

2011 Big Brother Greco-Roman/Future Freestyle Wrestling Training Camps

Good training partners and coaches are a key part of development in Freestyle and Greco-Roman Wrestling. Training and competing with National Team Athletes will greatly enhance one's skills and knowledge of the sport. Here you will find information for all of the 2011 scheduled Future Freestyle/Big Brother Programs, elite camps, and Coaches Summer Study Workshops.

To our FILA Junior, Junior, and Cadet Level Athletes and Coaches: In addition to the camps available to you, the Future Freestyle and Big Brother Program is a great opportunity to wrestle and train with some of our country's best senior athletes.

No matter what level of wrestler you are, no matter what your skills are, the key to success is constantly striving to learn more and better yourself. Our renowned coaching staff can help you achieve your goals.

Zeke Jones, National Freestyle Coach
Brandon Slay, Freestyle Resident Coach
Bill Zadick, Ntl Freestyle Developmental Coach
Steve Fraser, National Greco-Roman Coach
Momir Petkovic, Assistant National GR Coach
Ike Anderson, Ntl GR Developmental Coach
Anatoly Petrosyan, GR Resident Coach
Rob Hermann, GR Resident Coach at NMU
Willie Madison, Assistant GR Coach at NMU

FILA Junior World Team Trials/Training Camp

Date: May 15-22 (first & last days are travel days)

Location: Camp & Final Trials - USOTC in Colorado Springs, CO. **Camp** May 16-18, **Trials** May 19-21.

Greco FILA Jr. World Team Camp: June 19 - July 23, 2010 OTC Colorado Springs, CO.

Freestyle FILA Jr. Final Camp: TBA OTC Colorado Springs, CO.

Room & Board: Will be provided if your ranking qualifies you.

2016 Junior Olympic Training Camp: July 3-10, 2011, at the OTC in Colorado Springs. A separate application will be sent to all qualified wrestlers. There are 60 spots, and the top three finishers from 2010 Cadet and Junior Nationals (currently enrolled in high school) have first choice. If you are from Minnesota, you will need approval from your State Coach to attend this camp.

BIG BROTHER GRECO-ROMAN/FUTURE FREESTYLE TRAINING CAMPS

The Goal of this program is to offer you training situations that will greatly improve your wrestling skills and knowledge.

What is the Big Brother/Future Freestyle Program? The program is developed to allow for USA Wrestling's top ranked Cadet, Junior, and University wrestlers to come to Colorado Springs, Colorado, and train with the Senior Greco-Roman and Freestyle Resident Teams. Special coaching attention will be given to each participant.

Coaches: In addition to the National Coaches previously mentioned, other coaches may be present throughout the camps.

Location: Practice will be held at the U.S. Olympic Training Center in Colorado Springs, CO with the exception of the Big Brother Greco Roman Camp at Northern Michigan University.

Qualifications: All USAW All-Americans can apply, but only those below are funded access. Others must pay \$50.00/per day plus camp fee.

Top 4 at 2010 FILA Junior Nationals
Top 5 at 2010 Junior Nationals
Top 4 at 2010 Cadet Nationals
Top 4 at 2010/11 Cadet FILA Nationals
Top 6 at 2011 NCAA Div I Championships

All Schoolboy USAW All-Americans can apply for any of the BB/FF camps, but they will have to pay for the R/B cost at the OTC plus the camp fee. No one under the age of 14 may attend.

Cost: All transportation into Colorado Springs is the responsibility of the athlete. Room and board is free. Spots are limited! **For airport pick-up we must have itinerary three weeks prior to arrival date. COS airport pickup only!**

Schedule: First and last dates are travel days!

At **OTC:** March 20-27 and March 27-April 3
At **NMU:** April 24-30

****All camp applications must arrive 3 weeks prior to the camp you apply for!**

How to Apply? Contact Ike Anderson at (719) 598-8181 or send in attached application to USA Wrestling Camps c/o BB/FF.

2011 Big Brother Greco-Roman/Future Freestyle Wrestling Training Camps

COACHES SUMMER STUDY WORKSHOPS

Goals: (1) To help raise the level of Freestyle and Greco-Roman coaching throughout the United States; and (2) to build a strong network of Freestyle and Greco-Roman coaches in the nation.

What is the Coaches Summer Study? It is a five-day Coaches Education Program that will allow coaches to come to the U.S. Olympic Training Center in Colorado Springs, CO, for a workshop covering topics in our different areas: (1) Psychology of coaching wrestlers; (2) physiological development; (3) Technical development.

Location: All seminars and practices will be held at the U.S. Olympic Training Center in Colorado Springs, CO, in conjunction with the Big Brother/Future Freestyle Programs.

Qualification: The program is designed for coaches who have been Bronze Certified. Participation and completion of the five-day program will go toward the Silver/Gold certification requirements. Only four spots are available. All participants must have a current 2011 USA Wrestling Coaches Membership Card.

Cost:

Administrative Materials:

\$100 – Bronze, Silver, or Gold Certified
\$150 - Copper and Non-Certified

Room and Board: Covered by USA Wrestling.

Transportation: Coaches responsibility.

How to Apply? Contact Coach Ike Anderson a (719) 598-8181 or send the attached application to

USA Wrestling
6155 Lehman Drive
Colorado Springs, CO 80918

Phone: (719) 598-8181
Fax: (719) 598-9440

FOR MORE INFORMATION CONTACT (Application is on line at www.usawrestling.org)

Cody Bickley
E-mail: cbickley@usawrestling.org

Or

Ike Anderson
E-mail: ianderso@usawrestling.org

2011 Camp Application

- I have enclosed \$120 Administration fee for the Big Brother/Future Freestyle Camp
 I have enclosed \$100/150 Administration fee for the Coaches Workshop

March 20-27, Colorado Springs, CO March 27-April 3, Colorado Springs, CO April 24-30, NMU/USOEC

** All camp applications must be received at least 3 weeks prior to camp dates*

Name: _____ FS _____ GR _____

Address -Street, City, State & Zip: _____

Phone: (____) _____ Parent's Work Phone: (____) _____

Current Grade: _____ Birth Date: _____

Parent's Name: _____ Parent/Guardian Signature: _____

Date Signed: _____ Applicant's Social Security No.: _____

E-mail Address: _____ Qualifying Placement: _____