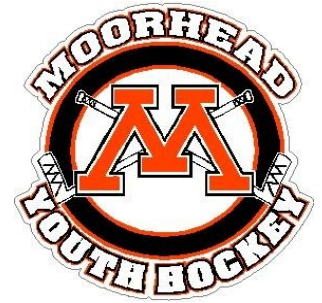


FACE OFF



VOLUME XIII
ISSUE 7

February/March 2011

The Official Scorecard of Moorhead Youth Hockey

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Tony Kunka

In-House Hockey Director

Office Hours

8:00 a.m. - 4:00 p.m.
Monday-Friday

Phone: 218.233.5021
Fax: 218.233.4504
Arena: 218.236.6650

Hockey Day Minnesota Was a Huge Success!

Thank you to all the volunteers who assisted Moorhead Youth Hockey in putting on a successful Hockey Day Minnesota event. It was a great way to showcase everything that is great about Moorhead Youth Hockey.

This project began last summer with the build-up of the outdoor rink and finished with the 170 individuals who assisted on February 12th. We could not have had a successful event without your volunteer time and efforts.

Thank you from the Board of Directors, the High School Hockey program and your volunteer coordinators.

Greg Krier and Lori Borgen



End of the Year Banquets

The End of the Year Banquets will be held at the Moorhead Youth Hockey Arena, North Rink on Tuesday, April 5 for all Rookies and Tuesday, April 12th for all Mites. Please see below to know what time your team is scheduled.



Tuesday, April 5, 2011

Rookies Teams 1-4 5pm
Rookies Teams 5-8 6pm

Tuesday, April 12, 2011

Mite Teams 1-4 5pm
Mite Teams 5-8 6pm

Attention: Travel Teams

Jerseys need to be returned

Once your season has ended, your parent coordinator will contact you as to when and where to return your jerseys. Both jerseys need to have sponsor tags removed, washed in cold water, and hung to air dry (do not place in dryer). Please return both jerseys, on one hanger, and sponsor tags to your parent coordinator.



MYTEAM Ceremony set for March 29, 2011

Speaker: Terry Horan, Head Football Coach at Concordia College

The MYTEAM Achievement Award is a program established to encourage, support and reward youth hockey players who commit themselves to their schoolwork while enjoying the sport of hockey.

MYTEAM
ACADEMIC ACHIEVEMENT

The ceremony for the 2010-11 season will be held at the Moorhead High School Auditorium, March 29 with guest speaker Coach Terry Horan.

All award recipients and family members are invited to attend this ceremony. There will be achievement certificates, camp giveaways, door prizes, awards and more.

As an association, we feel it is important to stress education and acknowledge those who do well in school while participating in our hockey season.

CRITERIA:

Skaters must maintain a minimum 3.0 grade point average throughout their hockey season.

This is a voluntary program and participation is the responsibility of the skaters' family.

All letter grades, in all subjects will be used to calculate grade point average.

The program is for all players in grades 1 and up who are in the Moorhead Youth Hockey Program.

Elementary school report cards will be converted to a point system to determine eligibility.

Applications will be available online March 1, 2011. Report cards were due by March 18, 2011.

Any questions, call Karla Swenson at 218-236-5167 or 218-790-2612. PLEASE DO NOT CALL MYHA OFFICE.

Reserved Parking Signs, Drop Off Area

Parking signs were installed in 2003 in the front of the building to reserve parking spaces for the Arena Manager, the Gaming Manager, the Office Manager and for the handicap. Our employees are coming to the rink seven days a week at all different times to deal with hockey, concessions or gaming related issues. Please respect the signs and do not park in these spots.

Also, we have four signs posted for private parking. These families have paid for the ability to come to the rink and park in the front row. Again, please respect the signs and do not park in these spots.

When dropping off or picking up your children please take a moment and utilize a parking spot. The area in front of the entrance is to be open to avoid congestion in that area. It is also a safety concern with multiple people coming and going from the arena. Thank you for your cooperation.





*** Emergency Shortage***

In 2007 MYHA started a cell phone recycling program whereby the association receives a rebate check for the old/unused cell phones that we donate. The donated cell phones are refurbished and utilized for 911 purposes for women in crisis throughout the US and redeployed nationwide to developing countries to improve quality of life through communication. Please place your unused cell phones in the drop box located by the concession stand in the lobby, or bring them into the office to support this worthwhile cause. **Cell phones donated should be in proper working order.**

BOARD MEETING NOTICE

The Board of Directors of Moorhead Youth Hockey meet on the third Wednesday of each month. At each meeting the financial records of the association and its gaming subsidiary are available for review by the members of the association. All members are invited to attend. The next scheduled meeting will be held on **Wednesday, April 19, 2011 @ 7pm**, at **MYHA Conference Room**, Moorhead MN. If you would like to be added to the agenda please contact **Joyce Hajostek at 233-5021** at least one week prior to the meeting.

