



# WAA News

Online at [waawoodbury.org](http://waawoodbury.org)

email: [waaexecdir@waawoodbury.org](mailto:waaexecdir@waawoodbury.org)

November/December 2010

**ONLINE REGISTRATIONS**  
**At [waawoodbury.org](http://waawoodbury.org)**

**Register ONLINE**

**JO Volleyball to November 13**  
(Try Outs November 15)

**WRESTLING - Folkstyle**  
open to December 7

at **WAAWOODBURY.ORG**  
*Please update household information*  
Online registration available at WAA office.

Visa, MasterCard & Discover accepted

**FUTURE REGISTRATIONS**  
**WATCH THE WAA NEWS FOR**  
**UPDATED INFORMATION**

**January:** Track, Golf, Softball,  
Spring Soccer &  
Developmental Baseball

**May:** Summer Sport Camps,  
Summer Soccer, Basketball, Fall  
Recreational Soccer, Football

**Summer:** Volleyball

**September:** Wrestling and  
JO Volleyball

**Letterman Jackets**  
at WAA Building

**REMEMBER.....WAA it is about the KIDS!!!**

**WAA Building** 2630 Ojibway Drive  
Monday-Friday 2:00 - 6:00 PM 651-731-0100

## **From The President**

[waaexecdir@waawoodbury.org](mailto:waaexecdir@waawoodbury.org)

651-731-0100

HAPPY FALL! As I sit here writing this article on a fine October day, I wonder what the weather will be like when you read this in November, it is beautiful today; we have experienced a wide variety of weather this year, at one point we didn't know if we would get all of the summer games in because it was too wet, then we really got dumped on and then it dried out. It is really like they say if you don't like the weather right now stick around for a few days, it will change.

We are currently in the midst of some pretty heavy discussions with the South Washington County Community Education about our use of the Activity Centers for Basketball tournaments. Historically we have had very large traveling tournaments for both the boys and Girls programs and then a large tournament for the house program. When the activity centers were added to the schools it just made sense to us to move these tournaments to those locations to concentrate the games and also so that we were able to conduct the tournaments with a less volunteer manpower.

With the addition of East Ridge High School there became another activity center to throw into the mix.

Community Ed isn't receptive to us using **two** activity centers for three weekends so we are trying hard to get them to understand our need for that. If we can accomplish that, it will make it a lot easier for the basketball programs to put on those tournaments which help generate a lot of the funds used to keep our registration fee's low.

The Baseball people are working with the **Little**

## From The President

(continued)

*(Continued from page 1)*

**League International** to bring Official Little league to Woodbury. This discussion has been brought up in the past but in the end the Baseball people always balked at the final process. This year however the discussions seem to be very positive and look like they will result in a transition to Little league over the next two years, this is being done as a joint project between ERAA and WAA Baseball, stay tuned, more to come in the future on this topic.

Golf Director Cecil Spivey has announced that he will be stepping down at the January Annual meeting. Cecil has been the Director for the past three years and we really have appreciated his efforts. That said we **need a new Golf Director**, if you are interested in that, give me a call or send an email and I will fill you in on the many benefits that the position holds.

On the same note, the **annual elections will be held on January 24<sup>th</sup> at the WAA annual meeting**, to be eligible as a candidate for office you need to get your name placed in nomination by December 24<sup>th</sup>. *If you are interested in serving on the Board in any specific role, contact me and I will fill you in on positions that may be available.*

On a closing note, the winters around here get pretty long, if you want to break it up a little when you are not taking your children to their Winter sports events, grab the kids and attend a High School Activity, there is nothing like the atmosphere at one of the many events at the High Schools.

### Support WAA at Champps

Play WAA pull-tabs at Champps!  
Your support goes directly to WAA—  
**THANK YOU!**

# BASKETBALL

## Teams have been formed for 2010-11 Travel Season

Thanks to all the volunteers during our tryout process this year. The evaluators did an excellent job this year again. As always we are excited to get feedback about our tryout process. Please feel free to contact the Directors about your tryout experience, Brad Kletscher for the girls and Steve Pittman for the boys. Contact information is on the web site at [waawoodbury.org](http://waawoodbury.org).

## Traveling Tourney Volunteers

**The Woodbury Traveling tournaments are January 29 - 30 for Girls and January 22 - 23 for Boys.**

Please note: The boys is one week prior to the girls instead of one week after this year. Please keep your volunteer obligations in mind and do not schedule events during your shift at the tournament. The success and great reputation of the Woodbury Boy's and Girl's Traveling tournaments is largely due to the leadership, hospitality, and hard work of volunteer parents.

