

Medical Insurance: ----- Policy Number: -----
Emergency Contact Person(s): -----
Phone Number: -----

Acknowledgment of Risks, injury and Obligations:

I understand and am aware that ice skating, strength, flexibility and aerobic exercise, including use of equipment, are potentially hazardous activities. I also understand that fitness activities involve a risk of injury and even death and I am voluntarily participating in these activities and using equipment and machinery with knowledge of the dangers involved. I hereby agree to expressly assume and accept any and all risk of injury or death.

Release and Indemnity:

I participate in the activities at my sole risk and responsibility. In agreeing to participate in the training activities and programs at South Pacific Tranquility Iceplex L.L.C. (Moylan Iceplex) and the use of its facilities, equipment and machinery, I (and my parents or guardian if I am a minor) do hereby waive, release and forever discharge South Pacific Tranquility Iceplex L.L.C. (Moylan Iceplex) and its officers, agents, employees, representatives, executors and others from any and all responsibilities or liability for injuries and damages resulting from my participation in any activities or my use of equipment or machinery in the above mentioned facility or arising out of my participation in any activity at the said facility. I do hereby further declare myself to be physically sound suffering from no condition, impairment, disease or infirmity, or other illness that would prevent my participation in any weight or fitness activities and programs at Moylan Iceplex.

I have read the above terms, conditions and release and I agree to them, or I give permission for my minor child listed below to participate in the Moylan Iceplex training programs.

----- Athlete Name ----- Athlete Signature Date ----- Parent/Guardian Signature (if under 18 yrs old) -----

Rules:

All training members must respect other members, obey the rules and behave in an appropriate manner at all times. Appropriate equipment must be worn at all times. Sharing or allowing access to the facilities with non-paying athletes will result in loss of training privileges. Moylan Iceplex reserves the right to set reasonable rules for the safety of athletes in the training areas and the ice rinks. Moylan Iceplex reserves the right to rescind the rights and privileges of athletes not complying with the terms and conditions outlined herewith.

Coaching Staff

Dave Wilkie

Dave brings experience as a player, Assistant Coach, Head Coach, Scout and Recruiter. Drafted first round in 1992, 20th overall, Dave spent six years in the NHL with Montreal, Tampa Bay and New York. His professional playing career spanned 10 years overall. He then spent two seasons as Head Coach and General Manager with the Augusta Lynx of the ECHL and four seasons after that as an NHL Scout for the Nashville Predators. Dave brings over 20 years of experience either operating or teaching at hockey schools around the country. His passion for the game, patience and ability to work with players at every level of the game make him a valuable addition to the coaching staff.

Jake Ortmeier

Jake started his career with O.M.A.H.A. at an early age. He started off in the house leagues and moved up to play travel hockey competing at every level. He then went on to play in the NAHL for the Danville Wings in the 1996-97 season. He was drafted by the Omaha Lancers of the USHL and played out the 1997-98 season in his hometown. On a scholarship, Jake spent the next four years playing for the Miami University Redhawks of the CCHA. After college, Jake spent the next six years playing professional hockey, competing in over 400 pro games. Four of the six years were spent in the ECHL playing for teams such as the Wheeling Nailers, Louisiana Icegators, Charlotte Checkers, Trenton Titans and Phoenix Roadrunners. While playing for Phoenix, he was called up and had a short stint with the San Antonio Rampage of the AHL. The other two years Jake played for the Fort Wayne Komets in the UHL and the Bossier-Shreveport Mudbugs of the CHL. Jake has over 25 years of experience as a hockey player and coach working at hockey camps. As a youth he spent every summer going to hockey camps to improve his game for the upcoming season. He is a valuable asset to our coaching staff.



**Moylan Iceplex Hockey Academy
2011 Summer Camps**

Moylan Iceplex
Tranquility Park
12550 West Maple Rd
Omaha, NE 68164
Phone: 402-431-0335
Fax: 402-431-8663

For any questions or more
information:
E-Mail: Jordan@Moylaniceplex.com
www.omahaice.com

Moylan Iceplex Hockey Academy 2011 Summer Camps

Ultimate Camp Mites/Squirts

June 6-16, 2011

Monday-Thursday 8:00 am-5:00 pm

Ultimate Camp PeeWees/Bantams

June 20-30, 2011

Monday-Thursday 8:00 am-5:00 pm

This is the most comprehensive camp for 2011. Each age level will receive 28 hours of on-ice and 24 hours of off-ice training and other activities. Wear or bring athletic shoes each day for off-ice training sessions.

Camp Highlights:

- Taught by instructors with college and professional experience
- All sessions conducted at Moylan Iceplex
- Focus on building a solid hockey foundation, including:
 - Power Skating/ Edgework
 - Speed/ Agility
 - Shooting
 - Endurance
 - Checking
 - Puck handling
 - Passing
 - Forward & Defense training
 - Team Concepts
 - Nutrition
 - Plyometrics

Ultimate Camp \$400 per skater (\$425 if not registered before June 1st)

Participants are welcome to bring their own sack lunch each day or purchase lunch from our concessions.

Each participant will receive a camp jersey

Individual Skill Development Camps

1 Week Camps

Camp 1- PUCK HANDLING & PASSING SKILL DEVELOPMENT

July 5-8, 2011 (Tuesday-Friday)

ALL LEVELS 8:00 AM-12:00 PM

Camp 2- POWER SKATING AND SHOOTING

July 11-14, 2011 (Monday-Thursday)

ALL LEVELS 8:00 AM-12:00 PM

Camp 3- BREAKWAYS/ PENALTY SHOTS/ SHOOT OUTS/ OFFENSIVE RUSHES/ SCORING

July 25-28, 2011 (Monday-Thursday)

ALL LEVELS 8:00 AM-12:00 PM

Camp 4- DEFENSIVE COMBAT CAMP

August 1-4, 2011 (Monday-Thursday)

ALL LEVELS 8:00 AM-12:00 PM

The weekly camp series will provide specific skill training in a concise one week format to allow for flexibility with family schedules and budgets. Select the skill camps that will focus on your needs and goals.

Each enrolled skater will receive:

- 10 hours On-ice instruction per camp
- 4 hours Off-ice instruction per camp
- Camp jersey (one per player for the summer)

Sign up for multiple camps and save:

1 camp \$125
 2 camps \$235
 3 camps \$330
 4 camps \$400

Wear or bring athletic shoes each day for off-ice training sessions.

Name: _____ D.O.B. _____
 Parents Names: _____
 Address: _____ City, State, Zip: _____
 Home Phone: _____ Cell Phone: _____
 E-Mail: _____
 2011-12 Level: _____
 Ultimate Summer Skills Camp: \$400 (\$425 after June 1st) Individual Skill Camps: 1 2 3 4
 (1 camp \$125, 2 camps \$235, 3 camps \$330, 4 camps \$400)
Total Amount Due: _____
 Payment can be made by check (made out to Moylan Iceplex) or credit card (must be processed at the rink.)
 Mail checks to: Moylan Iceplex, Summer Hockey, 12550 West Maple Rd. Omaha, NE 68164
FOR OFFICE USE ONLY:
 Amount paid: _____ Method: _____ Date: _____