

Lions Football Club

Pride, Guts, & Glory



2011 -2012

Parents & Player Handbook

Lions Football Club
P.O. Box 79
Schertz, Texas 78154
www.lionsfc.org

Dear Parents and Players:

Congratulations, you have made it through the tryout process and are now part of the Select Soccer Family and the Lions Football Club. We know you have choices in select and we appreciate the fact that you have chosen to become part of the Lion's Family. As a voting member of the Alamo Area Youth Soccer Association (AAYSA), the Lions FC has a voice in shaping youth soccer in the San Antonio and surrounding areas. We are also affiliated with the South Texas Youth Soccer Association (STYSA) and United States Youth Soccer (USYS).

The Lions FC has been in existence since the Fall 1998. Prior to that, we were known as the Internacional Soccer Club. We have made great strides since our beginning and are one of the most respected select soccer clubs in STYSA. In addition to the work with our select players, the Lions Football is hard at work in the community working with recreational teams, youth groups and other organizations promoting youth soccer.

The Lions Football Club is a close knit organization that is a collection of parents, former players, coaches and soccer enthusiasts whose primary mission is to provide an environment where players can learn the game of soccer in a fashion which will push them to maximize their potential while supporting players during the learning process. At the Lions Football the focus is on player development and not necessarily on wins and losses, we understand that results are important, but at the end of the day, the game score isn't a measure of success, but rather success is measured by how well players have developed.

The Lions FC is a volunteer driven organization and we have expectations of all families who join our family. To support the continued success of our club and our parents, we are dependent upon the commitment of all when it comes to fundraising, field days, and other volunteer efforts. It all goes back to our children and that is why we are here in the first place.

As time goes on, I am sure that you will have a multitude of questions and we encourage everyone to talk to their team managers, trainers and the LFC Board Members whenever you have a question or concern – compliments are welcome as well.

Once again, **thank you** for choosing to become a Lion and we welcome you to the family.

Sincerely,

The Lions Executive Board.

OUR MEMBERS

TRAINING STAFF

The Lions Football Club is fortunate to have a highly qualified team of training staff. All of our trainers have extensive playing and coaching backgrounds, are appropriately licensed for the age group they are coaching and are committed to improving their own coaching ability by attending courses and participating in various team training programs.

The club's trainers are hired and supervised by the Director of Coaching, Peter Moore. It is the responsibility of the Director of Coaching to make team-trainer assignments each season. Duties and responsibilities of the training staff include:

- Conducting club tryouts in May/June. The Directors of Coaching, the training staff are responsible for team selections. The final decision shall rest with the Director of Coaching.
- Hold at least 2 parent meetings with the team manager per year (1) ASAP after May tryouts, or when training starts in mid July and (2) in January if needed.
- Plan and conduct training sessions for all assigned teams during the year.
- Be available to attend as many scheduled, regular season games each weekend as possible. If coaching a team other than their own and they are familiar enough with the players, the trainer should perform duties on the sideline to assist the team's manager (decide on player positions, substitutions, pre game and half-time talk etc.).
- Be available to attend approved tournaments both locally, and out of town. To cover as many The Lions Football Club teams as possible, trainers may be required to attend teams games for teams other than their own. If unfamiliar with the players, the trainer should act as an assistant coach providing guidance to the team manager.
- Be available to answer questions, resolve problems, etc. with team members and/or their parents.
- Wear appropriate uniform at all times. All trainers are provided with full uniform.
- Continually develop as a soccer trainer through national coaching courses and clinics.
- Trainers are to act in a professional manner at all times. Trainers are to represent the club at all times and strive to develop the players of the Lions Football Club.

TEAM MANAGERS:

Team managers are selected by the Directors of Coaching and the Lions FC Board. The team manager is one of the most visible representatives of The Lions Football Club and must provide positive, motivated leadership for the team. A good team manager has a fundamental understanding of the game of soccer, but is willing to listen and learn from the assigned trainer. He/she must also be a good role model for our soccer players. Our players need and deserve the best. Positive examples are a must! A team manager commitments and responsibilities include:

- Support the policies of the club and the decisions of the Directors and trainers.
- Actively support the trainers, and their efforts concerning player development, playing philosophy and team organization.
- Act as a link between the trainers and the players/parents. Communicate club activities, business, decisions, policies and philosophy to all team members.
- Promote the club and recruit players.

- Be responsible for the day-to-day activities of the team.
- Enforce the Lions Football Club standards of behavior for players and parents.
- Set an example of sportsmanship and behavior for all players/parents consistent with the policies of the Lions Football Club.
- Collect fees for tournaments as well as other club events and team fees such as field use, uniforms and other necessary fees.
- For U15 & older teams, assist in the effort to market the team's players to college coaches.

