

WELCOME TO THE

2011

**Metro Hockey
League**

**“ A ”
JUNIOR GOLD**

Select Game



www.metrohockeyleague.org



Wednesday, March 23, 2011

7:00 PM

Braemar West Arena

The Metro Hockey League (MHL) was created by the Minnesota Hockey metro area District Directors over a decade ago to run a metro-wide league for all high school age young men who do not play varsity or junior varsity hockey. The MHL has developed into a premier place for players to continue improving various skills, including hockey skills, leadership skills, and sportsmanship skills, in an enjoyable environment.

Each season the MHL fields 58-65 teams from Minnesota Hockey District's 1, 2, 3, 6, 8 & 10. The MHL has three divisions; Junior Gold "A", Junior Gold "B", and Junior Gold 16U. Each District provides two volunteers to form a Committee to administer the MHL. Over the years, the MHL has strived to create a place for all high school age players to play hockey with a strong focus on sportsmanship. The MHL has implemented several rules, including the Three Penalty Rule, the Disqualification Rule, and the Handshake before the Game Rule with the intent to continually improve sportsmanship.

Please enjoy tonight's game.

Tom Slaird
Chair Metro Hockey League

Every year for over a decade, the Metro Hockey League and the Official's Association sponsor an end-of-season game showcasing the best players from the League's Junior Gold "A" Division. Players are selected by coaches for their exemplary play and sportsmanship.

MAROON TEAM

- 2 Matthew Davidson Wayzata
- 3 Andrew Fairbairn..... Wayzata
- 4 Brian Paterson..... Wayzata
- 5 Patrick Sivets Wayzata
- 6 Andy Mlynar..... Eden Prairie
- 7 Cole Armitage Eden Prairie
- 8 Brandon Pries..... Eden Prairie
- 9 Matt Stover Eden Prairie
- 10 Matthew Kroening.....Burnsville
- 11 Brett GlinianyBurnsville
- 12 Tanner FrickeBurnsville
- 13 DJ NightengaleJefferson
- 14 Ryan WeissJefferson
- 15 Tony Yorga Stillwater
- 16 Luke Fedie..... Stillwater
- 17 Nick Elenz.....Eagan
- 18 Vince Burns Champlin Park
- 19 Logan Theringer..... Champlin Park
- 20 David ErdallEdina
- 30 Scott Langfus Wayzata
- 1 Jack BunceBurnsville

COACHES: Brandon Tveitbakk, Burnsville
Matt Anderson, Burnsville
Garett Moselle, Burnsville
Sammy Schulz, Wayzata

GOLD TEAM

- 2 Jess NormanMinnetonka
- 3 Sebastian VuoritsaloMinnetonka
- 4 Jack Luke.....Minnetonka
- 5 Ollie Shields-Nordness ..Minnetonka
- 6 Tristan KoenLakeville
- 7 Alex CupplesLakeville
- 8 Ryan BochniakLakeville
- 9 Andrew CapraEdina
- 10 Kyle Engler.....Edina
- 11 Dan Pemberton St. Louis Park
- 12 Mack Saunders St. Louis Park
- 13 Ryan Zynda White Bear Lake
- 14 Steve Hall..... White Bear Lake
- 15 Erik Carlson White Bear Lake
- 16 Mike BeavensCentennial
- 17 Spencer WolensBlaine
- 18 Richie GoldenBlaine
- 19 Alex Becker.....Blaine
- 20 Alex Carter Wessy's Boys
- 30 Jordyn Kaufer Stillwater
- 1 Adam Clark St. Louis Park

COACHES: Scott Orrey, Lakeville
Ryan Anderson, St. Louis Park
Troy Wolens, Blaine JGA

This season's Junior Gold "A" Select game is hosted by District 6 and the District 6 Official's Association. To defray the costs of this event, we ask that you make a donation at the gate. Any amount will be accepted, the larger the better.