Families will be required to do at least one shift of volunteer time. Shifts may be longer than usual this year. Our tournaments are another way we keep fees as low as possible and your help is greatly appreciated!

## Refunds

The refunds for program changes and cancellations have been completed. Refunds for In-House Grade Coordinators and Traveling coaches will be completed in November.

If you believe you have a refund due, please submit a reminder by emailing Steve Pittman for boys ([sspittman9214@msn.com](mailto:sspittman9214@msn.com)) or Brad Kletscher for girls ([bkletscher@bgs.com](mailto:bkletscher@bgs.com)). Your request will be handled by our Treasurer, Joanne Kletscher. Refund procedures are noted on the web-site. Please include

your child's name, grade, and program in addition to parent's name, amount paid, reason for refund, and mailing address.

### Volunteers needed:

WAA Basketball needs help in the positions that follow:

Coaching Director  
In – House Grade Coordinators

### Gym Notes

As the season begins, please see the gym rules on the web-site. The most common issues we have are unsupervised kids in hallways. **All children must be supervised at all times.** Make sure that your child is at the correct practice site at the right time when you drop them off. Please go inside the gym with your son/daughter to make sure the coach is there. With the rotating schedule, it is very easy to make a mistake, and sometimes practices are cancelled for whatever reason.

Coaches please make sure ALL your players have a ride home before leaving the site.

WAA Basketball pays for damages that we cause and that comes from the fees that you pay. Please help keep fees low by respecting all properties and keeping activities under control at all times.

Thank you very much for your cooperation with the gym rules.

Steve Pittman  
Boy's Basketball Director

## Sport Shack

By the Woodbury Sports Foundation—WSF

Find Your Spirit wear at the Sport Shack  
**The SHACK has gear for those who hear  
Lion's Roar and see Raptor's Soar, it's got it all!**

At Bielenberg Sport Center  
Upper Deck , Wednesday 6-8pm &

**Sport Shack thanks WAA families for  
their support!**

## 2010 WAA Board Members

**Executive Dir.** Gene Johnson 731-0100  
waaexecdir@waawoodbury.org

### OFFICERS

**President** Gene Johnson 731-0100

**Vice President** Laura Kallman 398-2083  
waavicepresident@waawoodbury.org

**Secretary** Doug Pasche 578-6504  
waasecretary@waawoodbury.org

**Treasurer** Ryan Vaske 731-0100  
waatreasurer@waawoodbury.org

### DIRECTORS

#### Baseball:

**Traveling** Joe Griesgraber 245-9443  
travelbaseball@waawoodbury.org

**Developmental** John Mahlke 238-9996  
devbaseball@waawoodbury.org

**Basketball:Girls** Brad Kletscher 669-3938  
girlsbasketball@waawoodbury.org

**Basketball Boys** Steve Pittman 247-7735  
boysbasketball@waawoodbury.org

**Football** John Griffin 336-4570  
football@waawoodbury.org

**Membership** Jeanne Derrick 458-9017  
membershipdir@waawoodbury.org

**Soccer** Kelli Moore 730-0100  
soccerdir@waawoodbury.org

**Softball** Jill Miller 731-4281  
softballdir@waawoodbury.org

**Track** Corey Johnson 738-1822  
track@waawoodbury.org

**Golf** Cecil Spivey 491-9391  
golf@waawoodbury.org

**Volleyball** John Rock 731-9587  
volleyballdir@waawoodbury.org

**Wrestling** Sam Johnson 731-0100  
wrestlingdir@waawoodbury.org

### Office Staff

**Reception** waareceptionist@waawoodbury.org  
**I.T.** itdir@waawoodbury.org

**Office** waawoodbury.org 731-0100

# VOLLEYBALL

## Fall Rec Program

WAA wrapped up our 2010 recreational/in-house volleyball season with our inaugural tournament against our neighboring ERAA on October 30. While it took a couple of weeks to iron out the bugs associated with starting a new league, I believe the amenities in our community's district gyms, such as seating, parking and scheduling our regular season games before noon were worth the extra effort and initial pains.

It was fun to watch every girl improve over the season. If you were part of the recreational league, please feel free to let me know what things you liked and didn't as we move forward. I expect some rules change regarding serving and scoring may be made, but truly welcome more input.

I'm very happy to announce that Jen Aamodt has agreed to be next year's in-house league coordinator. Jen has previous coached our in-house teams, has two daughters at the JO level, and is a life-long volleyball player. I know her energy and enthusiasm will improve our in-house program.

