



trinity
Lutheran Church

trinity.today.

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Trinity Lutheran Church
115 N. Fourth Street, Box 339
Stillwater, MN 55082-0339

love.transform.serve.

Watch your mail
for exciting
information
about:

Trinity for TOMORROW

Capital Appeal
2010 Annual Giving



Begins:

November 7-8, 2009

Commitment Weekend:

November 21-22, 2009

Capital Appeal

Like the generations before us, we are called to make investments in a way that will take faith, courage and generous hearts. By joining in this effort, you will feel the joy and satisfaction that flows from a generous support of the future God has provided. Join your grateful heart with all of the people of Trinity, past, present and future, as we take our turn to provide for the future.

Annual Giving

Trinity's ministry is expanding and growing because we are growing in our faith and our ability to make an impact in the world. God is doing good things in and through our community of faith.

Trinity's budget reflects praise, thanksgiving, education, purpose, outreach, mutual care, communication and sharing. We know that God works through us to show God's love, transform lives, and serve the world. The talents and resources that are unfolding at Trinity are abundant beyond our imagination.

PASTOR DAN POFFENBERGER



Trinity *for* TOMORROW

Capital Appeal 2010 Annual Ministry Support

What an exciting time for Trinity! As you are about to see in the mail, hear about in worship, and discuss in your group or team, Trinity is embarking on a time of growth and investment in the future. Following a course set by the Congregational Council, the Trinity for Tomorrow Team, and affirmed by you and the congregation at the 2009 Annual Meeting, we are launching the Trinity for Tomorrow Capital Appeal.

The Trinity for Tomorrow Capital Appeal is an 18-month appeal to raise \$1.3 million to accomplish several exciting goals:

- Fund the purchase of the Drive-In
- Complete the move of the US Postal Service to a new building on Third Street
- Improve the lighting and sound in the Worship Center
- Move our mortgage payments out of our operating budget, and into a capital budget
- Provide the financial resources to develop a Master Plan and a Phase One Plan to improve our main facility using the land vacated by the US Postal Service
- Support local and global missions with 10% of all funds raised by the Trinity for Tomorrow Capital Appeal

You can read about all of the wonderful ways that this Capital Appeal will make Trinity stronger and prepare us well to consider our future in the information you get in the mail. For today, I want you to consider a few other facets of the Trinity for Tomorrow Capital Appeal.

This is really a matter of spiritual growth for our congregation, and for each of us as individuals. We will talk a lot about dollars, about land and buildings, and about plans for our facilities. These are important and exciting conversations. But the most important aspect of this is what will happen to each of us as we turn this over to a set of spiritual questions: “How is my financial support of Trinity guided by my faith and trust in God?” “How can God grow my faith as I consider my capacity to give away what is precious to me?” and “How is my gratitude for God’s love and grace informing my decisions about my generosity?”

I can do a lot of math about our financial capacity. I can see how we can easily meet our goal of \$1.3 million. But I know that this only happens as we individually create the time and place to consider our response as a spiritual matter. Each of us is invited, and, frankly, each of us is needed, to respond to this appeal. My confidence comes in the knowledge

that if each of us approaches this as a spiritual matter, we will grow as a faith community in a way that is far more important than meeting a simple financial goal.

Many of the projects that the Trinity for Tomorrow Capital Appeal enables are exciting in and of themselves. They also, when completed, position us for growth, and enable us to focus during these 18 months on several important questions about our main facility and how it can become more welcoming, inviting, accessible, community-building and more able to be an effective tool for the ministry and mission of Trinity today and into the future. These investments are the next step in a whole process of maximizing our physical assets for the advancement of our mission and ministry.

Trinity is gathering momentum. We are growing in numbers and in vitality. We stand ready to prepare for an exciting future. As this congregation has done consistently, we will be investing in a future that will hold more blessings than we can imagine. It is our turn now. Let us be bold and faithful.

CARE MINISTRIES

WITH PASTOR KRIS LINNER



Having conversations about significant life events with loved ones such as weddings, the birth of a child, a change in jobs or retirement happen frequently. However, conversations about how we want to live in the final phase of our lives are often avoided. And yet, discussing one's views about end-of-life care is becoming increasingly relevant for Baby Boomers and their aging parents.

Although thinking and talking about what kind of care you would want should a stroke, terminal illness or a life-threatening event occur is difficult, it is a gift which can be given to those you love. Having conversations before a health crisis hits greatly reduces a loved one's stress of making decisions about end-of-life care under duress. Such conversations can be among the most unselfish and loving thing that one generation can do for another.

Starting such conversations can be difficult, but the key is to begin with yourself. Give some thought to whom you would want to make decisions for you if you are unable to make them yourself. It is also important to think about what medical treatments you would want and where you would like to be cared for at the end of your life.

Sharing your thoughts with family and your doctor is essential.

One tool that can help direct the conversation is a document called, "Five Wishes" which is used in 40 states to help people express their

health care wishes. The document can be obtained at local hospitals or at www.agingwithdignity.org. The document can serve as your advanced directive which indicates your wishes about the care you want to receive if you reach the point where you can no longer speak for yourself. It can also be used to appoint a health care agent who would make medical decisions for you if you are not able.

Discussing and completing the *Five Wishes Document* will help loved one's know what you want if you become seriously ill and it will put you at ease in knowing that your wishes will be honored.

When I worked as a chaplain I saw what a devastating impact neglecting such conversations could have on a family and I saw the powerful impact that an honest conversation about values and beliefs before a health crisis hit had on all involved.

If you would like help in thinking through or expressing your health care wishes, I would be glad to help. You can contact me at ext. 107 or email me at klinner@trinitylc.org.

CARE MINISTRIES

Join the Hospital Visitation Team

The Hospital Visitation team is a group of trained volunteers who express care and concern on behalf of Trinity, provide a listening presence and offer prayer with Trinity members who are hospitalized. Confidentiality is respected. *Please let us know of any hospitalization by contacting Pastor Kris Linner, 439-7400, ext. 107 or klinner@trinitylc.org. If you need immediate pastoral support, call 439-7400, ext. 222.*

TLC Caregivers

*Meet first Thursday of the month
Dec. 3, Jan. 7; no meeting Nov. 5
2 p.m. – Joseph's Restaurant*

Are you currently caring for a loved one? Do you experience complex feelings as you live in this role? It can be lonely and overwhelming at times. If you can relate and would like to explore participation in a caring support group, please call Lois Berglund, 748-1606, to connect with this helpful support group.

