). Turn right, then about 2 miles up this dirt road to FS 105A. A hard left turn begins the route up and over Sugarloaf Pass. The descent has steep grades, sharp turns and a creek crossing at the bottom.

A short distance after the water crossing, turn right on the paved road. Continue on the paved road (CR 300) about 2.5 miles until you reach CR 11 (Halfmoon Road), turn south and go a little more than 1 mile (this 1 mile will be on the same route as crew traffic, so use extra caution.) Stay right at the fork in the road (crew traffic stay left) continuing on Halfmoon Road to turn left on the Pipeline Road. The Pipeline Road is the location of the first full-aid station. Racers must check in and out of the aid station before turning left to follow the Pipeline south. This is a 2 track dirt road. Approximately 1/2 mile beyond Sage Draw Road, turn left. This old 4-wheel-drive road has a sharp descent and steep ascent, and will soon take the rider to the new single track. This will take riders to CR 10, eliminating the "ambulance" hill. Turn right staying on the road until it intersects with SH 82. Proceed directly and carefully across the highway to the dirt road and turn left. Follow this road, then trail, across the dam to the Twin Lakes Aid Station located at the south end of the dam. Check in; refuel; check out.

Follow the road south through the Forest Service gate. This part of the course crosses private land. The ranch owner is extremely generous with his permission to cross. Please



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show every courtesy and respect in return. It's about 1.5 miles across the ranch. The route is marked and will take riders to Chaffee County Rd. 398A. (This is also the location of the new crewing area.) Turn right and begin the long climb to the top of the mountain. The road surface is good, although very steep in places and with many switchbacks. In the final 2 miles to the Columbine Mine Aid Station and the 50-mile mark, the road abruptly changes to a very rough, rocky, rutted 2-track climb to the 12,600-foot turnaround. Enjoy the magnificent view, then carefully and safely come down the mountain, retracing the course exactly back to Leadville Junction. Continue south on the road beside the railroad tracks. This will turn up a short, steep grade and riders will be 3.5 miles from the finish. This dirt road known locally as the Boulevard, takes the riders up to McWethy Dr. Then it's a left and a quick right on 6th St., and on to the finish.

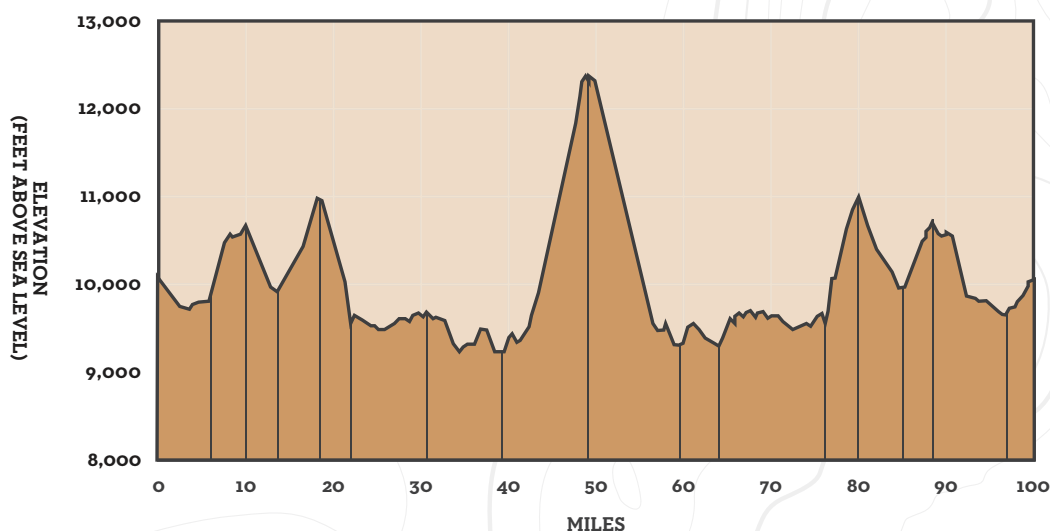
Any course changes will be covered during Friday's mandatory final briefing.

CRITICAL

Riders coming down the mountain after the turnaround must stay on their half of the very narrow road, and must stay in control. Riders will be coming up, and both must treat their half of the road as single track. Downhill riders will have the right of way. Uphill riders must stay as far right as possible. Your safety is our number one concern. **STAY IN CONTROL!**

Again, automobiles or emergency medical staff may be on any part of the course.
STAY ALERT!

COURSE ELEVATION





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RACE LOG

Course Leg	Target Time In	Target Time Out	Actual Time In	Actual Time Out	+/- Goal
Start to Pipeline					
Pipeline to Twin Lakes					
Twin Lakes to Columbine					
Columbine to Twin Lakes					
Twin Lakes to Pipeline					
Pipeline to Finish					

Target Finish Time _____

Actual Finish Time _____

Notes for Next Year! _____

Click here for past results and split times.



