FALL

YOUTH
fitness
PROGRAM

26.2 California International Marathon

TRAINING MILEAGE LOG

Please print clearly.

1. Fill out your contact information.
2. List the names of the participants.
3. As each cumulative distance (5 km= 3.1 miles, 10 km=6.2 miles, half marathon =13.1 miles, or marathon=26.2 miles) has been run, check the appropriate space.
4. For each cumulative distance run, the CIM will provide the participant a special ribbon printed with the distance achieved.
5. As the distances are completed, mail a copy of the log to: CIM Youth Fitness, 120 Ponderosa Ct., Folsom, CA 95630. You may photo-copy this form or create your own sheets.

Youth Fitness Program Sign-Up Sheet and Mileage Report

Name of Teacher, Coach, or Parent____

Name of School or Group ____________________________________Grade/Age_____

Address ____

City ____

State ________ Zip _______________Phone _____________________________________

e-mail ____

Participant's Name	3.1 mi.	6.2 mi.	13.1 mi.	26.2 mi.