



Cottage Grove Hockey Association

Mite Program

2010-2011



Equipment Requirements

MINI-MITE/MITE EQUIPMENT REQUIREMENTS

Sporting goods stores that carry hockey equipment will be able to help you with this list. There is a fair amount of youth equipment that is traded in and resold at some stores.

- Helmet (preferably black) with ear protection and with HECC approved full-faced protection, commercially manufactured and attached to helmet, with approved chinstrap
- Mouth guard must be attached to face protector with a flexible strap or cord
- Shoulder pads
- Athletic support and cup/pelvic protector
- Shin guards
- Proper fitting hockey skates
- Hockey gloves
- Garter belt or Sock Jock (to hold up socks)
- Elbow pads
- Breezers (preferably black)
 - Suspenders or belt
- Hockey stick
- Neck guard (throat protector) (optional, but recommended)
- Practice jersey – Jerseys/socks will be handed out at the first team practice.

NOTE: There are some equipment packages available to first time skaters. Please contact the Equipment Manager Kim Scollick for further information.

Skaters are assigned to a dressing room each time they skate. The room number is listed on a LCD Screen in the lobby of the arena. They can put on their equipment at home or at the arena.