



# White Bear Lake Basketball Association

## 10,000 Shot Club

**What:** 10,000 Shot Club  
Shoot 10,000 shots within the summer break, June 1 – August 31.

**Eligibility:** Any 4<sup>th</sup> – 11<sup>th</sup> grade (2010 – 2011 School Year) boy or girl.

**How:** Count your shots every time you shoot. Instead of counting each shot, you can count the shots you take for a 15-minute period, and then just track the time you shoot. For example, if you can shoot 50 shots (at a normal shooting pace) in 15 minutes, every hour of shooting will be 200 shots.

**Reward:** 10,000 club T-shirt, recognition at the 2011 Fall “Tip-Off” or a WBL high school game and most importantly a better shot.

Follow these simple instructions:

- Calculate how many shots you normally shoot within a 15-minute period.
  - Go shoot, shoot, shoot.....
  - Complete the attached shooting club form to easily track your shots.
  - Send this sheet along with all the shooting club forms to the address below. Remember to have your parents sign it.
- Instructions:**

**Results:** June: \_\_\_\_\_ (Number of shots)  
 July: \_\_\_\_\_  
 August: \_\_\_\_\_  
 Total: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

**Your Information:** Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City, State Zip: \_\_\_\_\_  
 E-Mail: \_\_\_\_\_  
 Phone: \_\_\_\_\_

T-Shirt Size:    YM    YL    S    M    L    XL

**Send Results To Either:**

<p>10,000 Shot Club          C/O Chuck Schroeder          4743 Murray Avenue          White Bear Lake, MN 55110</p>	<p>10,000 Shot Club          C/O Bryan Doughty          14205 Geneva Avenue N.          Hugo, MN 55038</p>
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