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Sent: Thursday, January 20, 2011 1:18 PM
To: newsletter@skinnyski.com
Subject: MiniSkinny Newsletter 2010/2011 Season - Issue #7

** M i n i S k i n n y **
** Issue #7 -- January 20, 2011 **

* SNOW REPORT

While the short-term forecast looks a bit chilly, most of the region is reporting very good to excellent conditions. Bundle up and explore some new trails this weekend and let us know what you find:
<http://www.skinnyski.com/trails/reports.asp>

* RANDALL ROCKS

- Kikkan Randall collected her second World Cup sprint victory last weekend:
<http://fasterskier.com/2011/01/randall-tops-sprint-cup-rankings-tenth-in-overall/>
- Video recap of the final (Kikkan in black):
<http://www.youtube.com/watch?v=LDFOd0zpzUc>

* ITS ALIVE

While there has been no official word, Telemark Resort is back online:
<http://telemark-resort.com/>

* LANCE A LOT

Lance Armstrong has come under renewed fire for possible doping:
<http://sportsillustrated.cnn.com/2011/more/01/18/lance.armstrong/>

* COUCH SIDE VIEW

Can't make it to Hayward for the Birkie? Watch it live online this year:
<http://www.livestream.com/birkie>

* YIKES!

Looking for yet another two wheeled way to travel?
<http://www.engadget.com/2011/01/18/yikebike-review/>

* METRO JUMPERS

Two jumpers from the Twin Cities were named to the World Junior Nordic team:
<http://www.uskiteam.com/jumping/news?storyId=3299>

* TREADING

If you need some motivation to workout...
<http://goo.gl/QTLDF>

* STILLWATER CONNECTION

The Minnesota DNR has preliminary plans for a new bike trail from the Gateway Trail to Stillwater:
<http://goo.gl/KVCL1>

* RATS

Rats get smarter with weight training:
<http://well.blogs.nytimes.com/2011/01/19/phys-ed-brains-and-brawn/>

* THE KING

The All Petter Northug channel ...

<http://www.youtube.com/user/PetterNorthugVideos>

And one more, in HD:

<http://www.youtube.com/watch?v=kx6IylaB4LE>

* ROOT ROUTE

Public meetings scheduled to discuss extending the Root River trail system to LaCresent:

<http://goo.gl/pEkg6>

* CLIMATE

- Strong La Nina this season:

<http://www.nasa.gov/topics/earth/features/strong-la-nina.html>

- 2010 ties warmest on record:

<http://www.ibtimes.com/articles/100789/20110113/2010-warmest-year-on-record-climate-change.htm>

- AccuWeather's Joe Bastardi wants to wager on temperature trends:

<http://www.nationalreview.com/articles/257040/bastardi-s-wager-matthew-shaffer>

* MORE DE SKI

More coverage from the recently completed Tour de Ski:

<http://nccsef.org/news/?cat=73>

* PAY TO PLAY

Norwegians may have to start paying trail fees:

<http://www.newsinenglish.no/2011/01/10/free-skiing-tracks-under-threat/>

* BOULDER BATTERED

Angie Robinson recaps her chilly experience at the Boulder Lake race:

<http://vakavaracetteam.blogspot.com/2011/01/hit-by-boulder.html>

* SNOWBIKE

- Winter trail riding continues to gain in popularity:

<http://www.jsonline.com/blogs/lifestyle/114159999.html>

- Winter bike commuting growing too:

<http://www.startribune.com/lifestyle/114216374.html>

* PREVIEW

FIS previews the upcoming World Cup and Junior/U23 World Championships in Estonia:

<http://goo.gl/OKmLd>

* ONE TRAIL

Dickinson, ND, grooms a ski trail...

<http://www.thedickinsonpress.com/event/article/id/44315/group/Outdoors%20/>

* RECENT UPDATES

- Weekend Racing plus waxing recs

- Historic Nordic Wooden Skis Display

- Women's Wellness Retreat at Maplelag Resort

- Swix: A Perfect Wax Solution

- Bib Bags are Back

- Toko eBlast: Wax Tip Generation, Seminars

- Skinnyski Race Team Weekend Recap

- Ski, Sip and Dip

- Duluth Youth Nordic Race Series

- Boulder Lake Ski Race Coverage

- Saint Scholastica Hilltop Invitational Coverage

- Greenbush Nordic Challenge Results

- ABC Relays Coverage

- Minnesota Skinnyski Series Team Competition

- Snekkevik Results

- SISU Ski Fest Coverage

- US Ski Team: Randall Takes Second Career World Cup Win

- Seeley Hills Classic Coverage

- Biathlon: Susan Dunklee 10th at IBU-Cup Sprint

- Birkie Tour Jan 22
- 2011 Pole, Pedal, Pant Winter Triathlon
- Loads of high school results
- Classifieds Ads
- and more...
<http://www.skinnyski.com>

* TRIVIA WINNER

Last week's question: Name the former Winter Olympic competitors that raced in the January 21, 2001 King Boreas race in St. Paul, MN?

Answer: John Burton (1952 Winter Olympian).

Trivia and lodging drawing winners posted online:

<http://www.skinnyski.com/notices/display.asp?Id=20945>

* TRIVIA CONTEST

50K eh ...

Question: Who was the previous skier to win the 50K at the Winter Olympics, World Championships, and Holmenkollen before Petter Northug did it last season?

This week's prize is for a package of Fast Wax SlickPro HSP-10 paste wax. We'll randomly select the winner from all the correct entries received by midnight, Friday, January 21st. To enter, send your answer to:

contest@skinnyski.com

Have an idea, event or topic for a future newsletter? Drop us some e-mail!

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