

San Francisco Vikings Soccer Club, Inc.



Founded 1922

2521 Judah Street

San Francisco, CA 94122-1437

Tel: (415) 753-3111 / Fax: (415) 753-2555

www.sfvsc.org

Parent Pledge

Please read, initial each item, sign and return this Parent Pledge to the Club with the player contract. This Parent Pledge is based upon principles established and promoted by the Positive Coaching Alliance.

1. I pledge to get my child to practice and games on time. I will be on time to pick up my child from all games and practices. This shows respect for the coach and it tells my child that he or she is my top priority. _____
2. I pledge to use positive encouragement to fill my child's "Emotional Tank" because athletes do their best when their "Emotional Tank" is full. I understand that less than 1% of youth sports participants receive college scholarships and that the top three reasons kids play sports are a) to have fun, b) to make new friends, and c) to learn new skills. I understand that the game is for the players, and I will keep sports in the proper perspective. _____
3. I pledge to reinforce the ELM Tree of Mastery with my child (E for Effort, L for Learning and M for bouncing back from Mistakes). Winners are people who make maximum effort, continue to learn and improve, and do not let mistakes, or fear of making mistakes, stop them. I understand that mistakes are an inevitable part of any game and that people learn from their mistakes. I understand that children are born with different abilities and that the true measure is not how my child compares to others but how he/she is doing in comparison to his/her best self. _____
4. I pledge to "Honor the Game." I understand the importance of setting a good example for my child. No matter what others may do, I will show respect for all involved in the game including coaches, players, opponents, opposing fans, and officials. I understand that officials make mistakes. If an official makes a "bad" call against my team, I will Honor the Game and be silent! _____
5. I pledge to refrain from yelling out instructions to my child. I understand that this is the coach's job. I understand that games are chaotic times for children trying to deal with fast-paced action and respond to opponents, teammates and

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coaches. I will limit my comments during the game to encouraging my child and other players on both teams. _____

6. I pledge to refrain from making negative comments about my child's coach in my child's presence. I understand that this plants a negative seed in my child's head that can negatively influence my child's motivation and overall experience.

7. I will honor this Parent Pledge in my words and actions. _____

I UNDERSTAND THAT FAILURE TO ABIDE BY THE ABOVE PRINCIPLES COULD RESULT IN A WARNING, REQUEST TO LEAVE THE FIELD, SUSPENSION FROM PARTICIPATING IN FUTURE TEAM ACTIVITIES AND/OR OTHER SANCTIONS INCLUDING, ULTIMATELY, MY CHILD BEING ASKED TO LEAVE THE TEAM.

Parent or guardian signatures (ALL PARENTS/GUARDIANS MUST SIGN):

Print player's name: _____

Date: _____