

## **THE CHATTANOOGA CHALLENGE**

**Mandatory Team Registration** – All coaches must check in at Tournament Registration area 1 hour prior to their first game on Saturday July 9th.

\*\*\*Coaches must turn in a player waiver for each participant on their roster, which includes a mandatory US Lacrosse Membership number.\*\*\*

### **Rules Summary for Boys & Girls**

\*Full Field

\*20 min running clock halves with 5 minute half time

\*Central Horn

\*Each team permitted one 60 second timeout per game

\*Win = 2 point; Tie = 1 point; Loss = 0 points

\*Boys Rules = NFHS Rules with above modifications

\*Girls Rules = US Lacrosse Rules with above modifications

### **Tournament Contacts:**

If you have any questions, please do not hesitate to contact us.

[www.thechattanoogachallenge.com](http://www.thechattanoogachallenge.com)

[chattanoogachallenge@gmail.com](mailto:chattanoogachallenge@gmail.com)

Pam McNabb - 404.423.8177 – Tournament Co-Director

Melanie Johnson - 770.317.3476 – Tournament Co-Director

Ellison Manley - 423.502.9056 – Tournament Administrator

## **Tournament Format & Procedures**

**Format:** Full field format for all age divisions. Boys follow NFHS Lacrosse Rules; Girls follow US Lacrosse Rules. After round robin play on Saturday, teams will be re-seeded for tournament play on Sunday. 5 game minimum for all teams.

**Length of Game:** Games will start on the hour and consist of two twenty (20) minute running halves. All games and halves will start and stop on a central horn. Half time will consist of five (5) minutes. Game clock will not stop for injuries.

**Timeouts:** Each team is permitted one 60 second timeout per game, kept by the official. No timeouts will be granted in the last three minutes of either half or during any potential day 2 (Sunday) overtime games.

**Overtime:** There will be no overtime on day 1 games (Saturday). On day 2 (Sunday), any game in which the score is tied at the end of regulation time shall be followed by one four (4) minute sudden-victory overtime period, in which the first team to score wins. If neither team scores in this 4 minute period, the game will be decided by a Braveheart. Coaches must choose 1 field player and 1 goalie, full field play. Goalies cannot pass the midfield line on attack for the Braveheart.

Tournament Scoring: For day 1 games (Saturday), teams will receive 2 points for a victory, 1 point for a tie, and 0 points for a loss. These totals will determine day 2 (Sunday) seeding. Seeding tie breakers will be determined by: 1) head to head record; 2) goals against; 3) goal differential; and 4) coin toss.

Equipment: All coaches must certify that their team's equipment meets the most recent ASTM Specifications and SOCSAE standards for lacrosse, and that all other US Lacrosse and NFHS rules are followed regarding mandatory equipment.

Inclement Weather: Schedule may be modified if necessary due to inclement weather. Games are official after one half is completed. Game lengths may be modified if make up games are deemed necessary. All teams are responsible for reporting to make up games as necessary. Failure to do so is deemed grounds for tournament forfeiture.

Suspended or Terminated Games:

If in the opinion of the official, the game must be suspended for any reason, the game may be resumed but is subject to being ended no less than five minutes prior to the scheduled start of the next game. If in the opinion of the official a game must be terminated for misconduct of players, bench coaches, or spectators, the offending team could be suspended from further play and forfeits that game and all remaining games.

Ejections: If a player is ejected from a game by one of the officials, that player will also be prohibited from participating in the team's next game as well.

Coaching:

The head coach shall be in control of and be responsible for the actions of any and all persons connected with his or her team (players, other coaches, fans, parents). Coaching from the sideline is permitted provided:

- \*tone of voice is instructive and not derogatory;
- \*each coach (and players) remain on their half of the field (cannot go to behind other team's bench)
- \* no coach, player, or spectator makes derogatory remarks or gestures to the officials, other coaches, players, or spectators;
- \*no coach, player, or spectator uses profanity or incites, in any manner, disruptive behavior.
- \*both teams and coaches shake hands after all games.

