



2010-2011 RCYBA League Rules (3 on 3)

1. **Equipment:** Players may not wear a guard, cast, metal brace or other potentially dangerous equipment on an elbow, hand, wrist, finger or forearm. RCYBA officials may disallow any equipment that they believe poses any threat or danger to other players.
Baskets & Balls The intermediate sized ball will be used for all youth games for grades three through six and for all games involving female only divisions. A full-sized ball will be used for all other games.
2. **Shooting distances:** For grades three and four, the free throw distance will be ten feet. The free throw line is 15 feet for all players fifth grade and older.
3. **Fouls:** All fouls will result in one free throw, except when the field goal is made. There will be no additional shots after a made field goal. During free throws, all players will stand behind the free throw shooter. A change of possession will result after a free throw unless a technical, intentional or flagrant foul is called.
 - A. Technical Fouls—a team will shoot one free throw and maintain possession of the ball if their opponent is called for a technical foul.
4. **Opening possession:** The initial possession of the game will be determined by a coin flip. The winner of the coin flip gets the ball first. The team that loses the flip will receive the ball on the first held ball, alternating possession opportunity. Alternating possessions will continue for all held ball or jump ball situations.
5. **Checked Ball:** All possessions will begin behind the back-court line. This includes following made baskets, free throw attempts, balls knocked out of bounds, held balls, etc. The ball must be "checked in" by an opposing player before it can be put into play. The ball must then be passed in to a teammate to begin play; however, *the first pass should not be contested by the Defense*. For 3rd and 4th graders, the initial pass after the check-in may not be contested if the player

receiving the pass is behind the free throw line extended. At all levels, opponents who “check” the ball in must use sportsmanship in handing or tossing the ball to their opponent. Throwing the ball at the offensive player or similar conduct may result in a technical foul.

6. **Change of Possession:** The ball will change possession after all scored baskets and free throw attempts unless a technical, intentional or flagrant foul is called. There is no “make it, take it” rule.
7. **Taking it Back:** On each change of possession, the ball must be taken back behind the dotted back court or “take back” line for the possession to legally begin. This must occur whether or not a shot was attempted. Failure to take it back results in loss of possession and any points scored during the illegal possession. Taking it back means a person’s whole body and the ball must be behind the dashed take back line. The two point arc is not the take back line.
8. **Substitutions:** Player changes may be made only during a dead ball situation or a time out. Changes cannot be made while a ball is in continuous play.
9. **Player injury:** A court monitor has the discretion to stop play for an injured player. If a player is bleeding or has an open wound, they must leave the game and bandage the wound properly. Players must remove blood stained clothing or saturated bandages to re-enter the game. If a player has lost consciousness or is seriously injured during a game, RCYBA will require a written note from a medical doctor who has examined the player following the injury before that person can continue to participate.
10. For 3rd and 4th graders, defenders may steal the ball only off a pass. They can not steal the ball off the dribble (at least initially).