PLAYERS:

The following is The Lions Football Club policy concerning player commitment and conduct during training and games. In the most general sense, the Club expects to develop and maintain a tradition of excellence. We feel that it is important to have positive recognition as The Lions Football Club through exemplary dress, behavior, and playing style, among other things. The Lions Football Club intends to set the standard that other soccer organizations will endeavor to achieve.

GENERAL PLAYER EXPECTATIONS:

- Maintain team and club dress standards (general appearance, clean uniforms and equipment). Only official The Lions Football Club apparel is permitted when our teams compete. **Red Lions FC practice shirts and black shorts to be worn during all training sessions to create club unity and to promote the name of The Lions Football Club. Senior Teams are to wear the Black Lions FC practice shirts.**
- Display commitment to The Lions Football Club ideals and philosophy to actively promote the club.
- Strictly adhere to trainer and team manager instructions.
- Attend all practices and training sessions. Players are expected to be punctual and ready to start at the stated time. Ready to start means to have cleats and shin guard already on when trainer call the team in!
- Attend all games and arrive at least a **minimum of 45 minutes** prior to game start time, unless otherwise instructed by your manager or trainer.
- Maintain the highest standards of conduct and good sportsmanship at all times.
- Give a 100% effort each and every time you are on the field, **whether it's a practice session or a match.**
- **Maintain high academic standards.**
- Understand the importance of proper game preparation (i.e., mental, nutritional and physical).
- Maintain the highest level of fitness. Players are expected to do additional fitness activities outside of regular club training.
- At all times remember that you are representing more than yourself, you are representing the good name of the Lions Football Club.

PLAYER COMMITMENTS AND CONDUCT -TRAINING SESSIONS:

- Players are expected to attend all training sessions. If a player is unable to attend a session, it is his/her responsibility to contact the team manager/trainer as soon as possible and tell him/her the reason for the absence. Failure to attend training sessions may result in loss of playing time.
- Players are expected to be punctual. They are to be dressed and ready to take the field at the stated time. If players are late for training they will run the risk of being penalized before joining the rest of the team.
- Each player must bring water or appropriate energy drinks to **every** training session and game.
- Dress for training session will be as follows:
- Shoes (Soccer Turf shoes only at the Lions Practice Facility). These are to be kept clean.
- Watches and other jewelry are not to be worn
- Shin Guards must be worn or the player will not be allowed to participate in training sessions or games.
- Socks must be pulled up over the shin guards.
- **Lions Football Club Practice Tees and black shorts are to be worn to all training sessions.**

Training session behavior will be as follows:

- The trainers and team managers are to be shown respect at all times. Disruptive behavior will not be tolerated. Disrespectful behavior is detrimental to the entire team and wastes valuable training time. This may result in loss of playing time or other forms of discipline deemed fit by the coach and trainer.
- Players must respect each other. This is essential for effective teamwork. On the field, everyone must work toward a common goal. Soccer is very competitive and physical, but mutual player/trainer/manager respect is expected and required. During practice, trust and respect is being developed, so that under the pressure of a game situation, the individual players work together as a team.
- "You train as you would play." If players do not do their best in practice, they probably will not do their best in a game. Training sessions are as important as games. If players are not in top condition because they do not train properly, they will not be able to compete in matches optimally. Remember "Train hard, play hard"

PLAYER COMMITMENTS AND CONDUCT -GAME DAYS:

- The team is to assemble at the playing field 45 minutes prior to the start of the match unless instructed otherwise by the trainer or team manager. If a player arrives late, loss of playing time may be the result. Any player unable to attend games must inform trainers within 72 hours to allow for appropriate preparation. Failure to do so may result in loss of playing time in future games.
- Each player must bring his/her entire uniform to every game. This includes having both jerseys and both pairs of shorts, in case of color conflicts, shin guards on and socks pulled up, shirts tucked in. The following types of soccer shoes are recommended: flats or turf shoes for hard surfaces and molded cleats for soft or wet surfaces. All parts of the uniform must be clean, including socks. All bags/equipment should be lined up in an orderly fashion. Only official The Lions Football Club apparel is allowed on game days.