Hope & Healing in Grief

*Sun., Nov. 1; 10:30-11:30 a.m.
Room 108B*

Grief is a long and difficult road, especially during the holidays. If you are grieving or concerned about someone who is, come to learn about normal grief and how to cope with grief during the holidays.

Contact *Pastor Kris Linner* at klinner@trinitylc.org or ext. 107.

Cargivers Planning/ Learning Session

Wed., Nov. 11, 1-3 p.m. – Living Room

Everyone is invited to attend. Please contact Phyllis Paulson at 777-2187 or Marilyn Richert at 439-2131 with questions.

MUSIC MINISTRIES



Welcome to the Trinity Fine Arts Concert Series for 2009-2010! These extraordinary concerts and events have become a tradition at Trinity and we welcome every member, and every member of the community, to attend.

The concerts and events range from children's musicals to professional concerts by the likes of the St. Paul Chamber Orchestra. Music ranges from the traditional to jazz.

The mission of the Trinity Concert Series is to share God's great gifts of music and the arts with the congregation and community for inspiration, education, and the renewal of the spirit. All concerts are held in Trinity's Worship Center.

St. Paul Chamber Orchestra Chorale Durufle's REQUIEM

Thu., Oct. 22 – 8 p.m.

Dale Warland and the SPCO Chorale join the orchestra to perform the gorgeous, serene Requiem by Maurice Durufle, a revised version written in 1961 for chamber choir, strings, and organ. The program also includes Arvo Part's beautiful and sublime Te Deum.

For tickets call the SPCO box office at 651-291-1144 or go online to www.thespc.org

Music for Piano and Flute

Sun., Nov. 1 – 3 p.m.; Free

Gretchen Perkins & Linda Wadsworth

St. Croix Concert Series, Amarcord

Fri., Nov. 13 – 7:30 p.m.

Known for their purity of pitch, vocal color, and blend as well as their charm and humor, amarcord is one of the world's leading vocal ensembles. Founded in 1992, all five singers are alumni of the Thomanerchor – Boys Choir of St. Thomas Church in Leipzig, where J.S. Bach was the cantor and whose famous choir dates back to 1212. For tickets call 430-3528 or go online to www.stcroixconcertseries.org

Children's Musical "Table for Five Thousand"

Sat., Nov. 14 – 5 p.m.; Free

Encore Winds "Celebration"

Sat., Nov. 14 – 7:30 p.m.; Free

WORSHIP MINISTRIES

Chancel updates enhance worship

If you have been coming to Trinity for a number of years, you have noticed the occasional arrival of new chancel furniture – table, cross, processional cross, baptismal font and soon a new sanctuary candle (sometimes called the Everlasting Light). This was a process begun in the late 1990s as worship needs began to change. Each of these pieces has been handcrafted by a team of Trinity artists: Russ Savstrom, Ken Hannah, Paul Fristad, Ron Hagen and Dave Beaudet. These pieces add a visual as well as functional element to our worship. Our grateful thanks goes out to each of these artists.

On Sunday, November 8 we will dedicate and light the sanctuary candle in its beautiful new housing. This part of the project, as well as four tall wooden candle holders, were made possible by Miriam Madsen in memory of her husband, Donald, who passed away November 7, 2007. This candle is burned continually as a sign of the continual real presence of Jesus Christ in the sanctuary and church building. The candle is also a sign to those who wish to pray that Jesus is truly present, listening to their prayers, and giving them the grace needed to deal with life. Thank you, Miriam, for honoring and remembering Don with this gift.

October 24-25 **Reformation Festival**

Sunday morning featuring
a Bluegrass Band

October 31- November 1 **All Saints Worship**

Remember and Give Thanks

SERVE THE WORLD

Angel Tree 2009 tags in Narthex on Nov. 22

Angel Tree works by connecting parents in prison with their children through the delivery of Christmas gifts. Trinity gets information on 100 children who live in the east metro area. The Angel Tree team then contacts the children's caregivers for gift requests, completes forms for Trinity members, collects the gifts by family, and gets them delivered the week before Christmas. Each child receives two gifts – a need and a want, valued at about \$20. Trinity members purchase gifts, wrap and label for delivery. Delivering the packages in person is very rewarding, but gifts also may be left in the Church Office by Sun., Dec. 6. Donations can also be made toward \$20 Target giftcards for the children's caregivers. Watch for the angel cards on the Angel Tree on Sun., Nov. 22!



**Veterans'
Day Service**

Sunday, November 8, 2 p.m. – Trinity Lutheran
Featuring a Live Video Feed with
The National Guard Troop, "The Red Bulls," in Iraq
Guest Speaker: Rev. Bob Cottingham, Sr. Pastor North Heights Lutheran

Trinity alcohol use policy developed

Having conversations about alcohol helps create healthy, safe and welcoming atmospheres at all Trinity-related events. All groups and teams planning Trinity events will soon have intentional conversations about alcohol use. These conversations will ensure that Trinity's mission to love, transform and serve takes priority at all Trinity events and gatherings. If you have any questions, please contact your group leader or Julie Jolivet at ext. 108 or jjolivet@trinitylc.org



Body connection MINISTRY

Tai Chi

Mondays; 6:30-8 p.m. – Gym; \$20/month

For people of all Tai Chi levels. Classes are an exploration of body, mind and spirit connections. Participants improve:

- Mind/body awareness
- Energy level
- Flexibility
- Balance and coordination
- Concentration
- Lower back strength
- Reduce stress

Participants will also be more centered and self-aware. Contacts:

David Teschler, 612-991-5117

John Feely, 323-8714

Mindfulness Meditation

*Saturdays, Sept.-Dec.; 7-8:30 a.m. – Ascension Church
Free-will offering*

Join Trinity's Body Connection Ministries in Mindful Meditation or non-supplicative prayer, an early Christian practice that helps participants quiet their mind, relax their soul, and become more centered. All are welcome regardless of previous experience. Dress in comfortable clothes. Contact David Teschler at 612-991-5117 or dteschler2@aol.com or John Feely at 323-8714 or johnfeely@comcast.net

Pilates on Stability Ball

*Wednesdays, Sept. 16-Dec. 16,
9-10:15 a.m. – Narthex; \$156*

Pilates works to align and stabilize the body so everyday movements are performed with ease and strength. By learning to properly recruit the abdominal and scapular stabilizing muscles, one can greatly alleviate neck and back pain. Students learn to increase body awareness and discover what works best for them. While there are many traditional Pilates exercises performed on the mat, students also work on strengthening the entire body by working on the stability ball and in a standing position. All levels of physical fitness. Bring your own mat and stability ball. Contact Marty at 430-0077 or www.martylarsontraining.com

ON PURPOSE MINISTRIES

By Jody Thone

On Purpose Ministries has focused new energy on all the unique ways that people connect to God and SHIFT to our True Selves, (God expressing through you.) I hope you've seen the Adult Ministries Fall Guide and the practices of lectio divina, the prayer of examen and big.bible.conversations. We'd like to introduce a new resource, a blog entitled, *SHIFT: Spiritual Practices for an Authentic Life*. Check it out at www.jodythone.wordpress.com

Some of you may be asking...