Hockey Day Minnesota Pins and Programs are Still Available

Pins—\$2
Programs—\$10

Please stop by the MYHA concession stand or MYHA office to pick up a Hockey Day Minnesota pin or a commemorative program.



RECYCLING NOTICE:

You are welcome to bring your aluminum cans to Minnkota Recycling and tell them they are for Moorhead Youth Hockey. Moorhead Youth Hockey will receive the rebate check back from the cans.

Thank you!

RECYCLING USED INK CARTRIDGES

Please turn in your used printer ink cartridges in the drop off box located in the MYHA lobby. We earn cash for each one we turn in for recycling/refilling. It's an easy way for us to earn extra money for our association. So far we have earned close to \$400. We accept both small and large cartridges.



Lisa Schmidt
Ink Recycling Coordinator



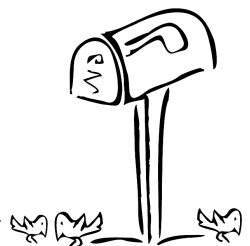
GAMING

Pull tab and bingo gaming help to support and reduce the costs of youth hockey for the Moorhead Youth Hockey Association. MYHA appreciates the partnerships we have with the following gaming sites. Please patronize our MYHA gaming sites:

- CROWBAR ** DAVE'S SOUTHSIDE TAP
- **JC CHUMLEY'S
- JC CORRAL ** GALAXIE ** MAINLINE**
- MICK'S OFFICE **O'LEARY'S PUB
- SPEAK EASY**VIC'S BAR & GRILL

Change of Address?

Please call or email the office at 218-233-5021 or admin@moorheadyouthhockey.com to notify us of any change of address to keep our information updated. This includes emails too! *Thanks.*



Volunteer Opportunities Are Still Available

As a reminder, Moorhead Youth Hockey Association has developed a volunteer policy which requires hockey families to volunteer a minimum number of hours based on the level of play of the oldest player in each family.

Rookies *	4 hours
Mites	4 hours
Squirts, Peewees, Bantams, Junior Gold, U10, U12, U14	12 hours

* First year Rookies are exempt



Moorhead Youth Hockey is hosting 1 additional tournament this season:

Bantam A VFW State Tournament—March 25-27, 2011

If you have not fulfilled your volunteers hours yet, this tournament will be a great way to do so! The worker board will be posted approximately 1 week before each tournament and please fill in where needed. Remember, hours count if you are a “hockey box trainee”, which means standing in the box and “shadowing” a worker. It is a great way to learn what needs to be done.



TATOR TOTS

Tuesdays 11am-1pm

Thursdays 1pm-2pm

Tator Tots is for children of pre-kindergarten age. There is no charge for Tator Tots; however, we do ask that a parent/guardian be present to supervise.



March 3 x 3 League

Sign up for the March 3 x 3 league has begun. Sign up sheets are located in the concession stand. The league is available for next year's Mites and Squirts. **Please make sure you are signing up your son or daughter for the level they will be playing next year.** The sign up will end on Sunday, March 6th. It will begin the week of March 14. If you have any questions, please call Tony Kunka at 701-238-3497

Pucks Needed ...

We are looking for families to give pucks back to the rink. We have had pucks leave the arena and not returned. We have already gone through at least 500 pucks this season! If you have any pucks to return, or donate, please bring them in ASAP!



If Playing Games made us Better We would be the Best

Originally Published in Let's Play Hockey

Even as the snow flies and District playoffs are about to start many are turning their thoughts to hockey after the regular season. The calls are already being made to fill out the rosters of AAA teams and other leagues that operate in the spring, summer and fall months. Parents of younger players are concerned their kids will fall behind their group and feel pressured to participate.

Last week the father of an 8 year old player emailed me about power skating and wondered how to fit it in with his AAA team, Mash team, and Showcase team. The lad also plays baseball. Without discussing the relative merits of the programs (not including the baseball part) it seems that this is an example of what we are facing today. These offseason leagues will often take precedence over the in season sports, especially if it is a practice to be missed. My advice to the father was for his son to play baseball, period.

Let us review the relative merits and value of playing games versus a good skill development program or just an old-fashioned practice session.

First of all we need to outline the actual amount of time spent on the ice during a one-hour game. For most youth levels the average player spends only 12 minutes actually playing. We also know through various studies done at the Olympics and Tier 1 National Youth Tournaments last year that the best players average about 1 minute of actually touching the puck during a game. For the average youth player it is closer to 30 seconds. Let us assume that you can manage to play another 30 games in the off- season. ***That equals a total of 6 hours of ice time and 9 minutes of handling a puck.*** Let's not even discuss the cost per minute played or the time spent traveling, sometimes out of the country, to these games. Many families are spending several thousand dollars a year in the off- season leagues, which consist of mostly games. Games are the least effective development tool and most expensive per minute for time on the ice.