- After arriving at the field, the players should begin warming up and stretching under the instruction of the manager or trainer. It is important to be concentrating on the upcoming game during the warm up and no goofing around. Players are to be focused and should not be talking about events not relating to the game in hand. A good warm up is not only the key to being prepared for the game but it is also a reflection on the professionalism that The Lions Football Club promotes.
- When the match starts, the players who are on the sidelines should be together, not with visitors, parents, or spectators, and should concentrate on the match and be supportive of their fellow players on the field. Derogatory or hostile comments directed toward the officials, opponents, or teammates will not be tolerated. Players on the sidelines should also be watching the game and observing the opposing team so that they are ready when they are called into the game.
- From the start of warm up to the time the team leaves the field after the game, the trainer and/or team manager will direct the activities of all players. Any players that are horsing around will be penalized accordingly.
- The trainers or the team managers are to be the sole interface with the officials during the game. Players are to accept the official's calls without comment (either verbal or by gesture). There is nothing to be gained by antagonizing an official, even if it appears obvious that an incorrect call or decision has been made. In fact, there is much to be lost, both immediate (i.e., a red card/ejection), and long-term (e.g., league suspension, our reputation, etc.). Regardless of the player's opinion of the quality of the officiating, no comments are to be made to the officials unless it is of a positive nature.
- We expect Lions Football Club players to be tough but fair. Violent fouls or verbal abuse will result in intervention by the team trainer/manager.
- Substitutes are to keep warm, remain focused and be prepared to be called on at any time. Substitutes should enter the field from the half way line.
- Following the match, if the team or a group of players, stays to watch other games, those individuals still represent The Lions Football Club, and are expected to behave accordingly.

PARENTS:

To have a successful program, there must be understanding and cooperation among parents, players, team managers/team moms/dads and trainers. Your child's progress and success will depend on this relationship. With this in mind, we ask you to seriously consider this section as your family joins The Lions Football Club.

SUPPORT YOUR CHILD, THE TRAINERS AND TEAM MANAGERS/COACHES

Your child needs your positive support at home, on the practice field and on the competition field. This will allow your child to be more confident, to enjoy soccer more, and to perform better in training and in competition.

A player develops best when he/she trusts and respects the trainer and team manager. The trainer's job is to motivate, teach, and constructively critique each player's performance. We want the players to relate to their trainer as soon as possible regarding soccer issues. A good relationship between trainer and player produces the best results. When parents express opinions as to how a player should play, what position they should play, how much playing time they should receive, etc., it causes considerable confusion. If you have particular concerns, suggestions, or just a question, please speak to your team manager or team trainer. **Above all, avoid coaching your child during a game.**

COMMUNICATE THROUGH YOUR TEAM MANAGER/COACH/TRAINER

Remember, there is a time and place for everything. If you need information or wish to ask questions concerning team management or coaching decisions, please contact the team manager to obtain the information or to arrange a meeting. Concerns or constructive criticisms are welcome, but should be expressed away from training sessions and games. If you have questions concerning the club, ask your team manager or contact a member of the Lions FC Board.

ATTEND TRAINING AS OFTEN AS YOU LIKE:

You are encouraged to observe your child and to learn more about soccer. **However, when the team is training, preparing for a match, or working in some other related capacity, please do not disturb or interrupt the trainers or players.** Please remember that training sessions are learning situations and players need to concentrate to improve.

BEHAVIOR AND CONDUCT:

The Lions Football Club maintains high standards for its players, team managers and trainers concerning the area of behavior and conduct. These same standards apply to parents and spectators as well. The club and its teams are affected by the poor behavior and conduct of the parents and players. A team can be issued a yellow or a red card for the behavior of its parents and spectators and thus can accumulate discipline points. Each of us, coaches, trainers and parents, must set an example of good behavior and sportsmanship for our children.

PARENTAL AND OTHER SPECTATOR BEHAVIOR AT GAMES:

The Lions Football Club wishes to project a positive image to both the soccer and local community. An attitude of good sportsmanship and positive support for the players, managers, and officials is essential for this type of image. The following should be used as guidelines for behavior:

Failure to abide by the following rules will result in the parent or spectator being asked to leave the fields.

- Consumption of alcoholic beverages during matches or training sessions will not be tolerated
- No smoking is allowed in areas where players are present
- The Lions Football Club will not tolerate loud, crude, profane, vulgar, argumentative, belligerent behavior or language
- Refrain from any comments, and especially negative comments, about the officiating. Even if you feel the quality of officiating was poor, stay away from the officials at the end of the match.
- Only words of encouragement should be shouted from the sidelines. Be positive at all times. The comments from the sidelines should be restricted to non-coaching comments. Negative/derogatory comments about other players, parents or spectators are strictly forbidden.
- Refrain from verbal exchanges of any kind with opposition players, parents, or spectators.
- Do not confront a manager or trainer during, before or immediately after a game. If there are any aspects of a particular game, which you would like to discuss with the team's trainer or manager, arrange for a meeting at a later time. However, if time permits, the trainer/team manager may hold a post-game talk for players and parents where questions & comments are welcome.