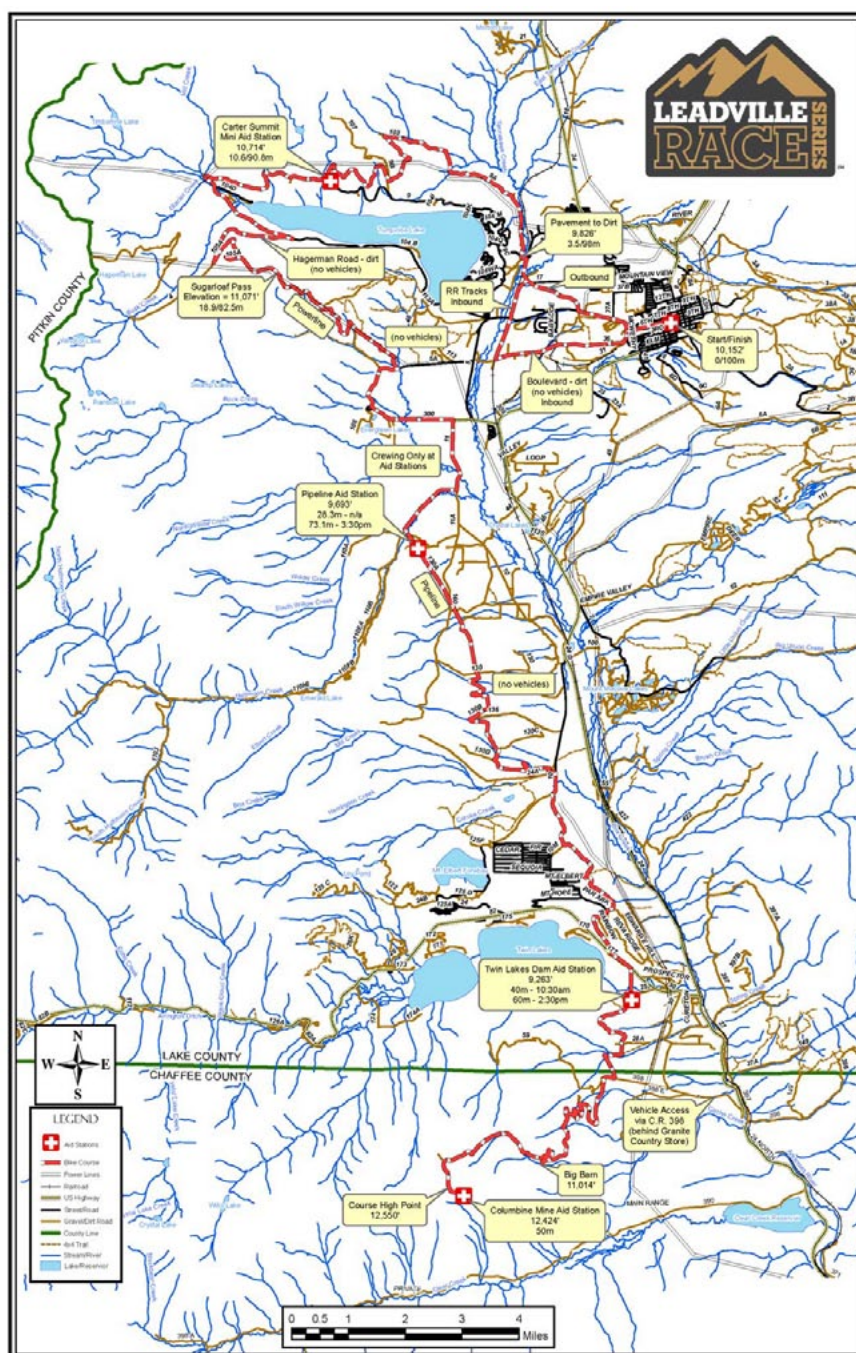
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LEADVILLE TRAIL 100 MOUNTAIN BIKE TRAIL MAP

Please click [here](#) to be taken to the more detailed map on our website.