Now let's compare the average STP summer program or similar camp. For an average cost of \$375-500 the players get 30 hours of ice time, 60 hours of off ice training and 3-5 games at the end of the program. Add to that lots of time for spring, fall and summer sports, and you have a happy and well-rounded youngster.

The best skilled players in the world today are coming mostly from Europe where they focus on fun and skill development at early ages. The league play as we know it does not even begin until the mid teens. We continue to ignore the facts that playing more games and practicing occasionally is self-defeating and a contradiction to what we say we want for our children.

So what should a youth player do in the off-season if he/she wants to improve?

- 1) Enjoy the rest of the season
- 2) Participate in other sports and activities in the off season
- 3) Participate in hockey skill development activities. STP, power skating programs, Acceleration Minnesota, and hockey camps are good options.
- 4) Play roller hockey with your friends.
- 5) Shoot 100 pucks a day at your home goal. Stickhandle on your own.

The off-season league are fun and are not necessarily detrimental to players unless they rely on them for skill development and replace the skill acquisition programs. It is then you maybe exchanging fun today for lack of



Notes from the Hockey Director:

The end of the season is a time for players to reflect on their season, to identify strengths and also areas of their game they wish to improve. Offseason is a time for players to focus on their individual skills in preparation for the upcoming season. It is also a time for players to participate in another sport. I encourage all players to compete in another sport in addition to hockey. Not only are other sports fun, they also teach skills and attitudes that can carry over into the game of hockey.

This time of year, many players and parents are given many choices and suggestions about how best to improve their skills to become a better hockey player. Many parents and coaches will suggest your son or daughter play AAA Summer Hockey to develop their skills this summer, as games are better than practices. If you would ask a high school and college coach, they would encourage young players to play multiple sports, participate in an off-ice program, and attend a hockey school to focus on their individual skills. This is the exact off-ice programming many of our former Spuds playing at the Division I level or Professional Hockey do during the off-season at our MYHA facility. You will see many working on their skating, shooting, and stickhandling both on and off the ice. In addition, they spend endless hours working out improving their quickness and strength. Many Spud players, and former Spud players, continue to use the summer months to improve their stickhandling, shooting, and strength utilizing MYHA facilities. In addition, many former Spud players return to coach at hockey schools offered at our rink.

MYHA rents ice to many private camps throughout the summer such as Blueline Hockey School, AB Hockey School and Turcotte Hockey School for players to develop. Without the rental of these camps, MYHA would not be able to afford to keep ice in during the summer months for our players to enjoy the countless hours of open hockey. I encourage all MYHA players to take the opportunity of the camps offered at our facility this summer to improve their individual skills as a hockey player. In addition, MYHA will again offer an offseason shooting/stickhandling program, as well as a strength program under the guidance of Joel Ferrie. Players who participate in these programs are certain to improve their stick skills and strength for next season.

I have included an article on the next page from Minnesota Hockey's Coach in Chief, Hal Tearse, offering insight on how you can best invest your time to get the most development for your son or daughter this summer.

Congratulations to all of the traveling teams on their success at the District 15 tournaments and to the players, coaches, and parents for positively representing the MYHA. I wish all the teams the best of luck in their upcoming regional and state tournaments.

With the season winding down, parent, coaches, and player surveys have been distributed to obtain feedback regarding the season. Each spring, the Hockey Committee reviews various topics concerning the MYHA program. Some of the topics include the review of the Rules and Regulations, hockey program budget, coaches and the hockey program itself. In addition to the end of the year surveys, the Hockey Committee will be holding a "Round Table Discussion" prior to the Annual Meeting on May 2nd beginning at 6:00 pm. in the MYHA boardroom. During this time, suggestions for change, comments on ideas or questions you may have can be addressed. This will not be a time to discuss individual players or coaches. I encourage all to take this opportunity to reflect on the season to provide feedback and suggestions to the Hockey Committee.

- ◆ State Tournaments will be played March 19th – 20th. Visit the Minnesota Hockey website, www.minnesotahockey.org, for host sites for the Regional and State tournaments.
- ◆ The Bantam "A" VFW State Tournament will be played the weekend of March 26th – 27th in Moorhead.

A March 3 vs. 3 Cross-ice League will be offered to MYHA skaters of mite and squirt/U10 age, free of charge beginning the week of March 14th through the end of the month. **Players will sign up for the level they will participate in for the 2011 – 2012 season.** Rookie, Pee Wee/U12 and Bantam/U14 skaters will have open hockey. Signup sheets will be located in the concession stand.