- **All** parents and spectators are expected to dress in proper attire. Lions Football Club colors preferred!
- It is the responsibility of each trainer, manager, player, parent and spectator to control his or her sideline behavior. In order to help protect the image of The Lions Football Club as well as your own image, the Lions Football Club Board will review specific instances of problem sideline behavior. Unacceptable behavior could also impact a child's selection or non-selection at tryouts.

COMMITMENTS:

- Support and maintain The Lions Football Club Soccer standards.
- Fulfill your parental, financial, and volunteer obligations. Be prompt with payments.
- Allow trainers and managers to perform their commitments without interference during practices and games.
- Foster an environment for academic excellence and good sportsmanship

SOCCER INFORMATION

PLAYER SELECTION & TRYOUTS

Lions Football Club teams are formed in May/June of each year. Assuming there are sufficient numbers, we will attempt to form at least 1 team for each age group, U9-U18, boys and girls. Players are evaluated and selected by our professional training staff. There is no definite number of players required for each Lions Football Club team. Talent level is the main determining factor. However, guidelines are:

U11 -8v8: Max 14 per roster.

U12 -8v8: Max 14 per roster

U13-U15 11v 11: 16 - 18 players per roster

U16-U18 11v11: 18 - 22 players per roster

TRYOUTS:

Tryouts will generally be held in May or June and will be held at the Lions Practice Facility located adjacent to the Schertz Soccer Complex . Players will check-in and are assigned a number (players will be assigned the same number for all tryout sessions). Parents will be required to attend a brief informational meeting before the tryouts. At this time, the Directors of Coaching and trainers will explain the tryout process and answer questions. There generally will be 2 sessions for each age group. Unless otherwise advised by the club's trainers, we would like players to attend both sessions. This gives the players the best chance to impress the selectors and allows the selectors to make comparisons and the best possible decisions.

The format will be fundamental assessments, small-sided games progressing into full-field games. All current players are encouraged to attend, however, these tryouts are used mainly to evaluate new players and have a "final look" comparing current ones. Obviously, talent is by far the main criteria in player selection with the previous year's performance far outweighing the one or two 1 1/2 hour tryout sessions. Other factors used in player selection are player/parent commitment, loyalty to the club as well as a player's attitude and attendance at training, games, tournaments etc.

Regarding Play-Ups: In general, players must all play within their "correct" age group. When we need to complete rosters especially at the older age groups, it may be necessary to select some younger players to play up.

NOTIFICATION:

Players will be offered roster spots prior to the conclusion of final night of tryouts. Saturday tryouts are used exclusively to fill any roster spots that are open after the regular tryout period.

SUPPLEMENTARY TRYOUTS:

At any time, at the discretion of the team trainer or manager, a new player may be invited to a team training session with the possibility of adding them to the roster. The Directors of Coaching will make the final decision regarding any additions to any roster.

TEAM MEETING:

After tryouts, the team manager and trainer should hold a team meeting as soon as possible. Topics to be discussed may include:

- Contact Information for players/parents, manager, trainer etc.
- Goals/Objectives for the team.
- Season Schedule including training, league games, tournaments etc.
- Expectations & Rules for the team.
- Finances, Uniforms & Fundraising issues.
- Communication channels.
- Annual Golf Tournament and Annual Player Awards Banquet.
- Answer any other questions.

TRAINING PHILOSOPHY ... PROGRAMS

Although each trainer has his/her own style of coaching, all use a consistent teaching methodology. The "Games Approach to Teaching Skill" is our favored method. This method uses small-sided games and activities that require players to make decisions and perform technically under match pressure. All training sessions are designed to improve technical, tactical and fitness abilities. During all sessions skills will be practiced and introduced into game like play. If you have any questions about training methods please ask your trainer.

PRE SEASON CAMP:

We will hold an annual preseason camp on July 18-21st. The camp fee will be included in your annual dues for competitive teams and the preseason camp is mandatory for all players. New players may also be invited to this camp as a form of a tryout. Regular team practice will resume on July 25/26th.

ENTRY LEVEL TRAINING PROGRAM:

The Entry Level training program is for players in our Under-11 and Under-12 teams, and is designed to introduce young athletes and their families to the challenges and commitments required to participate effectively in AAYSA/STYSA/WDDOA Division 1, Super 2 & Division 2 competitive soccer. Emphasis is placed on fundamental development (individual technical skills and decision-making), and molding individual players into a competitive team. Entry Level teams that are extremely qualified will be encouraged to compete at the highest level of competition including state, regional and national tournaments.