## Winter JO Program

Junior Olympic (JO) Volleyball is a competitive volleyball season that takes place after the school volleyball season, starting in November with tryouts and ending in April, 2011, with our final area-event tournament. JO Volleyball teams fall along a spectrum from elite club teams that travel nationally to local community teams, such as WAA volleyball.

The Woodbury JO teams will play locally in the Northern Lights Minzuo Power League at the Midwest Volleyball Warehouse in Burnsville. We will also planning on playing in two local USAV NCR events, the President's Day Tournament in February and the NCR Area Event at the end of April, both at locations in the metro area.

Registration for Woodbury JO Volleyball opened last Monday, Sept 27, 2010 and will continue through November 13, 2010. Unlike past years, where girls registered directly under their age group, this year, there is only one registration, Activity 438015-1, which is a general registration for JO tryouts. **Tryouts for the Woodbury JO team are on Monday, November 15, 2010 at Woodbury Middle School** based on the age of the girl.

For 12s, 13s, and 14s teams, tryouts will be from 6 - 8 pm. Tryouts for the 15's and 16's teams will be from 8 - 10 pm. If you are unsure which age group tryouts your player should attend, the following are the general breakdown of the ages/grades for each JO level.

This year we will have teams at the following ages:

- 12's: girls born on or after September 1, 1998
- 13's: girls born on or after September 1, 1997
- 14's: girls born on or after September 1, 1996
- 15's: girls born on or after September 1, 1995
- 16's: girls born on or after September 1, 1994

There is an optional try-out practice on November 7th, at the same times and location, if the girls would like to familiarize themselves with the tryout format. Evaluators will not be at the tryout practice. Parents are welcome at the tryout practice, but must leave the gym area during tryouts. Every attempt to place girls on a team will be made, but cuts are possible, since team size will be limited to 10 girls.

There are always questions about playing time. Woodbury JO is a competitive program, so playing time will not be equal in all game situations, especially at the older levels.

Our program goal is to develop and learn in real-game scenarios during our Power League play at the Volleyball Warehouse, so we will strive for fair playing time during these regular season matches. At our tournaments, the teams will be playing to win, so playing time may be afforded to girls based on the level at which they are playing. Overall, all participants will be playing a lot of volleyball, at least 3-4 hours of practice per week, 3 matches on

alternating Saturdays or Sundays throughout the season, and the two tournaments. If a team and its coach agree, they may sign up for additional tournaments at the team member's expense.

**To sign up for JO volleyball, you must register before November 13, 2010.** At the time of registration, you must pay a NON-REFUNDABLE tryout fee of \$25.00. The JO Volleyball program fee for 2010-2011 will be \$650.00. The program fee covers a WAA general fee, USAV registration fees for the coaches and players, referee training for the coaches and players, gym rental, equipment, coaching stipends, uniforms, registration in the Mizuno Northern Lights Power League, and the two NCR tournaments. All players perform referee duties as part of their play and development and must complete a mandatory referee/rules clinic prior to the start of competitive play.

If you are selected and accept a position on a team, the \$25.00 tryout fee will be applied toward the total registration fee. Teams will be announced November 17, 2010 and you will have 2 days to accept an offer by completing a team registration process online. The remainder of the program fee will be due and must be paid online by Nov 19th. If you do not register by Nov 19, the player's spot on the roster may be offered to another player. Once a spot is accepted, there will be no refund of the program fee.

Practice will begin the first full week of December and the season will run through the end of April.

If you have any questions or concerns, please contact the Volleyball Director at [VOLLEYBALLDIR@WAAWOODBURY.ORG](mailto:VOLLEYBALLDIR@WAAWOODBURY.ORG)

### **Web Improvements Coming**

The Volleyball board will soon be expanded to include a webmaster who will keep the WAA web site information up to date. The webmaster will also move WAA volleyball into the 21<sup>st</sup> century with the Facebook. We will send out a link when that is completed, probably in mid-December.

## **WAA THANKS EMPLOYER COMPANIES...**

WAA would like to send out a big thank you to:

***Best Buy,  
Ecolab,  
Medtronic  
State Farm***

for their employee volunteer matching programs. These companies have donated to the Woodbury Athletic Association in the past three months and WAA is extremely grateful for their giving.

Thanks to our committed volunteers as well, that requested these matching funds from their corporations. These employer programs provide grants to the non profit organizations where their employees volunteer.

If you work for a company that has a program to recognize their employees for volunteering in the community non profits by matching their time with giving and you have volunteered for us over the past year, please submit a grant request to your company listing the Woodbury Athletic Association as the recipient.

