

Northern Lights Figure Skating Club Individual Lettering Criteria
2010-2011 Skating Season

1. Skaters must follow school and city policies. (Academic Ineligibility, Drugs, Alcohol, Etc.)
2. Be a positive role model by displaying good attitude, work ethic and behavior.
3. Be a current member in good standing with the USFS and Northern Lights FSC.
4. Skaters are required to submit to NLFSC Lettering Committee, P.O. Box 132 their signed lettering requirements summary sheet, by April 1st. The lettering committee will keep a journal to verify the skaters lettering requirements summary sheets. It will be the responsibility of the skater to obtain their coaches signatures.
5. This lettering criteria is between the skater and her/his coach(s). It will be the responsibility of the skater to make sure she/he obtains enough points during the lettering year to be eligible for the letter.
6. It will also be the responsibility of the skater to get copies of the result sheets from competitions they have competed in and copies of their Dance, MIF, and Free Skate tests they have passed.
7. To obtain copies of Test Results: Go to www.usfsa.org, Click on Members Only on Rt. Side. Type in Your USFSA # & Password. (If you do not have a password, you can register then). Next, Left side Members click on Test History.
8. Please make copies of your tests passed & results sheets and attach to your summary sheet.

Requirements to Letter:

1. Testing/Lettering Year is April 1-March 31.
2. The first year anyone is eligible to letter is 7th grade.
3. You **must** pass 2 out of the 3: Juvenile MIF and/or Pre-Silver Dances and/or Juvenile Free Skate test
4. Skater must compete in **2** individual competitions during the NLFSC program year. (Ex: EGF, Fargo/Moorhead, Duluth, Grand Rapids, Minot, or any USFS Sanctioned Competitions)
5. You **must** earn **13** points in the testing/lettering year to letter. You may pick from the following list for your points.

Points:

Moves In the Field test passed.....2 per test
Individual Dance test passed.....2 per test
Free Skate test passed.....2 per test
Competition.....4 per competition
Skating Performance in front of audience.....1 per performance (ice show=2 points for both days)
(Ex: holiday exhibition, ice show, etc.)

To reletter in succeeding years, a skater needs to achieve the following criteria:

1. US Figure Skating Test session
2. US Figure Skating, ISI or Skate Canada sanctioned Competition
3. You must earn at least **10** points.

* **Questions**, please contact Heather Arens, (701) 740-0647, pahaarens@rrv.net

Please mail copies and forms to:

NLFSC Lettering Committee
Attn: Heather Arens
P.O. Box 132
East Grand Forks, MN 56721

Northern Lights Figure Skating club
Lettering Requirements Summary Sheet for Individual Skaters
 2010-2011 Season

Skater's Name: _____

<u>Tests Passed:</u>	Points	Coaches Initials
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

<u>Competitions:</u>	Points	Coaches Initials
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

<u>Skating Performance:</u> (In front of and audience)	Points	Coaches Initials
_____	_____	_____
_____	_____	_____
_____	_____	_____

Total points needed to letter: 13 points **Total points:** _____

Total points needed to re-letter: 10 points **Total Points:** _____

Have you lettered before? YES or NO

School attending this year: _____ **Grade:** _____

Coaches signature

Skaters Signature

Lettering Committee

Please be sure to get this mailed in by April 1st, 2011!