Violation of these policies will mandate immediate review by the Tournament Directors and could lead to coaches being removed from coaching their team.

Disputes: All disputes will be settled by the Tournament Directors or his/her designee and the decision will be final.

Tournament Updates: After Saturday's games, teams will be re-seeded and the Sunday tournament schedule will be posted on site at the Registration area, as well as online at [www.thechattanoogachallenge.com](http://www.thechattanoogachallenge.com).

## **BOYS' RULES OF PLAY**

The Chattanooga Challenge will follow NFHS Lacrosse Rules, with the following modifications:

**Penalty Time:** Penalty time for Personal fouls and Technical fouls will be 90 seconds and 45 seconds respectively.

### **Age Division Rules:**

**U19:** All rules enforced per NFHS Rule Book except what is listed above.

#### **U15:**

\*Advancement of the ball rules shall be enforced (4 secs – goalie, 20 secs – clear midfield, 10 secs- in attack zone).

\* Goalie Penalty: In home serves all fouls, excluding unsportsmanlike or expulsion fouls.

\* Goalies shall wear chest protectors and throat guards, and are encouraged to wear arm pads.

\* Take-out body checks are permitted as long as the checking player uses reasonable force (i.e., no follow-through) and no attempt to injure the opposing player is made. Body checks made with the intent to injure the opposing player, or where unnecessary/excessive force is utilized, are not permitted. Spearing will incur a 90 second, non-releasable penalty, at a minimum.

**U13:** Same as U15, except:

\*Goalies must wear arm pads.

\*No advancement of the ball rules apply, except for goalie clearing the crease within 4 seconds.

**U11:** Same as U13, except:

\*The length of the short cross may be 37 - 40 inches for offensive players in the U11 Division and defensive players in such divisions may use a stick with a length of 37 - 72 inches.

\*No body checking is allowed. Players are encouraged to “play the ball.” If a loose ball is stalled, officials may re-start play following the alternate possession rule.

\*Stalling shall not be enforced in the last two minutes for the team ahead

\*Any poke check making contact with an opponent (other than the gloved hand while holding the stick) may be considered a slash.

## **GIRLS' RULES OF PLAY:**

The Chattanooga Challenge will use US Lacrosse Rules – Official Rules for Girls' and Women's Lacrosse – with the following modifications:

### **Fouls:**

\*Games and halves may not end on a defensive penalty set-up inside the CSA (major or minor). Officials are to set up foul and add 5 seconds to the clock. As scoring is used as a tie-breaker, even if the game has been decided (more than one goal difference) the free position should still be set up. During the 5 second add on, regular game rules exist, including the potential for another defensive foul, passes, a shot, or a goal.

### **Carding:**

\*Yellow carded players must leave the field for **2 minutes** of elapsed time and no substitute may take her place. A player who receives a second yellow card will be suspended for the rest of the game, and no substitute is allowed until **2 minutes** of playing time has elapsed. If a player is given a red card by an official for a flagrant violation of the rules, she is ejected from the game and no substitute may take her place for the duration of the game. (The team must play down a player for the duration of game time.)

### **Age Division Rules:**

**U19** – All rules enforced per US Lacrosse Rule book except what is listed above.

**U15** – All rules enforced per US Lacrosse Rule book except what is listed above and below:

\*Modified Checking applies: checking the stick only if the entire stick is below shoulder level and the check must be downward direction away from body

\*Coaching area: Coaches must stay on their team bench side (cannot travel the full boundary line)

\*3 second good defense rule applies and will be kept by the official

**U13** – All rules enforced per US Lacrosse Rule book except what is listed above and below:

\*No checking permitted of any kind

\*Coaching area: Coaches must stay on their team bench side (cannot travel the full boundary line)

\*3 second good defense rule applies and will be kept by the official

**U11** – All rules enforced per US Lacrosse Rule book except what is listed above for U13.