INTERMEDIATE LEVEL TRAINING PROGRAM:

The Intermediate Level training program is for players on Under-13 through Under-15 teams. Demands for time and commitment are higher at this level than at the entry level. Training at this level emphasizes more advanced technical skills and group tactical development. The intermediate level training program is designed for the players who are serious about making soccer the primary sport they play. Our top intermediate-level teams will be encouraged to compete in state, regional, national, and where possible, international competitions.

SENIOR LEVEL TRAINING PROGRAM:

The Senior Level training program within The Lions Football Club is for players on the Club's Under-16, Under-17, and Under-18 teams. This is the highest level of soccer offered by the Club and the training program (team attacking and defending tactics), has been designed to be competitive. The athletes who qualify and desire to participate at the Senior Level should understand the demands and responsibilities of being a member of a Senior Level Team. The Lions Football Club provides training, matches, college scrimmages and tournament opportunities throughout the year for athletes at the Senior Level. The Club believes that year-round soccer participation is necessary to compete effectively at the highest levels of play. For this reason, Senior Level players should understand their commitment to the club before becoming a member of the Lions Football Club. Additionally, senior teams are encouraged to participate in the annual Welsh International Cup held in Wales, England in the summer.

TRAINING SPECIFICS:

All U11 & older teams will train twice per week with the team trainer. Training sessions will be held mid July through mid December and mid January through the end of May, as long as the fields are playable and weather permitting.

As previously stated, training sessions are just one aspect of the Lions Football Club. There is no set number of training sessions per year and make ups are not required, however, in the event of a lot of rainouts, the trainers may try to make up some of the missed sessions or institute some other programs (fitness training, additional scrimmages, soccer video sessions etc.). Each competitive team training session is 90 minutes. Players should be ready to begin before their scheduled starting time. Players can attend training sessions of other Lions Football Club teams on off days if they wish to do so and they have cleared their attendance with the manager/coach of the other team.

The Lions Football Club Training Schedule is very complicated and involves a number of factors: what time an age group gets out of school, other teams trained by the same trainer, similar age groups at the same time to allow for scrimmages, etc. Due to the fact that Lions FC now has 400 plus players in our program, it is very difficult for us to meet all the preferred requirements.

TOURNAMENT PLAY, TRAVEL & RULES

OVERVIEW

Lions Football Club teams should only enter tournaments approved by the Director of Coaching. The criteria used to create this list include: strength of opposition, prestige of tournament, location, availability of trainers, dates of the event, number of college coaches in attendance, etc. All Lions Football Club teams are expected to play in a number of tournaments each year. The number of events and the travel involved will obviously vary greatly depending on the skill level and age group of each team. In all cases, team managers should complete and mail all tournament paperwork promptly. Copies of tournament schedules MUST be sent to the Director of Coaching as soon as they are received so we can assign trainers to cover as many games as possible.

2010 - 2011 TOURNAMENT SCHEDULE			
DATE	TEAMS	TOURNAMENT	LOCATION
July 18, 19, 20, 21	All Teams	Lions Startup Camp	Lions Practice Fields, Schertz
July	94, 95, 96, 97 Boys and Girls	PUMA Cup www.texaslightning.org	Arlington, Texas
July/August	94 Boys and Girls	Welsh Cup	Wales, England
August	All Girls Teams	Challenge Warm-Up www.texasoccerclub.org	Houston, Texas
September Labor Day	All SII Boys and Girls	AAYSA Labor Day www.aaysa.org	San Antonio, Texas
September Labor Day	All SII & DI Boys and Girls	Plano Labor Day planoyouthsoccer.org	Plano, Texas
September Labor Day	All SII and DI Boys and Girls	Austin Labor Day www.lonestar-sc.com	Austin, Texas
November	All Teams	Alamo Classic www.neyso.org	Specht Road San Antonio, Tx
November	All Eligible Teams	Lonestar Showdown www.lonestar-sc.com	Austin, Texas
December	94, 95, 96 Boys and Girls	Storm/Sport Source Showcase www.texaslightning.org	Plano, Texas
December	94, 95, 96 Boys and Girls	Tulsa Showcase	Tulsa, Oklahoma
December	94, 95, 96 Boys and Girls	Lions Showcase www.lionsfc.org	Schertz Soccer Complex
January	Optional	Groundhog Tourney www.neyso.org	San Antonio, Texas
February	All Non High School Teams	President's Day www.lionsfc.org	Schertz Soccer Complex
February	All Non High School Teams	Aggieland Tournament www.dtaggieland.com	College Station, Texas
April	94, 95 plus Tour- ney Teams	Lightning Showcase www.texaslightning.org	Arlington, Texas
Memorial Day Weekend	All Teams	Memorial Day Cup www.lionsfc.org	Schertz Soccer Complex
June	Premier/DI	Texas Shootout	Houston, Texas

Lions Futball Club teams may invite guest players from other clubs to attend tournaments. "Guest" players should be treated as a regular team member of during the tournament.