What's a blog?

A blog is a type of website with regular entries of commentary, descriptions of events, or other material. My blog is about spiritual practices and will describe my experiences with daily practice. You'll also see other regular contributors sharing their perspectives and experiences on a variety of spiritual practices. I invite you all to join in this conversation about living On Purpose, about living your authentic life. Please consider sharing how you are SHIFTing!

Here's a look inside...

Spiritual Practices for an Authentic Life

Which person will show up today? The Self that is centered, present, and connected to God or the self that is separate, fearful and trying to control life? The difference between Self and self is a conscious SHIFT. We know that it is neurologically easier to let our mind/body operate from fear than it is to operate from a state of gratitude, love and presence. We need practices to live authentic lives, practices for SHIFTing.



Check out the *SHIFT* blog at
www.jodythone.wordpress.com

Research shows

that 80% of learning that happens within an organization is informal learning. Both individuals and groups engage in informal learning by reading, listening, watching, discussing, sharing, collecting, and collaborating. Social media tools such as Facebook, Twitter, and blogs are great ways to support social, informal learning at Trinity.

Fact: This is Trinity's second blog. Visit Pastor Siri's blog on big.bible.conversations at: www.sirierickson.wordpress.com

FALL 2009 LIFELONG LEARNING

ONLINE

Blog

Join the conversation at your convenience at the [big.bible.conversations](http://big.bible.conversations.blog) blog. Go to <http://siricerickson.wordpress.com> to read and post questions and comments about the *big.bible.doc* and to follow the blog as other Bible-related topics are explored.

Facebook

Join the conversation at your convenience through your facebook account by joining the *big.bible.conversations* group. Search for *big.bible.conversations* in your search bar and join the group. Post and read questions and comments on the group wall, create and participate in discussion topics, add photos, links, and videos, and learn from one another.

Google Sites

This wiki site is an experiment to see how Trinity's *big.bible.doc* will evolve with many Trinity members and friends as collaborators. View the site at <http://sites.google.com/site/wikibigbible/doc/> - to become a collaborator, create a Google account with one of your email addresses. Send that email address to Pastor Siri Erickson at serickson@trinitylc.org and follow the instructions for collaboration on the website.

Twitter

Receive updates about the *big.bible.conversations* blog, facebook group, and google site and participate in the conversation by following *BigBibleConvers* on Twitter. Go to <http://twitter.com/bigbibleconvers> to join the conversation through your Twitter account.

big.bible.conversations

a thoughtful way to immerse your heart and mind in the wisdom of scripture

- 1. Start here. Basic.**
No experience necessary.
One hour commitment.

LIVE @ TRINITY

Bring your questions and come join the conversation. Pick from the following twelve options to discuss the *big.bible.doc*:

Sunday Morning

Dec. 6, 9-10 a.m. - Room 108A

Dec. 6, 10:30-11:30 a.m. - Garden Rm

Tuesday Evening

Dec. 8, 7-8 p.m. - Living Room

Wednesday Evening

Oct. 28, 6:45-7:45 p.m. - Off. Conf. Rm
perfect for parents of grade 7 & 8
Confirmation students

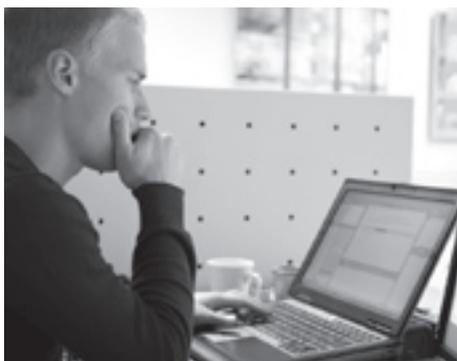
Nov. 4, 7:15-8:15 p.m. - Off. Conf. Rm
perfect for parents of grade 9
Confirmation students

Nov. 11, 6-7 p.m. - Off. Conf. Rm
perfect for parents of
Wednesday Learning students

Nov. 18, 6:45-7:45 p.m. - Off. Conf. Rm
perfect for parents of grade 7 & 8
Confirmation students

Dec. 2, 7:15-8:15 p.m. - Off. Conf. Rm
perfect for parents of grade 9
Confirmation students

Led by Pastor Siri Erickson



- 2. Think. Ask questions.**
Study the Bible in community.

LIVE @ TRINITY

Ephesians - Cost \$10

Sundays, Oct. 18, 25; Nov. 1, 8, 15,
10:30-11:30 a.m. - Garden Room
Pastor Siri Erickson

1 and 2 Peter

Mondays through Dec. 14
7-8:30 p.m. - Living Library
Diane Sauers

2 Kings

Women's Bible study group
Tuesdays through Dec. 15
8:30-10:30 a.m. - Living Room
Lynn Schurrer

Mark

Wednesdays through Dec. 16
No class Oct. 21
9:30-10:30 a.m. - Garden Room
Pastor Kris Linner

To register for any adult classes or events, visit us online at www.trinitylc.org or contact Diane at ext. 141 or drollie@trinitylc.org

GROUPS

Singles Connection

If you are a single adult, we invite you to join us at any or all of our events. It is not necessary to be a member of Trinity. These events are designed to help single adults connect in Christian fellowship.

Meet at 6:15 p.m. on:

Oct. 31 – Axel’s Bonfire (Woodbury)

To insure enough room is reserved at the restaurant, please RSVP to Judy Huftel at 715-386-2698 or jahuftel@sbcglobal.net one day prior.

Potluck Meals

Nov. 8, 4 p.m. – Living Room

Bring a dish to share. Stay for games and/or conversation.

Business & professional women’s groups

Come for lunch and share the joys and challenges of living your faith in your everyday life with other business and professional women from Trinity.

Stillwater group, contact

Dana Miller at

miller44@frontiernet.net

St. Paul group, contact

Lou Johnson at

LouJ@bancmidwest.com

Minneapolis group, contact

Katie Beaudet at

Retired Men’s Tour of State Capital

Tue., Nov. 10; 9:15 a.m.

