

Colorado Sports Center and Sick Stix Lacrosse are teaming up to offer a Learn to Play Lacrosse Academy for children 3 – 10 years old!



Youth Learn to Play Lacrosse Academy Weekdays at Colorado Sports Center – Turf Field

**Keep your little ones active this fall and
learn one of the most exiting sports on turf!**



Come to the **Colorado Sports Center** and work with Lacrosse Trainers from **Sick Stix Lacrosse** and Speed and Agility trainers from **House of Speed**.

❖ **In this Academy, kids will have fun and learn Lacrosse**

by participating in:

- Games & Treats
- Agility and Coordination Exercises
- Fundamental Lacrosse Activities
- Small Sided Lacrosse Games with Mini Goals
 - Sticks and balls will be provided

Academy Details:

3-6 year olds:

Tuesdays and Thursdays beginning
August 24 - 10:00AM - 11:30AM

6-10 year olds:

Tuesdays and Thursdays beginning
August 24 - 4:00PM - 5:30PM

**Academy Cost for 5 Weeks
(10 Sessions) only \$79 | \$5.25/Hr!**

**Call Stan Heister at the number
below to register before August 20!**

Colorado Sports Center, 16240 Old Denver Hwy. Monument, CO 80132
| Website: <http://www.cosportscenter.com> | Phone - 919-302-4747