As a Select Club, these are the tournaments that the training staff feel will best aid in the

development of our players and, in the case of the older players, afford them the greatest opportunity for exposure to college/university coaches. The actual tournaments your team will attend will be determined by your trainer and manager.

IT IS EXPECTED THAT IN YOUR COMMITMENT TO THIS CLUB, YOU ARE ALSO COMMITTING TO PARTICIPATE IN THESE TOURNAMENTS.

Soccer is a team sport and, when one, or a few players choose to not participate, it affects the whole group. Please keep this in mind as you make your decisions. It is the expectation of the club that you will participate in these events with your team. We also understand that there are times when other events prevent your participation. Please notify your team manager immediately if you can not attend so that guest players can be invited. Even if you are not able to attend a tournament, it is expected that you will still be responsible for your portion of the tournament entry fees and trainer expenses.

LIONS FUTBALL CLUB TRAVEL POLICIES:

- When a Lions Futball Club team goes to a tournament, it does so with the intent to be as competitive as possible. Thus, it is crucial that each player optimizes his/her preparation for such events. Long-term preparation, such as working hard at training sessions and maintaining a proper diet, as well as short-term preparation, such as ensuring sufficient rest and concentrating on the upcoming games are very important. In order to enhance short-term preparation, the club insists that the team carry out most of its activities together (i.e. at least one meal should be eaten together each day). Prior to departure, it is recommended that the team meet to coordinate travel plans and formalize a detailed itinerary (meeting times, team functions, room assignments, group transportation to the games etc.). Where possible, we would like teams attending the same tournament to coordinate travel/hotel arrangements. When traveling as a group, it would be very beneficial for all players to wear the same color Lions Futball Club shirts.
- Whenever it is practical, Lions Futball Club teams should support each other by attending each other's games. If possible, before and after games, teams should wear official Lions Futball Club attire.
- It cannot be overemphasized that the team manager must know the whereabouts of all the players at all times. It is the player and parents' responsibility to be sure that this requirement is met. Keeping track of players is not the responsibility of the training staff.
- Prior to a trip, the parents not traveling (or not staying in the hotel with the player) are responsible for making arrangements with one of the other adults to chaperone their child. All parents and players realize that the ultimate responsibility for the conduct of that player lies with the player and his/her family. Further, it is understood that violation of the travel policy rules of conduct will result in discipline by the Lions Futball Club manager or trainer, ranging from benching to suspension from the team.

PLAYER COMMITMENTS AND CONDUCT - OVERNIGHT STAYS:

If the team stays in a hotel, good behavior is mandatory. The following applies:

- Soccer balls are not to be kicked in the room or halls. Do not run and yell in the halls -you will disturb other hotel guests who are paying for a quiet room, not to hear noisy soccer players. Joy riding in elevators and roaming the hallways is not acceptable.
- Player get-togethers should take place in approved hotel areas. Approved areas are player's rooms, game rooms, pool areas, exercise rooms, lobbies and restaurants.
- If something is inadvertently broken in a team room, the only appropriate response is to immediately report it to the team manager or trainer.

- Curfew must be rigorously enforced. Failure to abide by the curfew could result in the loss of playing time.
- No player may leave the hotel premises without explicit permission from the team trainer, team manager or another responsible adult.
- Players who drive are to leave their cars parked unless given specific permission from the team trainer or team manager to do otherwise.
- It is the player's responsibility to know when team functions such as meals, team meetings, etc., will occur, and be on time for each event.
- No charges (including telephone or pay-per-view movies) to a team room are allowed unless there is prior approval by the trainer or team manager.
- Muddy soccer shoes are not allowed inside the hotel. Do not clean muddy shoes in your hotel room, always clean them at a water faucet at the playing field or, if water is not available at the field, outside the hotel.

PLAYER COMMITMENTS AND CONDUCT -OVERNIGHT STAYS (continued)

- No members of the opposite sex will be allowed in any player's room unless an adult is present.
- No player will have possession of or be under the influence of any drug, narcotic, or controlled substance that has not been legally prescribed to that player.
- There will be no consumption or possession of alcoholic beverages or tobacco products.
- A player whose parents are not on the trip or at the hotel, will have an adult present on the trip to report to; the player must keep this adult informed of their whereabouts at all times.
- If the team has home stays, it is critical that all the players are on absolutely their best behavior. You are a guest in someone's home, and you (and indirectly Lions Football Club), are being judged by the host parents. Be sure to thank your host family.