Trinity Parking Lot (will carpool);

Lunch in St. Paul before return

The State Capital was designed by Cass Gilbert, a very famous architect. We will tour the Senate, The House of Representatives, and the Supreme Court. Tour is limited to 25 people, so sign-up early in Commons or by calling the Church Office.

Retired Men’s big.bible.doc meeting

Mon., Nov. 2, 9 a.m. – Living Room

The Retired Men’s group is meeting for a special discussion with Pastor Siri Erickson about big.bible.doc.

Trinity’s pastors have written a series of statements about what they believe the Bible to be. A draft of these statements appeared in the fall Adult Ministries brochure, and is available online at www.siricerickson.wordpress.com/big-bible-doc. Classes are now being held to discuss these statements with congregational groups. This meeting is an opportunity to provide input on these statements by the Retired Men’s group. Please contact Vic Thalacker at 439-9782 with questions.

PRACTICE GROUPS

Contemplative Spiritual Practice Group

Thursdays, 7:30-8:30 a.m.

Worship Center

Join us for a spiritual practice group focused on contemplative living – the awareness that God is intimately present within and among us. Practices include Lectio Divina, Walking Meditation, Silent Meditation, Guided Meditations and Prayer. *Led by Jody Thone*

Prayer of Examen Weekly Practice

Tuesdays through Dec. 22

4:30-5:15 p.m. – Living Room

Come learn how to intentionally review your day, notice God’s presence, and embrace the sacredness of life with gratitude. A meaningful experience is in store for you whether you attend one, several or all of these Tuesday after-work practices. *Led by Julie Jolivette*

FALL EVENTS

Hilltoppers

Thu., Oct. 15, Nov. 19, noon-1:30 p.m.

Garden Room – Suggested donation: \$3

If you seek fellowship, a tasteful lunch, and fun entertainment, you are encouraged to attend Hilltoppers! The October event is primarily geared for retired persons, but people of all ages are invited to attend. The program will be by “Music Makers” (a local company) – makers of heavenly sounding music and makers of musical kits. Contact Wilma at wilmaedhlund@hotmail.com or 439-5912 with questions.

Upcoming Senior Worship & Lunch Events

Wed., Dec. 2; 11 a.m.

Worship Center, Garden Room

Phyllis Paulson, 777-2187 or

Marilyn Richert, 439-2131

RETREATS

Cultivating Spiritual Leadership

Oct. 23-24

Villa Maria Retreat Center, Frontenac

Cost: \$98 double room; \$120 single room

The purpose of this retreat is to build relationships with other spiritual leaders, to learn practices for cultivating your own spiritual leadership, and to discern what is next for you as a spiritual leader.

Led by Deb & Tim Gillis,

Julie Jolivette, Pastor Siri Erickson

GRATITUDE MINISTRY

“Every day we stand in the shade of trees we did not plant. We live in houses we did not build. We eat food we did not produce. We ponder ideas that are not original to us. So, too, we live in a body and with a mind and a spirit that we did not choose or create.”

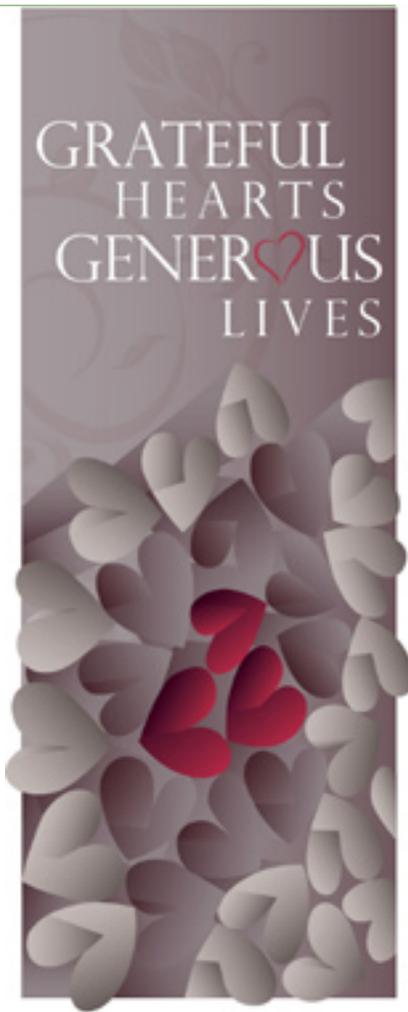
Donald W. Hinze,

To Give and Give Again: A Christian Imperative for Generosity,
pp. 89-90

We differ in nature and in how we have been nurtured, but we share deep gratitude for people and circumstances that have shaped our lives. We differ in gifts and talents, but we share gratefulness for all that we are and all that we have. Gratitude connects us in a universal way—we are grateful for the gift of life.

Jesus gave thanks and offered bread and wine to eat and drink in remembrance of him. We share this meal of thanksgiving every week. We share gratitude for God's grace.

As we grow in faith, our gratitude fills our hearts and overflows in words, actions, and gifts—individually, in small groups, and as a faith community.



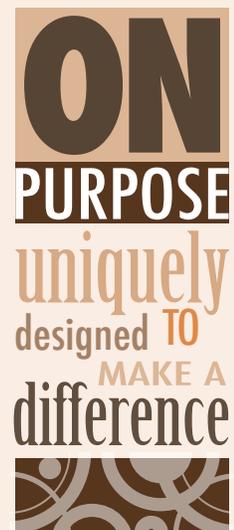
The Gratitude Team has been inviting your stories of gratitude. In November you will receive Volume I of *A Tapestry of Gratitude*.

It is a gift that will nurture your heart and soul and mind.

