

# **Safety Rules and Regulations**

## **BAT SAFETY:**

- 1 player with a bat only- Games and Practices
- All bats to be kept in bat rack- Games and Practices
- No on deck circle

## **CATCHERS:**

- Must wear a cup
- Must use catchers glove
- Must use league provided throat protector

## **GENERAL:**

- Managers/Coaches may NOT warm up a pitcher in the bullpen or on the field
- Only a uniform player is allowed to warm up the pitcher
  - During games, including the bullpen.
- During defense-1 Manager & 2 coaches allowed in the dugout
- During offense-1 Manager or Coach MUST be in the dugout.
- Gates in the dugout MUST be kept shut during play-safety first!
- Managers must have their coaches fill out a volunteer form. Online.
- Cell phones are NOT to be used during the game. Only for Medical reasons.

## **MANAGERS:**

- Safety Manual
- Ice packs
- Medical release forms
- Keep players off of the fences-no climbing
- Never leave a child unattended after practice or games
- Respect the opposing team during warm ups. Watch out for over throws.
  - ✓ INJURY FORM- PAGE 15
  - ✓ HOW TO REPORT AN INJURY- PAGE 19
  - ✓ COACHES CODE OF CONDUCT= PAGE 8

Remember to have fun and Thank you for volunteering!

**I have read and understand the above Safety Rules and promise to adhere to its rules and regulations.**

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Manager  
Print Name and Sign

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Division Coordinator  
Print Name and Sign