Brad Franklin
Hockey Director
&
Hockey Committee

Moorhead Peewee Black

Mhd	9	vs	Sauk Centre	1	Won
Mhd	4	vs	Little Falls	0	Won
Mhd	10	vs	Alexandria	0	Won
Mhd	4	vs	East Grand Forks	3	Won
Mhd	4	vs	West Fargo	3	Won
Mhd	3	vs	West Fargo	0	Won
Mhd	8	vs	Detroit Lakes	0	Won

Chisago Lakes Tournament Jan. 15-16, 2011

Mhd	2	vs	Mora	4	Lost/SO
Mhd	2	vs	Ames, Iowa	3	Lost/SO
Mhd	10	vs	Princeton	0	Won

Moorhead Peewee Orange

Moorhead Tournament - December 18-19, 2010

Mhd	1	vs	Mitchell Marlins	4	Lost
Mhd	10	vs	Princeton	1	Won
Mhd	2	vs	Fargo Angels	5	Lost
Mhd	0	vs	Pequot Lakes	9	Lost
Mhd	4	vs	Fergus Falls	5	Lost
Mhd	0	vs	West Fargo	7	Lost
Mhd	2	vs	Wadena	9	Lost
Mhd	1	vs	Fargo Raiders	5	Lost
Mhd	1	vs	Morris	5	Lost
Mhd	1	vs	Park Rapids	9	Lost
Mhd	4	vs	Alexandria	0	Won

Osseo/Maple Grove Tournament Jan 14-16, 2011

Osseo/Maple					
Mhd	0	vs	Grove	1	Lost
Minneapolis					
Mhd	0	vs	Storm	5	Lost
Mhd	3	vs	Anoka	1	Won

Moorhead Squirt Orange

Mhd	3	vs	Detroit Lakes	1	Won
Mhd	3	vs	West Fargo	4	Lost
Mhd	3	vs	Fargo Flyers	4	Lost
West Fargo					
Mhd	7	vs	White	2	Won
Mhd	5	vs	Alexandria	7	Lost
Mhd	7	vs	Fargo Flyers	0	Won
East Grand					
Mhd	0	vs	Forks	5	Lost
Mhd	11	vs	Bemidji	0	Lost
Mhd	6	vs	Wayzata	0	Won
Mhd	6	vs	Champlin Park	1	Won
Mhd	2	vs	Orono	1	Won
Mhd	3	vs	Rochester #4	0	Won
Mhd	8	vs	Fort Garry	1	Won
Mhd	1	vs	Bourkevale	11	Lost
Mhd	3	vs	Fargo Flyers	1	Won
Mhd	5	vs	Fargo Raiders	1	Won
Mhd	7	vs	Fergus Falls	1	Won
East Grand					
Mhd	2	vs	Forks	7	Lost
Mhd	6	vs	Fargo Raiders	0	Won

Moorhead 10U's

Mhd	3	vs	West Fargo	5	Lost
Mhd	4	vs	Fergus Falls	5	Lost/OT
Mhd	1	vs	Fargo	14	Lost
Mhd	0	vs	Bemidj	7	Lost
Mhd	3	vs	Fergus Falls	4	Lost

Moorhead Peewee A2

Mhd	1	vs	Fergus Falls	8	Lost
Mhd	2	vs	Irondale	3	Lost/OT
Mhd	0	vs	Hibbing	10	Lost
Mhd	4	vs	Eveleth	0	Won
Mhd	0	vs	Detroit Lakes	4	Lost
Mhd	3	vs	Little Falls	2	Won
Mhd	6	vs	Pequot Lakes	4	Won
Mhd	2	vs	Brainerd	3	Lost
Mhd	2	vs	Alexandria	7	Lost
GF Golden Ea-					
Mhd	5	vs	gles	4	Won
Mhd	7	vs	Red Lake Falls	1	Won
Mhd	7	vs	Detroit Lakes	2	Won

Great Job MYHA Teams!



Tobolt Lease Equipment Return Dates Set

Representatives from the Tobolt Lease Equipment program will be available on Tuesday, April 5th and Tuesday, April 12th from 4:30pm-6pm at the MYHA rink to collect the equipment from this past season. If you have any questions, please call Tom Greene at 218-329-1414 or Brent Hannestad at



Congratulations to the PWA'S!

The PeeWee A's are heading to the PWA State Tournament in Bloomington, MN March 18-20, 2011. Moorhead Youth Hockey Association is proud of your great season and good luck at the tournament! **Go Spuds!**



Moorhead Youth Hockey
707 SE Main Avenue
Moorhead MN 56560

www.moorheadyouthhockey.com

RETURN SERVICE REQUESTED

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