The Gratitude Team

Nurturing a culture of gratitude and generosity through education and inspiration

ON PURPOSE



Career & Life Planning: Finding Your Way to Make a Difference

Tuesdays, Wednesdays and Thursdays
Call to schedule a Coaching Session
Cost: Free-will contribution to
On Purpose Ministries

Phase 1: Explore your strengths, values, passions and practical needs
Phase 2: Generate & research career and life options to match your unique design

Phase 3: Evaluate, decide and act on your career & life plan, including job search. *Led by Jody Thone*

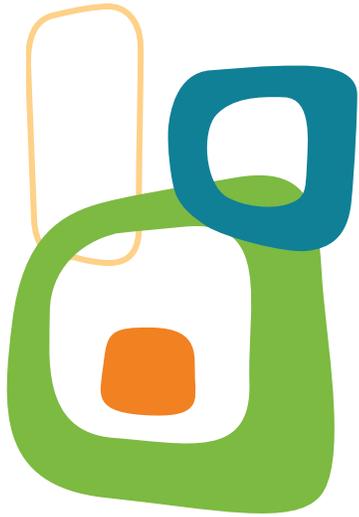
Myers-Briggs Type Indicator offered

Tuesdays, Wednesdays and Thursdays
Call to schedule an Individual Session to review your results

Cost: Online assessment, Form M, \$15 – Expanded Analysis Form, \$35

The MBTI instrument continues to be the most trusted and widely-used assessment in the world for understanding individual differences and uncovering new ways to work and interact with others. Complete the MBTI assessment online then schedule a session to review your results. *Led by Jody Thone*

Contact Jody Thone at ext. 119 or jthone@trinitylc.org with questions about any of these classes.



LUTEFISK NOSTALGIA

By Wilma Edblund and Norma Swanson

It's October so it must be near Lutfisk time again. Every time we think about the Lutfisk dinner we are flooded with memories. Our hearts have always been in the kitchen because it is the place where women come together in familiar surroundings and fellowship abounds.

What do we do with 600 pounds of lutfisk, 360 pounds of meatballs, 450 pounds of potatoes, 1200 rounds of lufse, 40 gallons of milk, 220 pounds of carrot coins, 100 pounds of coleslaw, 50 loaves of rye bread, 4 gallons of cranberries, 69 pounds of butter, 150 mince, pumpkin or apple pies and 400 volunteers? We phone, recruit, advertise, bake, cook and prepare a fantastic meal for 1000 people.

The dinner provides two things we love. First, it is like a crossword puzzle with many, many pieces just waiting to be put together. Second, it is beautiful music with loving, happy people working together to create yet another memory.

Advertising and tickets are underway when baking lufse starts a month ahead of the dinner with several baking times and many dedicated bakers. Recruiting starts like background music and goes on all during the

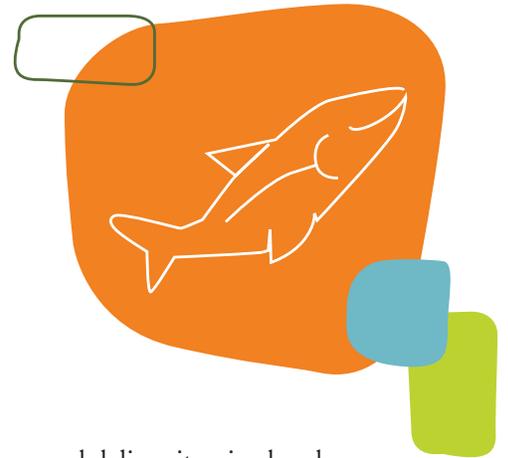
preparation and dinner. Phone calls go out for pies, carrots, servers and a myriad of other jobs that need to be filled.

The tempo picks up during the final week with rolling and baking the meatballs and wrapping the fish in cheesecloth. The day before we make white sauce, boil carrots, make meatball gravy and peel potatoes—all scheduled at different times of the day like verses in the song. The pies are lined up, the cranberries have arrived and many bags of carrot coins are resting in the refrigerator waiting to be cooked. That's the day the workers get together to sample the meatballs and have a "little lunch" at noon. Everything comes to a great crescendo on Thursday morning as all of the work falls together and we welcome guests to come and feast on the wonderful food we have prepared. Another great dinner is underway.

This dinner started in 1985 when three dedicated women got approval from the pastor to start. In those years the fish was cooked outside in the Water Department garage in big kettles over a portable stove. Then it was brought inside where a half dozen "sorters" picked through it to remove bones and sometimes yellow skin. The cod we have now is beautiful solid white fish which doesn't need any preparation except to wrap it in cheesecloth to be baked.

Meatballs were a challenge then too. So many parts—chop the onions, crush the crackers, break the eggs and mix the meat. Now we have liquid eggs, chopped onions and crushed crackers. Now we take

liquid eggs, chopped onions and crushed crackers to Brines and they mix it

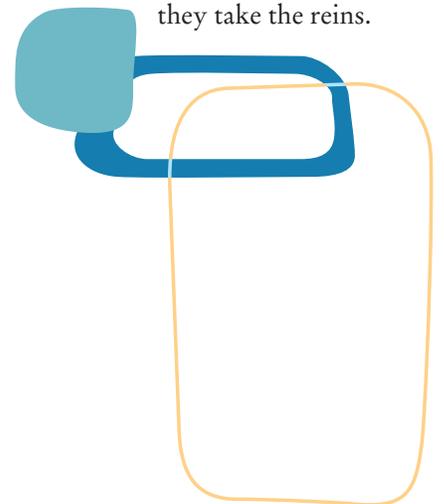
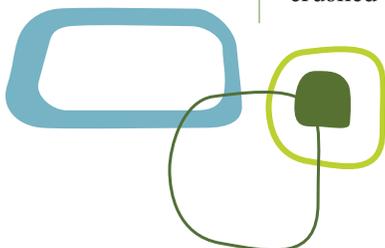


and deliver it, mixed and ready to roll, to the church on Wednesday morning.

Many will remember 1991 when over a foot of snow fell starting the day before the dinner. Always resourceful, the workers put away the food until Monday when a successful meal was served.

Lutfisk nostalgia. Those are strange words to put together but when you are deeply involved in the preparation and delivery of such a project, nostalgia sets in soon after the meal. We have spent many years working together on this project of love and we wish Lynn Shurrer and

Joan Newman the best as they take the reins.



YOUTH & CHILDREN'S MINISTRIES

No Sunday/Wednesday Learning on Oct. 14 or 18

Fall Family Festival

Fri., Oct. 30, 6:30-8:30 p.m.

Lower Level

“FALL” into an evening of fun for the entire family! Enjoy an evening of:

- a picnic supper
- gooey crafts
- lots of candy
- face painting
- “family photo” booth
- friendly costumes
- carnival games for all ages
- cookies-to-go and much more!

Bring your friends! Get ready to have a whole lot of fun! \$10 donation per family. Please RSVP to Rebecca at rchristiansen@trinitylc.org

Jr. High Thanksgiving Extravaganza

Nov. 20, 7-11 p.m., Cost \$5

For students in grades 7-9

Hey jr. high students, we are having a sweet, late nighter party! We'll be playing awesome games, feast on tasty food, win fun prizes and have giveaways! Plus there will be some crazy blacklight fun too! Bring all of your friends! Contact Cory Jones at cljones@trinitylc.org or 439-7400, ext. 144 for more info.