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DIRECTIONS TO LT 100 BIKE AID STATIONS

From the intersection of Harrison and 6th (stop light in the middle of town):

Carter Summit aid station (39°17'1.65"N, 106°24'20.76"W)

Drive west on E 6th St, go 0.9 miles
Turn right (north) on McWethy Dr / County Rd-4, go 1.0 mile
Stay right (north) at Leadville Junction, go 0.4 miles
Turn left (west) on County Rd-9, cross railroad tracks, go 0.5 miles
Turn right (north) on Turquoise Lake Rd, go 4.6 miles
Arrive at aid station, just past Carter Summit

Pipeline (39°11'22.69"N, 106°22'26.82"W)

Drive south on Harrison/Hwy 24, go 3.9 miles
Turn right (west) on CO-300, go 0.8 miles
Turn left (south) on County Rd-11, go 1.2 miles
Continue straight (south) on paved road, go 1.6 miles
Turn left (south) on pipeline road and arrive at aid station

Twin Lakes (39° 4'34.05"N, 106°18'13.57"W)

Drive south on Harrison/Hwy 24, go 15.0 miles
Turn right (west) on E CO-82, go 0.8 miles
Turn left (southwest) on County Rd 25, go 0.5 miles
Arrive at aid station

Columbine Mine (39° 1'30.80"N, 106°21'40.55"W) **No Crew Access, Volunteers Only**

Drive south on Harrison/Hwy 24, go 17.6 miles
In Granite, Turn right (west) on County Rd-398
Follow County Rd-398 towards mine, go approximately 10 miles
Arrive at aid station

Trash and Recycling

There will be trash and recycling containers at all full aid stations and the start/finish line. Please discard any trash in an appropriate container or within 100 yards of the aid station. Intentional littering on the course will be grounds for disqualification. The course - on trails both public and private - travels past many historic sites and through areas of exceptional beauty. Help us keep them pristine.

We will be recycling all plastic and aluminum during these races, and all our events. We'll take care of this at the aid stations. At the start/finish, please ensure you place trash or recyclable materials in the appropriate containers, which will be well marked.



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DIRECTIONS TO LEADVILLE FROM:

Metro Denver & Denver Intl Airport (121 miles)

Take I-70 West
Go through the Eisenhower Tunnel
Continue past Dillon
Continue past Frisco
Take Hwy 91, Copper Mtn Resort (Exit 195)
Go South on Hwy 91, past Climax to Leadville (24 m)

Grand Junction (163 Miles)

Take I-70 East
Turn onto Hwy 24 South at Minturn
Follow Hwy 24 over Tennessee Pass to Leadville

Pueblo (153 miles)

Take Hwy 50 West through Canon City and Salida
Take Hwy 291 North until Hwy 285
Take Hwy 285 North until Hwy 24
Take Hwy 24 North until Leadville

Colorado Springs (130 miles)

Take Hwy 24 West through Woodland Park
Continue past Buena Vista
Continue on Hwy 24 to Leadville

WHERE TO STAY?

Visit us at www.leadvillraceseries.com (Click on “Visit Leadville” and “Where to Stay”) or the Leadville Chamber of Commerce at www.leadvilleusa.com.



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AT YOUR SERVICE... THE LEADVILLE RACE SERIES STAFF

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213 Harrison Avenue, Leadville

You'll also be seeing the familiar faces of Founder and President Ken Chlouber and former Race Director Merilee Maupin at the events this year!



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2011 LEADVILLE RACE SERIES SCHEDULE

Race	Race Dates	Registration Close	Register
Leadville Trail 100 Run Training Camp	June 25-27	June 20, 2011	CLOSED
Leadville Trail Marathon	July 2	June 10, 2011	CLOSED
Leadville Trail Heavy Half Marathon	July 2	June 10, 2011	CLOSED
Leadville Trail 100 MTB Training Camp	July 7-10	July 5, 2011	CLOSED
Leadville Silver Rush 50 MTB	July 16	Extended to July 10, 2011	CLOSED
Leadville Silver Rush 50 Run	July 17	Extended to July 10, 2011	CLOSED
Silver King & Silver Queen	July 16-17	Extended to July 10, 2011	CLOSED
Leadville Trail 100 MTB	August 13	January 31, 2011	CLOSED
Leadville 10K Run	August 14	August 1, 2011	Register now!
Leadville Trail 100 Run	August 20-21	June 10, 2011	CLOSED
Leadman & Leadwoman	Multiple Dates	January 31, 2011	CLOSED
12/24 Hours of Leadville MTB	September 3-4	August 22, 2011	Register now!



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RACE SPONSORS

We thank the following sponsors for making the Leadville Race Series possible. Whether local or national, we ask our participants and fans to look to these sponsors first for the services or products they provide. We truly could not host these amazing events without all of you. Our most sincere thanks to you all.

SRAM



BLACKST^{AR}

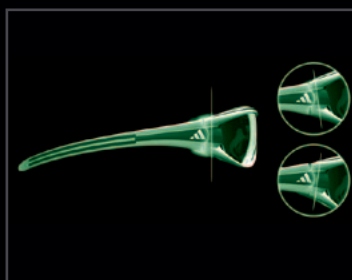


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