**WAA is a 501 c 3 Non-profit and qualifies for most grants.** Our membership benefits from your giving of time and these grants by helping to keep our overall costs to members down.

Remember WAA...it is about the kids!

# SOCCER

## Woodbury Soccer Club

### Fall is a Wrap

#### Recreation

Fall Recreation program wraps up October 16. Our Fall recreation program saw over 700 participants hit the fields in Woodbury.

#### Competitive

Fall Competitive brought its season to a close the weekend of October 11.

Four teams have qualified for the post-season. The U11G C2, U12B C1, U14B C2, and U14G C2. The MYSA Fall State Tournament is in Rochester, MN the weekend of October 16.

Four teams travelled to Chicago to compete in the Sockers Nike Classic, October 10-11, with all the teams enjoying some success. One team stood out for WSC at the event with the U13G C1 team getting to the finals in their bracket. Teams also took advantage of the weekend to see the US M's National Team play Poland at Soldier Field with over 80 people representing WSC attending the game.

### What's Next?

#### Recreation

Winter Indoor Recreation begins October 25 and comes to completion the weekend of December 18. Registration for this program has been outstanding with over 200 participants hitting the dome turf in October, November, and December. Registration is closed for this program.

#### Competitive

Most teams will be taking a break from soccer except for our older teams who will begin work in the dome to get better beginning in November.

A new program has been launched to help our U11/ U12 players continue to improve. This program has

seen strong registration with families recognizing the opportunity for improvement of their children under the guise of our excellent coaching staff.

Our winter training program, which is included in our summer registration fee, for our U9-U12 teams will begin in January with the schedule being released in early November.

***Summer Competitive Registration is open now. Register by October 31 to avoid a late fee!***

# GOLF

WAA Seeks a volunteer to lead our Golf Program for the 2011 season. The Director of WAA Golf, Cecil Spivey will be retiring from his 3 years serving WAA in this capacity.

In addition to directing the golf program, this position also serves on the WAA Board.

If you are interested and/or would like to learn more about this opportunity to serve, please email Cecil at [golf@waawoodbury.org](mailto:golf@waawoodbury.org) or Gene Johnson, Executive Director at [waaexecdir@waawoodbury.org](mailto:waaexecdir@waawoodbury.org).

Thank you!

## Sport Shack

By the Woodbury Sports Foundation—WSF

Find Your Spirit wear at the Sport Shack

**The SHACK has gear for those who hear Lion's Roar and see Raptor's Soar, it's got it all!**

**At Bielenberg Sport Center  
Upper Deck , Wednesday 6-8pm &**

***Sport Shack thanks WAA families for their support!***

# SOFTBALL

The WAA softball program is hoping to hold several clinics over the course of the off season this year. We will be holding our **winter clinic** starting in mid to late January.

We are also trying to get some **coaching clinics** set up after the first of the year and also a **pitching clinic** set up.

This year WAA softball is partnering with the Minnesota Fastpitch Academy, which is owned by Julie Standerling, the former University of Minnesota softball coach. Julie and her team will be running our winter clinic this year and hopefully the coaches clinic and the pitching clinic. We are very excited about this opportunity for the WAA softball girls and coaches to be able to work with Julie and her team!

These clinics will be open to all WAA softball girls (in-house and traveling). Coach's clinics will also be open to all in-house and traveling coaches. Please check our website for further information on all of these clinics.

Our website is <http://www.waawoodbury.org/page/show/77219-softball>.

## Support WAA at *Champps*

Play WAA pull-tabs at Champps!  
Your support goes directly to WAA—  
THANK YOU!

# BASEBALL

## TRAVELING BASEBALL

Fall tryouts have been completed and teams are posted on the travel baseball website.

There will be a spring tryout in February for any open roster spots. All open roster positions will be posted prior to the February tryout.

### Upcoming events for Travel Baseball:

January: Clinics / Player development  
Uniform Fitting – Date TBA

February: Clinics & Spring Tryout

Anyone who is interested in being a paid non-parent coach for the 2011 season please contact Joe Griesgraber.

Please continue to check for the most up to date information at [www.woodburybaseball.org](http://www.woodburybaseball.org)



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**"WE SUPPORT THE W.A.A."**

# TRACK

## **Become A Member of the WAA Track Team or *Team Woodbury*.our Traveling Track Team!**

With fall weather and snowflakes fast approaching, ones thoughts may not be focused on Spring and its upcoming track program. However, spring sports sign-ups are just around the corner. **Spring sports sign-ups, including track & field will open on our website in early February.**

If you are interested in coaching, please contact Corey Johnson at 738-1822 or at [igottarun18@yahoo.com](mailto:igottarun18@yahoo.com). If you are looking for a more competitive program, please check out our "Traveling Track Team".