Save the Date!
Dec. 5, 2009
Breakfast
With Angels



Register now for Outlaw Ranch

Meaningful adventures await you – If you are looking for an inexpensive fun-filled family vacation that will help your family grow together in faith at a family church camp in a beautiful setting of the Black Hills, mark your calendar for July 11-16, 2010. Pastor Kris will be leading the adult study titled, *Ordinary to Extraordinary: Jesus' Call to Each of Us*.

Camp fills up fast so registrations must be in by the first week in November. More information and registration forms can be found at www/losd.org. If you have questions about Outlaw Ranch, contact Kris Linner at 439-7400, ext. 107 or via email at klinner@trinitylc.org

Mexico Mission

Informational meeting:

Sun., Nov. 1, noon, Garden Room

Student missionaries will be sharing in the hope and love of Jesus as they build roofs on homes with families in Mexico, March 11-18. Students grow in their faith as they partner with friends and leaders to be the hands of Christ. If you would like to hear more about the trip join us for this informational meeting. This meeting is required for all potential missionaries. Also, senior leader applications are available now in the Youth Center. All other Mexico Mission applications will be available Oct. 15. Contact Cory Jones at ext. 144 or cljones@trinitylc.org with questions.

Skillet Concert

Sr. High Students (9-12)

Sat., Nov. 14, 5:30 p.m.-midnight

Cost \$35; Pre-register in the Youth Center

You're going to need an extra pair of socks after the first pair gets rocked off! We're going to the Minneapolis Convention Center to see Skillet, Hawk Nelson, Decyfer Down, and The Letter Black! If you like music and want to see some awesome rock bands up close and personal then you need to come with us. We will meet at Trinity at 5:30 p.m. and return to Trinity by midnight. Contact Cory Jones at ext. 144 or cljones@trinitylc.org with questions.

New faces in Children's Ministry

Maren Coltvet is Trinity's new Children's Ministry Associate, working part-time with Early Childhood Ministry. Maren and her family moved back to Stillwater this fall. Maren previously was a second and third grade teacher for four years at Rutherford Elementary. Maren is married to Pastor Tim Coltvet; they have two children, Linnea and Anders. When Maren is not at work she enjoys running, painting, baking, reading, sewing; she really is a Martha Stewart wannabe!



Maren Coltvet



Johanna & Tanner Carlson

Johanna Carlson is Trinity's new Childcare Coordinator working with childcare for the Hearts of the Home group and the Nursery. Johanna has a passion for working with children and is married to Dan; they have three boys, Gunnar, Logan and Tanner. Tanner likes helping with the childcare on Wednesday mornings at Hearts of the Home. When Johanna is not at work she enjoys running, cooking, gardening, and spending time with her family.

worship opportunities

- **Wednesdays, 7 p.m.:** The River (Gr. 9-12 youth worship)
- **Saturdays, 5 p.m.:** Evening Worship, Communion
- **Sundays, 9 a.m.:** Traditional Worship, Communion,
- **Sundays, 10:30 a.m.:** The WALK, Contemporary Worship, Communion

Baptized

- **Addison Elizabeth Karnuth**, daughter of Bryan and Kylene (Gedatus) Karnuth
- **Avery Jane Axel**, daughter of Joshua Axel & Megan Junker
- **Braden Christopher Hatalla & Brooke Charlotte Hatalla**, children of Christopher & Sarah (Rother) Hatalla

Sympathy to

- **Wendy Mykannen**, whose mother passed away
- The family of **Liz Thoreen**, who passed away
- **Chris Clark**, whose grandmother, Ellen Lynskey passed away
- **Steve Hopkins (Gail Olson)** whose sister passed away
- **Susie (TJ) Anderson**, whose stepfather, Phil Johnson, passed away

Altar Flowers

- Oct. 17 & 18: In remembrance of **Patrick Murphy's** birthday, given by family
- Oct. 24&25: In loving memory of **Lisa Jo Richert**, from the family
- Nov. 1 & 2: Given by **Don & Dee Hovland** in memory of Dee's parents, Rev. & Mrs. O.J. Mithun
- Nov. 7 & 8: In loving memory of **Wayne Smith**, husband of Carol Smith & father of Karen Gieseke

Interested in Trinity membership?

Complete information on joining Trinity can be found on Trinity's website at www.trinitylc.org/membership. Complete an online information form or contact Julie Jolivet at jjolivet@trinitylc.org or ext. 108 with questions.

Wireless hearing devices are available to enhance your worship experience. Please ask for one at the Sound Booth at the rear of the Worship Center.

worship attendance

September 12 & 13	September 19 & 20
5 p.m. 60	5 p.m. 84
9 a.m. 322	9 a.m. 298
10:30 a.m. 234	10:30 a.m. 262
September 26 & 27	October 3 & 4
5 p.m. 148	5 p.m. 46
9 a.m. 237	9 a.m. 296
10:30 a.m. 206	Drive-In 375
October 10 & 11	
5 p.m. 74	
9 a.m. 286	
10:30 a.m. 242	

trinity transportation

Sunday van schedule

Trinity's van is available September through May for the Sunday, 9 a.m. worship service. A van ride is available for members or non-members lacking other means of transportation. Please call the Church Office at 439-7400 between 9 a.m. Wed. and 4 p.m. Thu. to reserve your seat each week. Estimated pick-up times for senior residences if you have reserved a seat:

- 8:15 a.m. – Boutwell's Landing at the main entrance
- 8:25 a.m. – Raymie Johnson
- 8:35 a.m. – Croixdale
- 8:40 a.m. – Oakridge
- 8:45 a.m. – Rivertown Commons

trinity.today.

