



Kelly Kretschman #12



Minnetonka Girls Softball Association & the Minnesota ICE present the
2nd Annual "ICE OUT"
Winter Fastpitch Pitching, Hitting & Skills
Clinic
Featuring Cat Osterman & Kelly Kretschman

December 18-19, 2010
Minnetonka High School Dome

Ten hours of Clinic over 2 days
Camp is separated into groups based on positions.

Camp Highlights: In addition to the Olympian's instruction, local Metro area players, who are playing or have played collegiate softball, will be in attendance to assist with various drills and share their experiences of being a collegiate softball player.

Cat Osterman – Spent last season as the pitching coach for DePaul University and currently plays for the USSSA Pride. Cat is a two-time Olympian, winning a Gold medal in 2004 and a silver medal in 2008. Graduated from HS as the Gatorade National Softball Player of the Year. Osterman was a four-time National Fastpitch Coaches Association All-American, a three-time Big 12 Female Athlete of the Year and was the four-time Big 12 Conference Pitcher of the Year. In addition, the psychology major was a three-year member of the All-Big 12 Academic Team. Currently plays for the USSSA Pride in the National Professional Fastball League and on the U.S.A. Womens National team.

Kelly Kretschman – Currently residing in South Florida, Kelly also plays professionally for the USSSA Pride in southern Florida. Kelly is also a two-time Olympian, winning a Gold medal in 2004 and a silver medal in 2008. Kelly graduated from the University of Alabama where she was a 4-time NFCA All-American and WCWS All-tournament selection. She also has participated on the USA teams that have won the World Cup and the gold medal at the Pan American Games.

December 18, 2010

Registration	8:30-9:00
Meet & Greet with Cat & Kelly	9:00-9:30
Stretching & warm-ups	9:30-10:00
Small group/stations	10:00-2:30

December 19, 2010

Stretching & warm-ups	9:00-9:30
Small group/stations	9:30-2:30
Wrap-up-Photo Opportunities	2:30-3:00

"ICE OUT" Pitching, Hitting & Skills Camp
featuring Cat Osterman & Kelly Kretschman
December 18-19, 2010
Minnetonka High School Winter Dome
Registration Form
(Print Clearly)

Name: _____ DOB: _____

Address: _____

City: _____ State _____ Zip: _____

Home Phone: _____

E-mail Address: _____

Parent's Name: _____

Parent Contact (Main): _____

Emergency Num (If different) _____

Primary position (circle one): P C 1B 2B 3B SS OF
Secondary position (circle one): P C 1B 2B 3B SS OF

FEE: \$160 (checks made out to MINNESOTA ICE)

Send completed registration form and waiver to:

Scott Youngstrom
4230 Mount Curve
Deephaven, MN 55331

Youngstromfamily@msn.com 651.442.6990

Clinic limited to the first 144 participants

Sponsored in part by Minnetonka Girls Softball Association & the Minnesota ICE Fastpitch Association

Important – Please Read Carefully
At Minnetonka Dome, Minnetonka, MN

Program Acknowledgement and Release

Waiver and Release: I acknowledge that:

By signing this document, I declare that I have no medical problems that would preclude my participation in the clinic. My participation in the clinic is voluntary and I assume all risk of injury or contraction of any illness or medical condition that may result, or the aggravation of any pre-existing medical condition I may have, or loss or theft of any personal property resulting or arising out of my participation in the clinic. I understand and acknowledge that the "ICE OUT" Clinic and its agents have no expertise in diagnosing, examining or treating any medical condition, whether existing or incurred as a result of my participation in the clinic. I understand and acknowledge that the clinic has made no guaranty of success or improvement as a result of my participation in the clinic.

I, hereby, on behalf of myself, personal representatives, heirs, executors, administrators, agents and assigns, forever release and discharge Minnetonka High School, Minnetonka Girls Softball Association, Cat Osterman, Kelly Kretschman and/or Minnesota ICE Faspitch Association, its affiliates, employees, agents, representatives, successors and assigns from any and all claims or causes of actions (known and unknown) that I may have in the future as a result of the Programs negligence. This waiver and release of liabilities includes but is not limited to, injuries that result from any negligent instruction or supervision provided by the Program. I HAVE READ THIS WAIVER AND RELEASE AND FULLY UNDERSTAND THAT IT IS A COMPLETE RELEASE OF LIABILITY. THAT I HEREBY WAIVE ANY RIGHT THAT I MAY NOW HAVE OR WILL HAVE TO BRING ANY LEGAL ACTION AGAINST MINNETONKA HIGH SCHOOL, MINNETONKA GIRLS SOFTBALL ASSOCIATION, CAT OSTERMAN, KELLY KRETSCHMAN AND/OR MINNESOTA ICE FASTPITCH ASSOCIATION, ITS AGENTS, SUCCESSORS OR ASSIGNS, FOR ANY LIABILITIES THAT MAY RESULT, WHETHER DIRECTLY OR INDIRECTLY, FROM THE PROGRAMS NEGLIGENCE.

Miscellaneous. The provisions in this document are servable and if any provision is determined to be illegal or unenforceable, the remaining provisions and any partially enforceable provision shall never the less be enforceable unless otherwise prohibited by laws of the State of Minnesota. The clinic's failure to enforce any remedy or provision of this document shall not be construed as a waiver of such remedy or provision.

By signing below, I acknowledge that I have carefully read and fully understand this acknowledgement of release.

Patron: _____ Age: _____

Date: _____

Parent or Guardian (print name): _____

Parent or Guardian Signature: _____