



S&C SPORTS SERVICES, INC.

2011 FOREST LAKE SOFTBALL CLINIC



Coach Sean Hall in conjunction with S&C Sports Services and the MMFL will be running softball clinics this summer throughout the metro area. These clinics are open to girls ages 7 to 16. The clinics will focus on Fast-Pitch Softball Fundamentals - Hitting, Bunting, Pitching, Fielding and Throwing as well as Sliding and Base-Running. S&C hires some of the best high school coaches as well as some of the best high school and college players in the Midwest! S&C strives to have an 8 to 1 or 10-1 player to coach ratio.

Sean Hall is the Coach at North St. Paul High School. His teams have won 7 Classic Suburban Conference Championships, 6 Section 4AAA Championships and won the Class AAA State Championship in 2007 and finished runners-up in 2004, 2009 & 2010. His 2002 Saint Bernard's Bulldogs team won the Class A State Championship.

Angie Ryan Lead Clinician- Angie is the Head Coach at Forest Lake High School. Angie has guided the Rangers to the State Tournament in 2008, 2009 and 2010. They were also Suburban East Conference Champions in 2010.

- WHEN:** JULY 18TH, 19TH, 20TH (8:00AM TO 10:30AM)
CITY AND STATE: FOREST LAKE, MINNESOTA
FIELDS: FENWAY FIELDS
WHO: **GIRLS FROM ANY COMMUNITY AGES 7-16 INTERESTED IN FAST-PITCH SOFTBALL**
COST: **\$55.00 IF PAYMENT IS RECEIVED BY JULY 13TH (\$5.00 FEE FOR LATE REGISTRANTS)**

The \$55.00 clinic cost includes a T-Shirt, 7 ½ hours of training and a SKILLS CONTEST with Ribbons! Events in the skills contest are Home-Run Derby, Race around the Bases, Fastest Throw and Bunting Competition. Each girl will get a ribbon in each event!

2011 Clinic Dates	City	Field	Clinic Times
June 13 th , 14 th & 15 th	North St. Paul, MN	McKnight Fields	8:00am to 10:30am
June 13 th , 14 th & 15 th	North Hudson, WI	Booster Park	11:30am to 2:00pm
June 15 th , 16 th & 17 th	Chaska, MN	Community Park	8:00am to 10:30am
June 15 th , 16 th & 17 th	Bloomington, MN	Dred Scott Fields	11:30am to 2:00pm
June 20 th , 21 st & 22 nd	Ham Lake, MN	Lions Park	8:00am to 10:30am
June 20 th , 21 st & 22 nd	Minnetonka, MN	Legacy Fields	11:30am to 2:00pm
June 22 nd , 23 rd & 24 th	Ramsey, MN	Central Park	9:00am to 11:30pm
July 6 th , 7 th & 8 th	Apple Valley, MN	Apple Valley H.S	8:00am to 10:30am
July 6 th , 7 th & 8 th	Rosemount, MN	Irish Sports-Dome	11:30am to 2:00pm
July 11 th , 12 th , 13 th	Farmington, MN	Farmington H.S.	8:00am to 10:30am
July 11 th , 12 th & 13 th	Lakeville, MN	Aronson Park	11:30am to 2:00pm
July 18th, 19th & 20th	Forest Lake, MN	Fenway Fields	8:00am to 10:30am
July 18 th , 19 th & 20 th	St. Paul, MN	Rice and Arlington	11:30am to 2:00pm

For more clinic information, email SeanH1122@aol.com or visit www.sandcsportsservices.com.

Please register online at http://www.sandcsportsservices.com/summer_clinics_5.html Once you register please print a copy of your registration sheet and mail along with your check to the following address: Make checks payable to **S&C Sports Services** and mail to: 423 172nd Ave Somerset, WI 54025