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calendar

Fri., Oct. 16

- MEA Weekend
- 7 a.m. AA Mtg: Living Library
- 9:30 a.m. Linden Sr. Communion
- 10:30 a.m. Boutwells Landing Sr. Communion
- Noon Mpls. Professional Women's Lunch
- 1:15 p.m. Rivertown Sr. Communion
- 6 p.m. Wedding Rehearsal: Bodurtha/Donahue

Sat., Oct. 17

- 8 a.m. AA Mtg: Living Library
- 3 p.m. Wedding: Bodurtha/Donahue
- 5 p.m. WORSHIP, COMMUNION: Worship Ctr

Sun., Oct. 18

- No Sunday Learning
- 9 a.m. WORSHIP, COMM., NURSERY: Worship Ctr
- 10:30 a.m. WORSHIP, COMM., NURSERY: Worship Ctr
- 10:30 a.m. Gratitude Creates Happiness: Living Rm
- 10:30 a.m. Study the Bible-Ephesians: Garden Rm

United States Postal Service regulations require publishing the following once per year.



october 16-november 13 calendar

Mon., Oct. 19

7:30 a.m. AA Mtg: Living Library
9 a.m. Retired Men's Team: Office Conf. Rm
4 p.m. Cong. Council Mtg: Office Conf. Rm
6:30 p.m. Tai Chi: Gym
7 p.m. Study the Bible-1 & 2 Peter: Library

Tue., Oct. 20

7 a.m. Gratitude Min. Team: Office Conf. Rm
7:30 a.m. AA Mtg: Living Library
8:30 a.m. Women's Bible Study: Living Rm
9 a.m. Little Tots & Polka Dots: Lower Lvl
1:15 p.m. Prayer Group: Office Conf. Rm
4:30 p.m. Prayer of Examen: Living Rm
7 p.m. the Walk Rehearsal: Worship Ctr

Wed., Oct. 21

7 a.m. AA Mtg: Living Library
9 a.m. Pilates w/Stability Ball: Narthex
9:30 a.m. Hearts of the Home Moms
4:15 p.m. Joyful Noise (K-Gr2): Choir Rm
4:15 p.m. Hosanna (Gr3-4): Choir Rm
4:15 p.m. Allelulia (Gr5-6): Worship Ctr
4:30 p.m. Family Pizza Hour
6 p.m. Wed. Learning (3yrs-Gr6): Lower Lvl
6 p.m. Jubilate Bells Rehearsal: Heritage Chapel
6 p.m. Confirmation Leaders (Gr7-8): Narthex
6 p.m. Couples Group: Office Conf. Rm
6:30 p.m. Confirmation (Gr7-8)
6:45 p.m. Confirmation Leaders (Gr9): Room 108B
7 p.m. the River Worship: Garden Room
7 p.m. Temple Choir Rehearsal: Worship Ctr
7:15 p.m. Confirmation (Gr9)

Thu., Oct. 22

7 a.m. AA Mtg: Living Library
7:30 a.m. Contemplative Practice: Worship Ctr
9 a.m. Little Tots & Polka Dots: Lower Lvl
8 p.m. St. Paul Chamber Orchestra Concert

Fri., Oct. 23

7 a.m. AA Mtg: Living Library
10:30 a.m. Raymie Johnson Sr. Communion
1:15 p.m. Oakridge Sr. Communion

Sat., Oct. 24

8 a.m. AA Mtg: Living Library
9 a.m. Confirmation Rehearsal: Worship Ctr
5 p.m. WORSHIP, COMMUNION: Worship Ctr

Sun., Oct. 25

Reformation Sunday
9 a.m. WORSHIP, COMM, NURSERY: Worship Ctr
9 a.m. Sun. Learning (3yrs-Gr6): Lower Lvl
9 a.m. Couples Groups: Living Rm & Rm 108B
10:30 a.m. WORSHIP, COMM, NURSERY: Worship Ctr
10:30 a.m. Couples Group: Rm 108A & B, Lib. Conf. Rm
10:30 a.m. Sun. Learning (3yrs-Gr6): Lower Lvl
10:30 a.m. Study the Bible-Ephesians: Garden Rm
10:30 a.m. Gratitude Creates Happiness: Living Rm
2 p.m. Rite of Confirmation Service: Worship Ctr

Mon., Oct. 26

7:30 a.m. AA Mtg: Living Library
5:30 p.m. Lutefisk Committee Mtg: Living Rm
6:30 p.m. Tai Chi: Gym
7 p.m. Study the Bible-1 & 2 Peter: Library

Tue., Oct. 27

7:30 a.m. AA Mtg: Living Library
8:30 a.m. Women's Bible Study: Living Rm
9 a.m. Little Tots & Polka Dots: Lower Lvl
1:15 p.m. Prayer Group: Office Conf. Rm
4:30 p.m. Prayer of Examen: Living Rm
7 p.m. the Walk Rehearsal: Worship Ctr

Wed., Oct. 28

7 a.m. AA Mtg: Living Library
9 a.m. Pilates w/Stability Ball: Narthex
9:30 a.m. Study the Bible-Mark: Garden Rm
4:15 p.m. Joyful Noise (K-Gr2): Choir Rm
4:15 p.m. Hosanna (Gr3-4): Choir Rm
4:15 p.m. Allelulia (Gr5-6): Worship Ctr
5:30 p.m. Family Pizza Hour: Gym
6 p.m. Temple Choir Rehearsal: Choir Rm
6 p.m. Wed. Learning (3yrs-Gr6): Lower Lvl
6 p.m. Jubilate Bells Rehearsal: Heritage Chapel
6 p.m. Confirmation Leaders (Gr7-8): Narthex
6 p.m. Couples Group: Office Conf. Rm
6:30 p.m. Confirmation (Gr7-8): Lower Level
6:45 p.m. Confirmation Leaders (Gr9): Rm 108B
6:45 p.m. big.bible.conversations: Office Conf. Rm
7 p.m. Temple Choir Rehearsal: Worship Ctr
7 p.m. the River Worship: Garden Room
7:15 p.m. Confirmation (Gr9): Lower Level

Thu., Oct. 29

7 a.m. AA Mtg: Living Library
7:30 a.m. Contemplative Practice: Worship Ctr
9 a.m. Little Tots & Polka Dots: Lower Lvl

Fri., Oct. 30

7 a.m. AA Mtg: Living Library
6:30 p.m. Fall Family Festival: Garden Rm

Sat., Oct. 31

8 a.m. AA Mtg: Living Library
9:30 a.m. Confirmation Dodgeball
5 p.m. WORSHIP, COMMUNION: Worship Ctr
5 p.m. Singles Connection: Worship/Restaurant

Sun., Nov. 1

All Saints Sunday
9 a.m. WORSHIP, COMM, NURSERY: Worship Ctr
9 a.m. Sun. Learning (3yrs-Gr6): Lower Lvl
10:30 a.m. WORSHIP, COMM, NURSERY: Worship Ctr
10:30 a.m. Sun. Learning (3yrs-Gr6): Lower Lvl
10:30 a.m. Study the Bible-Ephesians: Garden Rm
10:30 a.m. Hope & Healing in Grief: Room 108B
10:30 a.m. Gratitude Creates Happiness: Living Rm
Noon Mexico Mission 2010 Info Mtg: Garden Rm
3 p.m. Music for Piano & Flute: Worship Center

Mon., Nov. 2

7:30 a.m. AA Mtg: Living Library
6:30 p.m. Tai Chi: Gym
7 p.m. Study the Bible-1 & 2 Peter: Living Lib.

