



Al Janik    Head coach    PeeWee-A

email-aljanikiii@gmail.com

I developed a love of hockey in my late teen years and I was drawn to every aspect of the game: the physical skill required, the mental understanding of the game and working with others as a team. The challenge of learning the many skills required drove me to fully immerse myself into the game, playing in many adult leagues, sometimes two or three at a time, over the past 19 years. Currently, I am involved in the 30+ hockey league at Hatfield Ice. Throughout my years of playing hockey, I feel I have Met some of the best people that I will ever have the pleasure of knowing.

## **Coaching experience**

- Certified level 3 USA Hockey Coach
- Assistant coach at Warwick ice – mite in house
- Assistant coach at Hatfield ice – mite in house
- Ice Dogs: Assistant Coach, Squirt B 2009-2010 season
- Ice Dogs: Assistant Coach, Squirt AA 2010-2011 season

## **Coaching Philosophy**

Hockey at all ages should be about having a great time, making friends that last a lifetime, and fulfilling the competitive fire that lies within us all. Winning or losing is not critical. Trying our best in an attempt to win, within the context of a team full of friends, should always be the goal. The atmosphere on and off the ice will be one of positive reinforcement and constructive coaching. At this level the primary focus will be on skill development and building a strong work ethic, along with starting to introduce some team tactics.

