



Dear Parent/Guardian,

Commonwealth Orthopaedic Associates is pleased to offer an innovative program for the FC Revolution athletes. This program will assist our team physicians/athletic trainers in evaluating and treating head injuries (e.g., concussion). In order to better manage concussions sustained by athletes, we have acquired a software tool called ImPACT (Immediate Post Concussion Assessment and Cognitive Testing). ImPACT is a computerized exam utilized in many professional, collegiate, and high school sports programs across the country to successfully diagnose and manage concussions. If an athlete is believed to have suffered a head injury during competition, ImPACT is used to help determine the severity of head injury and when the injury has fully healed.

The computerized exam is given to athletes before beginning contact sport practice or competition. This non-invasive test is set up in “video-game” type format and takes about 30 minutes to complete. It is simple, and actually many athletes enjoy the challenge of taking the test. Essentially, the ImPACT test is a preseason physical of the brain. It tracks information such as memory, reaction time, speed, and concentration. It, however, is not an IQ test.

If a concussion is suspected, the athlete will be required to re-take the test. Both the preseason and post-injury test data is given to one of our Sports Medicine Physicians, and will be used in conjunction with an evaluation to help determine the plan of care for your child. The test data will enable the Sports Medicine Staff to determine when return-to-play is appropriate and safe for the injured athlete. If an injury of this nature occurs to your child, contact us, and we will make prompt arrangements for an evaluation and testing.

I wish to stress that the ImPACT testing procedures are non-invasive, and they pose no risks to your child. We are excited to implement this program, given that it provides us the best available information for managing concussions and preventing potential brain damage that can occur with multiple concussions. Commonwealth Orthopaedic Associates and the FC Revolution Staff are striving to keep your child's health and safety at the forefront of the athletic experience. Please return the attached page with the appropriate signatures. If you have any further questions regarding this program please feel free to contact me at 610-779-4896, or by email at dgrogesky@coaortho.com. There will also be additional literature sent home with each player, which will give you more detailed information on concussions.

Respectfully,

Diana M Grogesky, ATC
Director of Sports Medicine Outreach Program
Commonwealth Orthopaedic Associates

Randy E Yocum, DPT, CSCS
Director of Rehabilitation Services
Commonwealth Orthopaedic Associates



Consent Form

For use of the Immediate Post-Concussion Assessment and Cognitive Testing (ImPACT)

I have read the attached information. I understand its contents. I have been given an opportunity to ask questions and all questions have been answered to my satisfaction. I agree to participate in the ImPACT Concussion Management Program.

Printed Name of Athlete _____

Current Team _____

Signature of Athlete

Date

Signature of Parent

Date