CLUB AND TRAINER FEES

OVERVIEW

The majority of the expenses incurred by Lions Football Club are financed through fees paid by players to the Club. The Lions Football Club will make every attempt to keep expenses down so that fees paid by members are kept as low as possible, while insuring that funds are available to achieve the club's goal of providing excellent training for our players. Fees are established by the Lions Football Club Board every year, and are based on the Club's planned budgetary expenses for the coming year. The annual financial commitment can be divided into several parts:

- Lions Football Club trainer fees.
- Player Commitment Fee.
- Lions Football Club uniform fee.
- Registration Fees for the Fall and Spring season competitions.
- Field Use and Improvement Fund Fee.
- Tournament fees which will depend on the number of tournaments.
- Trainer Expenses for out of town tournaments.

TRAINER FEES:

Trainer Fees are distributed evenly throughout the year. Therefore, fees are also assessed during the seasonal breaks, usually in July and December. There is a \$5 sibling discount for two or more children. Trainer fees made be paid monthly via ACH or may be paid quarterly. Quarterly payments are assessed an additional \$5 per quarter administrative fee.

LFC Trainer Fee Payment Plans

You may choose between two forms of payments: monthly ACH or quarterly payments.

- **Monthly ACH (preferred method):** The Lions Futball Club has a convenient electronic debit program. This free program provides a safe and secure way for members to pay fees on the **first** day of each month for the amount specified. To apply, fill out the attached ACH (Automated Clearing House) form. Forms can be faxed to Sarah Moore at 210-481-6657 or you can return the form to your team manager. Insufficient funds will be subject to a \$25 service fee.

AGE GROUP	PAYMENT METHOD			
	ACH		QUARTERLY	
	Due Date	Amount	Due Date	Amount
U11	1 st of each month May to May	\$85/mo	Due each quarter on: June 1st, Sept 1st Dec 1st, March 1st	\$260/qtr Includes \$5 processing fee
U12 - U14	1 st of each month June to May	\$85/mo	Due each quarter on: June 1st, Sept 1st, Dec 1st, March 1st	\$260/qtr Includes \$5 processing fee
U15-U18	1 st of each month June to May	\$95/mo	Due each quarter on: June 1st, Sept 1st, Dec 1st, March 1st	\$290/qtr Includes \$5 processing fee

Please note that for new U11 Players, the first quarterly payment will be \$300 to cover the month of May. ACH withdrawals will start the first Monday after tryouts.

Contact Peter Moore, Director of Coaching by email peter.moore@lionsfc.org or 210.744.7621 with any questions

- **Quarterly Payments:** Due June 1st, September 1st, December 1st, and March 1st. There will be an additional \$5 processing fee added to each quarterly payment (i.e. \$80 trainer fees for 3 months would be \$245). There is a 10-day grace period for quarterly payments after which a \$25 late fee will be assessed for payments received on or after the 11th day of the month.

PLAYER COMMITMENT FEES:

A player commitment fee of \$200 is due upon acceptance of a roster spot and is **non refundable**. The player commitment fee covers player registration costs associated with registering players with local and state sanctioning bodies as required to be eligible for play. Additionally, the commitment fee covers various administrative costs associated with the processing of player applications, team assignments and other administrative costs. **This commitment period remains in effect until June 2012.**

Your roster spot is not guaranteed until the player commitment form has been completed and returned along with the commitment fee.

LIONS FUTBALL CLUB UNIFORM FEES:

There are two different uniform package options which are available to Lions Football Club Players:

Complete Uniform Package:

- 1 - Red Game Jersey with players number on back and Lions Crest on Front
- 1 - White Game Jersey with players number on back and Lions Crest on Front
- 1 - Red Puma Game Short
- 1 - White Puma Game Short
- 2 - Pair of Red Puma Socks
- 1 - Red Puma Warm Up Jacket
- 1 - Black Puma Warm Up Pant
- 1 - Red practice Tee (required for all new players)
- 1 - Puma Backpack with Player Last Name and Number Embroidered on Front
- 1 - White Pre-Game Tee (Worn to games before changing into game jersey.)
- 1 - Puma Soccer Ball

Package Price: \$270

Minimum Uniform Package:

- 1 - Red Game Jersey with players number on back and Lions Crest on Front
- 1 - White Game Jersey with players number on back and Lions Crest on Front
- 2 - Puma Shorts (1 red-1 white)
- 1 - Pair of Red Puma Socks
- 1 - Red Lions Tee (required for all new players)
- 1 - White Pre-Game Tee (Worn to games before changing into game jersey.)