WAA Track Program's mission is to enhance the skills of young runners and introduce them to the sport of Track & Field. The club has a goal of developing each person's leadership potential both on and off the track and field. The club is looking for kid's who enjoy competing and have some interest in , track and field or just running to enhance their overall fitness.

### **Practice**

Practices will be held twice a week for one hour (in the past practices have taken place on Tuesday and Thursday evenings from 6:00 to 7:00 P.M. The season will start in May and run into July as determined by the state meet date for 2011.

The practice format provides flexibility for athletes that participate in other sports (i.e. soccer, softball, baseball) or activities (i.e., gymnastics or dance) that coincide with our season. The club asks that you attend all practices that you are able to but does not require attendance at every practice. Also families and athletes often have vacations or other plans that occur during the summer. The club attempts to keep our focus on sport in perspective,

recognizing that family comes first.

### **Competition**

Prior to the start of the track & field season, each participant will receive a "welcome" letter on-line, (or hard copy if requested) that outlines all of the available meets for us. Participants pick which meets they will attend, and participate in as many, or as few meets as they choose.

### **Joining**

You may stop in the WAA office during regular operating hours to register-(typically open Monday-Friday from 2:00 to 6:00 P.M.) But call 731-0100 to verify hours.

A Welcome Letter with additional information will be sent out at the end of April.

### **Coaching Philosophy**

The program is based on introducing and refining the sport of Track & Field through a positive feedback coaching process. This process emphasizes fundamentals, fitness, flexibility and form. Most important however, is the presentation of running as a fun, enjoyable, and rewarding athletic activity that can become a lifelong healthy lifestyle.

### **Additional Questions**

If you have any additional questions, please feel free to contact me at [igottarun18@yahoo.com](mailto:igottarun18@yahoo.com), or call me at 651-738-1822. I will try to get back to you within 24 hours.

# FOOTBALL

WAA Football information can be found on the WAA Website  
[www.waawoodbury.org](http://www.waawoodbury.org)

**The Woodbury Athletic Association (WAA) is an independent, nonprofit, youth organization.**

**All residents of Woodbury are eligible to be members of WAA.**

# WRESTLING

Registrations for the 2010-11 WAA Youth Wrestling, Folkstyle Wrestling continue online until December 7. We're looking forward to having a lot of fun in what will be our ninth season of youth wrestling in Woodbury. All WAA wrestling coaches are USA Wrestling Copper or Bronze certified.

This season we will again offered two sessions, Introduction to Wrestling in September and Folkstyle Wrestling.

### Folkstyle Wrestling

Wrestlers with one year of experience or more, are encouraged to sign up for Folkstyle wrestling. Emphasis will be placed on development of appropriate skills, strategy and technique. Physical fitness and conditioning will also be stressed in this session.

Wrestlers are strongly encouraged to participate in open tournaments on the weekends and to take advantage of other wrestling opportunities. Open tournaments are held nearly every weekend around the Twin Cities area.

The fee for Folkstyle Wrestling is \$75. Practices will begin in early December.

Wrestlers who register for Folkstyle Wrestling may also participate in practices held for Introduction to Wrestling, which begin in early November.

If you have questions about wrestling, please contact Sam Johnson, Wrestling Director, at (651) 245-3891 or johnsonswdby@comcast.net

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# Woodbury Athletic Association

## ONLINE REGISTRATIONS

At [waawoodbury.org](http://waawoodbury.org)

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At [waawoodbury.org](http://waawoodbury.org)

**Register ONLINE**  
**WRESTLING**  
**VOLLEYBALL**

Starting Sept 20  
BASKETBALL Late Registrations

at **WAAWOODBURY.ORG**

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Online registration available at WAA office.

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Monday-Friday 2:00 - 6:00 PM 651-731-0100

## **2011 ANNUAL MEETING**

**Annual General Meeting on January 24, 2010.** The Annual Meeting will be held at the WAA Building at 7:00 P.M. on January 24, 2010.

All members of the WAA are welcome to attend.

At this time Nominations for Board and Director positions for the 2011 calendar year are open. If you are interested in nominating yourself or another individual please submit your nomination in writing to the WAA Vice President Laura Kallman at [waavicepresident@waawoodbury.org](mailto:waavicepresident@waawoodbury.org).

Elections for the Board Positions will take place at the Annual Meeting. Nominations close December 31.

## **THANK YOU**

The Woodbury Athletic Association  
would like to Thank

**DICK'S SPORTING  
GOODS**

For their support and donations!