

Private Lacrosse Lessons

**Are you ready to
improve quickly?
Ready to have more
fun playing lacrosse?
Are you looking to
fine tune your stick
skills? Set up a
private lesson
today!**

Lacrosse is THE BEST sport on the planet, and I would love to help you improve your game! Let me tell you a little bit about myself: I played Varsity for Greenwich High School all four years, won one state title and two conference championships, and was an Academic All American. In college, I was a four-year starter and team captain at Washington and Lee University in Lexington, VA. During my time there, we won four conference championships and made four appearances in the NCAA tournament. I coached clinics throughout high school and college and also instructed private lessons. In 2007-2008, I moved to Marlborough College in the UK to coach lacrosse. When I came back to the states, I coached an 8th grade girls' team for Greenwich Youth Lacrosse (GYL) in Connecticut. I am so excited to be working with Keller Lacrosse and looking forward to an exciting new year!

Lessons can be scheduled in half hour and hour increments. ½ hr=\$30; 1hr=\$50 and will be held at Indian Springs Middle School. Please contact me if you are interested or have any questions! 😊

Contact Coach Avery Garland at: averygarland@gmail.com or by phone (817) 565- 4446.