Package Price: \$155

Optional Items:

- 1 - Puma soccer ball \$15
- 1 - Red Lions practice Tee \$10

FALL AND SPRING COMPETITION FEES:

Fall and Spring Competition Fees are team dependant and are levied by either STYSA, AAYSA or WDDOA. These fees are used to pay for referees, game field rentals and other costs associated with conducting the Fall and Spring season competition. The fee that is set by the organizing body which oversees the season competition and will equally divided among all of the members of a given team. All Fall and Spring Competition are included in your commitment fees.

FIELD USE AND IMPROVEMENT FEES:

The field use and improvement fee is used to support the acquisition, maintenance and improvements of the Lions Training Facility including the maintenance and acquisition of training aids, goals and other equipment. Additionally these fees are used to support club activities and administration costs associated with advertising, printing and professional services such as legal and accounting. Field fees are \$180 and are due June 15th and January 15th. Alternatively, field fees may be paid quarterly (\$90 per quarter) via credit card.

TOURNAMENT FEES:

Tournament fees are team dependant and will vary based on the number and types of tournaments that your team attends. It is expected that all tournament fees will be evenly distributed between all team members and even team members that are unable to attend the tournament will be responsible for their portion of the tournament fees associated expenses.

TRAINER TRAVEL EXPENSES:

Individual teams are responsible for trainer travel expenses incurred for tournaments outside of the local area as defined and approved by the Director of Coaching. Individual teams are also responsible for daily meal expenses incurred by their team's trainer for out of town tournaments or games that require overnight expenses. For club-wide participation in multiple-day tournaments, teams will equally share trainers' expenses in an equitable manner.

LATE FEE POLICY:

The Late Payment Policy is: We will allow a two (2) weeks grace period. After 2 weeks, day 15 -28, there will be a penalty fee of \$25 plus payment of due fees. After day 28 we will enforce a 'no play or train' rule until dues and late fees are paid in full. Parents are also responsible for any checks that may bounce. Additionally, all accounts must be current for a player to be offered a roster spot after tryouts.

SCHOLARSHIPS:

The Lions Futball Club is aware of financial problems that some families may face. In an effort to include all talented soccer players in our club, through our scholarship program, the Lions Futball Club will hold fund raisers to reduce these costs. Additionally, our club is constantly looking for other ways to finance our program (grants, donations, sponsors etc). If your child wants to be on an Lions Futball Club team and you have financial concerns, please contact a member of the Lions Futball Club Board to discuss available options. Your concerns and circumstance will be kept confidential.

In order to apply for financial aid, the player's parent/guardian must submit a written request and application to the Lions FC Board for consideration. Scholarships will be awarded on case-by-case basis to those members deserving of financial assistance. For more information on Scholarships and to download an application please visit the Lions FC website at www.lionsfc.org.

FUNDRAISING:

Teams are encouraged to solicit sponsors and conduct fund raising efforts to offset expenses. There are guidelines that each team should be aware of prior to undertaking these activities so they do not conflict with similar efforts organized by the Lions Football Club as a whole. Please contact your team manager or a member of the Lions Football Club Board for more information. We are interested in and actively seek sponsorships (corporate or private) to help keep our fees affordable to our members. The club itself sponsors fund raising efforts in which we would like as many members as possible to participate.

LFC EXECUTIVE BOARD

President	Dan Head	dan.head@lionsfc.org
Vice President/Uniform Coordinator	Debi Kelley	debi.kelley@lionsfc.org
Secretary/Cubs Administrator	Wendy Wilmunen	wendy.wilmunen@lionsfc.org
Treasurer	Bryan Joyce	bryan.joyce@lionsfc.org
Registrar	Karen Solitto	karen.solitto@lionsfc.org
Academy Program Coordinator	Michele Helgren	michele.helgren@lionsfc.org
Tournament Director	Robert Sanderson	robert.sanderson@lionsfc.org
Webmaster	Jason Hernandez	webmaster@lionsfc.org

Request for general information should be made to info@lionsfc.org and someone will respond as soon as possible.

2010-2011 COACHING STAFF

Peter Moore, LFC Director of Coaching, has an excellent coaching staff and is committed to bringing in new coaches, including former players and experienced coaches to guide your child through their soccer experience. The following is a look at the coaches for each age group. For a complete list of Lions FC Coaches and their biographies, please visit the trainers page at www.lionsfc.org

LFC COACHING CONTACTS

Executive Director of Coaching	Peter Moore	peter.moore@lionsfc.org
Assistant Director of Coaching	Karl Moore	karl.moore@lionsfc.org
Academy Director	Jesse Esquivel	jesse.esquivel@lionsfc.org

Notes:



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Lions Futball Club
May, 2011