Tue., Nov. 3

7 a.m. Gratitude Min. Team: Office Conf. Rm
7:30 a.m. AA Mtg: Living Library
8 a.m. Lutefisk Setup
8:30 a.m. Women's Bible Study: Living Rm
1 p.m. Martha Circle: Home of Miriam Madsen
1:15 p.m. Prayer Group: Office Conf. Rm
4:30 p.m. Prayer of Examen: Living Rm
7 p.m. the Walk Rehearsal: Worship Ctr

Wed., Nov. 4

7 a.m. AA Mtg: Living Library
9 a.m. Pilates w/Stability Ball: Narthex
9:15 a.m. Hearts of the Home Moms
9:30 a.m. Study the Bible - Mark: Garden Rm
4:15 p.m. Joyful Noise (K-Gr2): Choir Rm
4:15 p.m. Hosanna (Gr3-4): Choir Rm
4:15 p.m. Allelulia (Gr5-6): Worship Ctr
5:30 p.m. Family Pizza Hour: Gym
6 p.m. Wed. Learning (3yrs-Gr6): Lower Lvl
6 p.m. Jubilate Bells Rehearsal: Heritage Chapel
6 p.m. Confirmation Leaders (Gr7-8): Narthex
6 p.m. Couples Group: Office Conf. Rm
6:30 p.m. Confirmation (Gr7-8)
6:45 p.m. Confirmation Leaders (Gr9): Rm 108B
7 p.m. Temple Choir Rehearsal: Worship Ctr
7 p.m. the River Worship: Garden Room

7:15 p.m. Confirmation (Gr9)
7:15 p.m. big.bible.conversations: Office Conf. Rm

Thu., Nov. 5

7 a.m. AA Mtg: Living Library
7:30 a.m. Contemplative Practice: Worship Ctr
Lutefisk & Meatball Dinner: Garden Rm
Seatings at: 11:30 a.m.,
12:45, 4:15, 5:30, & 6:45 p.m.
2 p.m. TLC Caregiver Support Group:
Joseph's Restaurant

Fri., Nov. 6

7 a.m. AA Mtg: Living Library
6 p.m. Wedding Rehearsal: Kirk/Busta

Sat., Nov. 7

8 a.m. AA Mtg: Living Library
3 p.m. Wedding: Kirk/Busta
5 p.m. WORSHIP, COMMUNION: Worship Ctr

Sun., Nov. 8

Gratitude Sunday
9 a.m. WORSHIP, COMM, NURSERY: Worship Ctr
9 a.m. Sun. Learning (3yrs-Gr6): Lower Lvl
9 a.m. Couples Groups: Living Rm & Rm 108B
10:30 a.m. WORSHIP, COMM, NURSERY: Worship Ctr
10:30 a.m. Couples Group: Rm 108A & B, Lib. Conf. Rm
10:30 a.m. Sun. Learning (3yrs-Gr6): Lower Lvl
10:30 a.m. Study the Bible-Ephesians: Garden Rm
10:30 a.m. Gratitude Creates Happiness: Living Rm
2 p.m. Veterans' Worship Service
4 p.m. Singles Connection Potluck: Living Rm

Mon., Nov. 9

7:30 a.m. AA Mtg: Living Library
4 p.m. Endowment Team Mtg: Office Conf. Rm
5:30 p.m. Lutefisk Committee Mtg: Living Rm
6:30 p.m. Tai Chi: Gym
7 p.m. Study the Bible-1 & 2 Peter: Living Lib.

Tue., Nov. 10

7:30 a.m. AA Mtg: Living Library
8:30 a.m. Women's Bible Study: Living Rm
9 a.m. Little Tots & Polka Dots: Lower Lvl
9 a.m. Croixdale Sr. Communion
9:45 a.m. Good Samaritan Sr. Communion
10:30 a.m. Greeley Sr. Communion
1:15 p.m. Prayer Group: Office Conf. Room
4:30 p.m. Prayer of Examen: Living Rm
7 p.m. the Walk Rehearsal: Worship Ctr

Wed., Nov. 11

7 a.m. AA Mtg: Living Library
9 a.m. Pilates w/Stability Ball: Narthex
9:30 a.m. Study the Bible - Mark: Garden Rm
4:15 p.m. Joyful Noise (K-Gr2): Choir Rm
4:15 p.m. Hosanna (Gr3-4): Choir Rm
4:15 p.m. Allelulia (Gr5-6): Worship Ctr
5:30 p.m. Family Pizza Hour: Gym
6 p.m. big.bible.conversations: Office Conf. Rm.
6 p.m. Wed. Learning (3yrs-Gr6): Lower Lvl
6 p.m. Jubilate Bells Rehearsal: Heritage Chapel
6:30 p.m. Confirmation (Gr7-8)
7 p.m. Temple Choir Rehearsal: Worship Ctr
7 p.m. the River Worship: Garden Room
7:15 p.m. Confirmation (Gr9)

Thu., Nov. 12

7 a.m. AA Mtg: Living Library
7:30 a.m. Contemplative Practice: Worship Ctr
9 a.m. Little Tots & Polka Dots: Lower Level
1 p.m. Miriam Circle: Living Rm
4:30 p.m. Loaves & Fishes
6 p.m. ROCK Basketball (Gr3-4): Gym

Fri., Nov. 13

7 a.m. AA Mtg: Living Library

Come and Celebrate the Tradition

Trinity's Annual

Lutefisk & Meatball Dinner

Thursday, November 5

Seatings at:

11:30 a.m., 12:45, 4:15, 5:30 & 6:45 p.m.

All the trimmings –
lefse, potatoes,
dilled carrots,
coleslaw, cranberries,
rye bread, homemade pie!

Take out meals also available.

Proceeds go to Trinity's Hunger Missions.

Purchase your tickets now at the desk at the 4th St. entrance.

**Monday-Friday
9-11 a.m. &
2-4 p.m.**

**Before and after
Saturday evening
and Sunday
morning services**

Ticket prices:

Adult: \$17

Children (gr. 1-6): \$5

Preschool: Free

(Cash or check only)

Only 200 served at each seating.

Get your tickets early!

Guests will be served at the hour indicated on ticket.