



Coastal Futures League

PROGRAM:

Boys and girls will learn individual volleyball skills while participating in drills set forth by experienced Coastal coaching staff. Training will include drills and game situations and end with competitive team play. Members of the Futures League may attend Coastal Open Gyms and designated individual skill sessions offered by the Coastal training staff throughout the summer (4 hours minimum). All training will be held at the Tidewater Volleyball Center, *Home of the Coastal Virginia Volleyball Club*.

GOAL:

The overall goal of the Coastal Futures League is to provide the opportunity for each young athlete to grow as a volleyball player and acquire a love for the game. The format of league play will incorporate practice time and skill development more than most leagues offer. It is Coastal's philosophy that athletes at this age, 8 to 13 years old, will benefit more from this format technically, physically, and mentally. By the end of the Coastal Futures' Summer League, the athlete should be better prepared to transition into middle school and/or competitive travel programs.

WHEN: *Sundays from August 21st to October 23rd*
(Exception: No League on September 4th)
5:00 -7:00 pm

WHERE: Tidewater Volleyball Center
Home of Coastal Virginia Volleyball Club
2644 Dean Drive, Virginia Beach VA 23452
757-498-5052



COST: *TVA and Coastal Members: \$100.00*
Non-members: \$135.00 (includes 2012 TVA Associate Membership fee)

Additional Questions? Email Kelly Mills at: 12NCoach@coastalva.org



2012 League: Sundays from
August 21st to October 23rd
(Exception: No League on
September 4th)
5:00 -7:00 pm

Coastal Futures League

REGISTRATION FORM

Name of Athlete: _____

2012 TVA Member? Yes or No, Registration Form included

Athlete's Birthdate: _____ Grade _____ School _____

Special Needs, such as Allergies or Medications? _____

Name of Parent(s): _____

Parent's Email Address(-es): _____

Emergency Contact Number: _____ Other Phone Number: _____

Home Mailing Address: _____

(STREET ADDRESS)

(CITY)

(STATE)

(ZIP CODE)

How much experience does your child have? _____

How did you hear about this league? _____

- Amount of Payment: \$100 (2012 TVA or Coastal Member)
 \$135 (Non-Member)
 Include 2012 TVA Membership Form
(available at playtva.org)

Staff Only:

Check Number _____

Amount/Cash \$ _____

PAYMENT by Cash or Check (Payable to CVVC) to be mailed or dropped off at the Tidewater Volleyball Center, *Home of Coastal Virginia Volleyball Club* at the address listed below.

Additional Questions? Email Kelly Mills at: 12NCoach@coastalva.org

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www.coastalva.org